



# ORCHID 2019-20

SAINIK SCHOOL, IMPHAL

GATEWAY TO NDA



*Orchid*

**2019 - 2020**

Sainik School, Imphal





# SAINIK SCHOOL IMPHAL



## Mission Statement

*All round development of cadets through scientific and flexible training processes in the field of academics, sports and co-curricular activities with special emphasis on inculcating sense of discipline, esprit de corps, optimism, patriotism, high moral values, persistent hard work and optimum use of available resources to prepare them for entry into Indian Armed Forces.*



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# O R C H I D 2 0 1 9 - 2 0

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## I N D E X

|                                                                                                                        | Page No    |
|------------------------------------------------------------------------------------------------------------------------|------------|
|  AT THE HELM                          | - 05       |
|  MESSAGES                             | - 07 - 14  |
|  FROM THE PRINCIPAL'S DESK            | - 15 - 17  |
|  SENIOR MASTER'S DESK & EDITOR'S DESK | - 18       |
|  VISITORS REMARKS                     | - 19 - 20  |
|  LIST OF STAFF                        | - 21       |
|  ROVING EYE : PRINT MEDIA             | - 22       |
|  HOUSE REPORTS                        | - 24 - 29  |
|  ENGLISH SECTION                    | - 31 - 52  |
|  HINDI SECTION                      | - 54 - 62  |
|  MANIPURI SECTION                   | - 64 - 70  |
|  PHOTO SECTION                      | - 72 - 100 |
|  ART CORNER                         | - 101      |
|  ADVERTISEMENT                      | - 102-105  |

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**Principal: Gp Capt HCS Chauhan**



**Vice Principal: Wg Cdr Sreeprakash J**



**Administrative Officer: Ltr Cdr Inder Jit Yadav**

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**O R C H I D    2 0 1 9 - 2 0**

**M E S S A G E S**

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**Dr. NAJMA HEPTULLA**  
Governor of Manipur



**RAJ BHAVAN**  
Imphal, Manipur - 795001

## MESSAGE



*I am very happy to know that the Sainik School, Imphal is bringing out the next edition of its Annual School Magazine 'Orchid', 2019-20.*

*It is a matter of great satisfaction that the Sainik School, Imphal has earned significant laurels and distinctions of an educational centre at par with other institutions of other States and it has certainly raised the bar of the quality of education not only in the State of Manipur but also in the whole of North Eastern States. Over the years, the school has successfully nurtured many cadets who have become outstanding officers in the Army, Navy and Air Force. Besides these, many of them again have excelled in other fields and are leading successful lives. Its contribution to the society on the whole is immense. I am fully confident that Sainik School, Imphal will continue to follow the path of success and gain greater heights with undivided dedication in future also.*

*I convey my best wishes to the students, teachers and all staffs of the school for a bright future and also wish publication of School Magazine 'Orchid' a grand success.*

*Najma Heptulla*  
(DR. NAJMA HEPTULLA)

**P S SREEDHARAN PILLAI**  
Governor of Mizoram



**RAJ BHAVAN**  
Aizawl, Mizoram-796001

## MESSAGE



*I am happy to learn that Sainik School Imphal, Manipur is bringing out its next edition of the School Magazine "Orchid 2019-2020".*

*Sainik School, Imphal plays an important role in preparing young boys of the North Eastern States to qualify academically, physically and psychologically for a career in the Armed Forces as Defence Officers and other coveted walks of life. I convey my appreciation to the Staff of the School for their commitment and sincerity in inculcating exemplary discipline to the students of the School. I am confident that Sainik School Imphal will continue to impart quality education so that its students excel to become achievers in life.*

*I convey my best wishes to the staff and students of Sainik School Imphal, Manipur.*

Dated 5<sup>th</sup> November, 2019

(P S Sreedharan Pillai)



**RAMESH BAIS**  
Governor of Tripura



**RAJ BHAVAN**  
Agartala - 799 010

## MESSAGE



*I am very pleased to learn that Sainik School, Imphal, Manipur is going to bring out a School Magazine "ORCHID 2019-20".*

*School Magazine is a domain where the tender minds can contribute their dormant talents in an educational institution and helps unfold and develop the montage of thoughts and ideas of the tender minds. In other words it is a kaleidoscope of the children's minds.*

*I wish Sainik School, Imphal as well as the publication of the Magazine all success.*

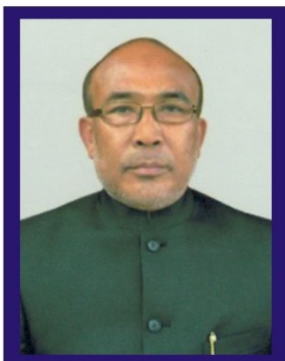
( Ramesh Bais)

Dated 31<sup>st</sup> October, 2019

**N BIREN SINGH**  
Chief Minister  
Manipur



## MESSAGE



*I am pleased to learn that Sainik School, Imphal is bringing out its annual magazine 'Orchid 2019-20'.*

*A school magazine is the product of an extensive collaborative effort involving teachers and students alike. It provides a platform to develop writing skills, nurture literary talents and add to the holistic development of the students who will eventually take vibrant roles in nation building. The magazine must become a referential and resourceful document which comprehensively capture the direction the institute is taking and the mind of youth in general. I am hopeful that the annual magazine 'Orchid 2019-20' will address these objectives in this edition.*

*I convey my best wishes to the Editorial Board for the grand success of this publication and the students of Sainik School, Imphal a great future ahead.*

**(N Biren Singh)**

Dated 11<sup>th</sup> November, 2019





## MESSAGE

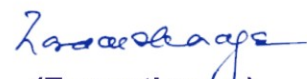


*I am glad to learn that Sainik School, Imphal is publishing the next issue of its school magazine, 'ORCHID 2019-20' and that I have been invited to pen down a few words for the same.*

*Sainik School, Imphal is on the path of progress and is moving ahead with enthusiasm and dedication in guiding and moulding the destiny of its students. The school has earned a name for itself by virtue of its high academic, sporting, co-curricular and disciplinary standards and I am sure that the school shall retain its performance whilst continuing to strive for excellence in the years to come.*

*I convey my best wishes to the principal, the staff and students of Sainik School Imphal and wish the publication of the school magazine a grand success.*

Dated 24<sup>th</sup> October, 2019

  
(Zoramthanga)



**SATISH SINGH**  
Joint Secretary (Trg)



भारत सरकार  
रक्षा मंत्रालय  
रक्षा विभाग  
नई दिल्ली - 110 011  
Government of India  
Ministry of Defence  
Department of Defence  
New Delhi - 110 011

## MESSAGE



*I am pleased to learn that school is publishing its Annual Magazine. I look forward to reading the same.*

*The school is doing a commendable job of grooming the cadets and preparing them to be disciplined and patriotic citizens. Contribution of significant number of officers to the defence forces and other civilian positions is a testimony. Today the alumni are placed at senior ranks not just in Armed forces but also in other fields. This is a result of the hard work and dedication of the staff working in the school and I commend their contributions.*

*I exhort all the staff members and cadets to dedicate themselves to the noble task of nation building.*

*Jai Hind*

(Satish Singh)

Dated 22<sup>nd</sup> July, 2020



ग्रुप कैप्टन पी रवि कुमार  
निरीक्षण अधिकारी  
सैनिक स्कूल सोसायटी

**GP CAPT P RAVI KUMAR**  
Inspecting Officer  
Sainik Schools Society



भारत सरकार, रक्षा मंत्रालय  
सैनिक स्कूल सोसायटी,  
101 डी-1 विंग, सेना भवन  
नई दिल्ली – 110011

**Government of India**  
Ministry of Defence  
Sainik Schools Society  
101, D-1 Wing, Sena Bhawan  
New Delhi-110011

## MESSAGE



*The road from Kangla to Khadakwasla is paved with gritty stories of struggle and steely resolve. It may not have fallen upon everyone's good fortune to have secured the first day ticket to the enormously enviable world of dazzling stars on spotless uniform. But who is asking to give up on dreams which can power the right contender along the rest of the route.*

*The school magazine mirrors all the marvellous feats of the school in the past year. It captures the spills and thrills in every sphere of the school's activities- in words and images; in poetry and emotion; in prose and numbers; in reviews and reminiscences. The journey of the magazine does not end with its release or the reader browsing its contents. In fact it begins there and gets more intense and interesting with each passing year. The editorial team has just set rolling a magical ball which will at once soothe and stimulate the reader's mind every time he or she comes in contact with it.*

*The art or the articles inside this book won't change, though they were a result of being witness to the changes which happened in the lives of the cadets who would hereafter travel on their own separate paths somehow to always find their way back to each other. The real marvel of the magazine is in connecting lives which would scatter and radiate in different directions like the beams of the sun. Just as the magazine itself was created by stringing together different beads (of words, wisdom and worldviews) contributed by the creators, it will in the hereafter hold all of the authors and dramatis personae together. In a world where social media has unfortunately replaced the postal letters as a less creative means of expression, the annual magazine will hopefully continue to be a bastion of free and original thought.*

*Many good wishes to the Principal, Staff and Cadets of Sainik School Imphal for a fulfilling future.*

*Jai Hind!*

(Gp Capt P Ravi Kumar)

Dated 25<sup>th</sup> June, 2020





मेजर जनरल वी श्रीहरी, एस सी  
जनरल अफसर कमान्डिंग

*Maj Gen V Sreehari, S C*  
General Officer Commanding

मुख्यालय  
५७ पर्वतीय डिवीजन  
पिन - ९०८४५७  
द्वारा ९९ ए पी ओ

Headquarters  
57 Mountain Division  
PIN - 908457  
C/o 99 APO

## MESSAGE



*I am delighted to learn that Sainik School Imphal is bringing out the next issue of its magazine "Orchid 2019-20".*

*Sainik School Imphal is rendering yeoman's service to the society of North Eastern States by imparting quality education to the cadets drawn from remote areas. The School has shown appreciable improvements in its core-objective area of training boys for entry into National Defence Academy. On the academic front, the School has produced 100% result in CBSE Class XII Exam. The School has also climbed lofty heights in the field of sports. These speak volumes about the dedication and hard work on the part of School staff and authorities. The boys of North Eastern states have tremendous potential and Sainik School Imphal should act as a catalyst in making them realise their dreams.*

*On behalf of GOC-in-C Eastern Comd & GOC 3 Corps. I extend my best wishes to the staff and cadets of Sainik School Imphal in their Pursuit for excellence.*

  
(V Sreehari)  
Maj Gen  
GOC & Chairman LBA





## SAINIK SCHOOL IMPHAL



**Gp Capt HCS Chauhan**

### FROM THE PRINCIPAL'S DESK

Sainik School Imphal since its inception on 07 Oct 1971 has been involved in an eternal pursuit of nation building and training the youth of North Eastern states to lead the nation in almost all socio economic spheres and defence services in particular. The school ignites the latent talent amongst cadets within the paradigms of human values, ethics and traditions; to achieve self discipline, integrity, honesty, punctuality, physical fitness, mental robustness, excellence in academic, sports and co curricular activities. I feel privileged to present before you the School Annual Report 2019-20 with an aim to evaluate our performance and workout new strategies for future development.

1. **Academics.** Our focus has always remained riveted to academic pursuits despite conduct of time tested motley of sports and co-curricular activities. The

performance of cadets in CBSE Examinations for Class X and XII has been excellent. The summary of school results in respect of Class X and XII examinations for the 2019 are as under: -

| Class | No. Appeared | No. Passed | Pass% |
|-------|--------------|------------|-------|
| X     | 67           | 67         | 100%  |
| XII   | 31           | 31         | 100%  |

2. **NDA Entry.** Seven out of 42 cadets have cleared UPSC written examination held in Nov 19. Two of the six cadets have cleared the SSB and are due for their medicals in March after the Board Exams. One cadet is to appear for the SSB in April 2020.

### 3. Sports & Co-curricular Activities

(a) **East Zone.** The East Zone Sainik Schools Sports & Cultural Festival Championship 2019-20 was conducted at Sainik School Imphal from 22 Jul to 26 Jul 2019. The schools that took part were Sainik School Purulia, Sainik School Punglwa, Sainik School Goalpara, Sainik School Chhingchhip, Sainik School East Siang and Sainik School Imphal. Shri Th Radheshyam Singh, Hon'ble Education Minister and Labour & Employment, Govt of Manipur was the Chief Guest at the opening ceremony on 22 Jul 19. And Dr Th Munindro Singh, Director Planning Department, Govt of Manipur was the Chief Guest at the Closing ceremony on 26 Jul 19.

(b) Sainik School Imphal team was crowned overall champion of the East Zone Sainik Schools Sports & Cultural Festivals Championship 2019-20. SS Imphal Football U-14 and Football U-17 team secured 1st positions. Both teams qualified for Inter Zonal Championship 2019 scheduled. Adm No. 3738 Kh Suraj of class X received Best Player Award in U-17 Football. SS Imphal

Basketball team stood 1st position in the East Zone Sainik Schools Championship 2019. Adm No. 3747 Cdt Th Ronel Singh of class X received Best Player Award. The team earned the opportunity to participate in the All India Sainik Schools Inter Zonal Basketball Tournament held at Sainik School Balachadi.

(c) A "Know your Army" function was conducted with a Weapon Display followed by Band Display under the aegis of the Assam Rifles on 23 Jul 19 at this school.

(d) Adm No. 3619 Cdt Travoltra & Adm No. 3941 Cadet Th Mobisana of Class XI participated in the All India Sainik Schools Mountaineering Expedition 2019 to Norbu Peak (5226 Mtr) in Manali region, Himachal Pradesh held from 19 Jun 19 to 09 Jul 19.

(e) Adm No. 3674 Cadet Sridarth Nongmeikapam of class X-A, Tagore House was selected in the Indian U-15 Boys National Football team and visited Italy where he played in the MU-15 Championship 2019.

(f) Cdt M Linthoi was adjudged 1st and Cdt Pibarel stood 3rd position in the XLI District/ Zonal Level Students' Science Seminar 2019 held on 23 Aug 19 at Meetei Mayek High School Imphal organized by Zonal Education Officer, Zone II, Government of Manipur. Cadet Linthoi will be representing Imphal East district in the State Level Science Seminar.

(g) U-17 School Football team consisting of 16 cadets and staff participated in the Diamond Jubilee Subroto Cup International Football Tournament 2019 held from 07-18 Sep 19 at New Delhi organised by AFSCB.

(h) Cdt Naoba (3621) was adjudged 1st and Cdt Lalthazuala (3650) stood 2nd position in the State Level Lions Club Debate Competition 2019 held at Sangaiprou, Imphal on 24 Oct 19 and were awarded Certificate / cash award of Rs.7000/- and Rs. 5000 respectively. And also Cadet Micheal (3532) and Cdt Platinum (3520) got consolation price of Rs.500/- each along with Certificates.

(j) Cdt Alex Laishram (D-263) was adjudged 1st and Cdt Yashita Thoudam (259) stood 4th position in the District Level Students' Science Exhibition 2019 on the topic "Science & Technology for Sustainable Development" held from 24 to 26 Oct 19 at Lamlong Higher Secondary School, Imphal East (Manipur).

(k) Cadet Nikolash (3866) was adjudged 2nd position in the Peace Poster Contest organized by Lions Club Galaxy, Imphal at Ima Chingjoibi, Khurai Imphal East on 03 Nov 19.

(l) Cdt Yashita Thoudam was adjudged 4th and Cdt Alex Laishram stood 10th position in the XL State Level Science, Mathematics and Environment Exhibition for Children 2019 on the theme "Science and Technology for Sustainable Development" organized by Directorate of Edn(S) Govt of Manipur at Tamphasana Hr Sec School, Imphal held from 28 Nov 19 to 01 Dec 19.

(m) National Talent Search Exam Out of 27 cadets who appeared in the NTSE 2019 conducted by Directorate of Edn (S), Govt of Manipur 14 cadets have been recommended for Stage-II. Out of 14 two cdt are in Best 5. Moreover, one cdt secured 2nd Rank in the said exam.

#### 4. Activities / Events.

(a) Principal along with 05 cadets from class VI, X, XI & XII visited Raj Bhavan, Manipur on 13 Jul 19 for receiving the books donated by the Hon'ble Governor of Manipur.

(b) A medical team from the Directorate of Health Medical Department, Govt of Manipur visited the school on 26 Aug 19 and imparted Health Education and awareness on Dengue prevention to the cadets of Class XI & XII.

(c) A survey was carried out on 25 Aug 19 by the District Malaria Officer (DMO), IE Team & SDC HQs, IE, Govt of Manipur to find out mosquito breeding areas in the school campus. A Free Medical Health Camp was organized on 26 Aug 19 at this school under the aegis of DC Imphal East (Manipur). All the mosquito breeding sources in the school have been eliminated.

(d) The Principal attended the Orientation Programme for Principals of Lead Collaborator School of North Eastern Region at Maria Montessorie School, Imphal on 20 Sep 19 organised by the CBSE, CoE, Regional Office, Guwahati.

(e) 'Virasat Series 2019-20' of SPICMACAY Imphal Chapter by Sitar Maestro Partha Bose with Kaushik Konwar on Tabla was conducted on 11 Sep 19 at School Manekshaw Auditorium.

(f) A number of events were conducted in connection with 150th Birth Anniversary of Mahatma Gandhi. This included Poster Painting Competition, cleanliness drive, photo exhibition etc. The celebration will continue till Oct 2020.

(g) Inter-House Ex-Tempore Competition 2019-20 for Sr & Jr cadets was conducted on 26 Oct 19.

(h) The school celebrated the 48th Raising Day with great zeal and enthusiasm in the school campus on 07 Oct 19. Wreath Laying Ceremony, Cake cutting, Entertainment Programme by Cadets & Ex Cadet, sweets distribution and Bara Khanna were part of the celebrations.

(j) 36 Cadets participated in the State Level Essay Competition held on 02 Nov 19 at Lamlong Higher Secondary School, Imphal East.

(k) 03 cdt of class VIII participated in the Peace poster contest organized by Lions Club of Imphal at Regular English High School Kwakeithel, Imphal.

(l) **NCC.** A 10-day 88th Combined Annual Training Camp 2019 for Indep NCC Coy (JD/SD) was conducted wef 01-10 Nov 19 under the aegis of NCC Gp HQs, DM College Imphal. The camp was inaugurated by Brig RS Sethi, Gp Cdr, NCC Gp HQ, Imphal. The training camp imparted training on various subjects viz Drill, Weapon Training, Map Reading, Life skills, First Aid, Adventure, Self Defence, Military History, Physical Fitness, Field Craft and Battle Craft etc. Range Firing training to cadets of class X & XI were conducted at IGAR South Firing Range on 06 Nov 19 as a part of NCC Combined Annual Training Camp 2019 held from 01 to 10 Nov 19.

(m) **NCC : Inter House Drill Competition.** Inter House Drill Competition 2019-20 (Jr & Sr) was conducted on 22 Nov 19 at Drill Square. Shri MK Singh, Commandant CRPF Group Centre Langjing attended the event as Chief Guest.



(n) **X-Country.** Inter House Cross Country Championship 2019-20 was conducted among the cadets of the school on 24 Nov 19. A total of 100 cadets participated during the run. Col VK Madian, Dy Gp Cdr ,NCC Gp HQs Imphal flagged off the run.

(o) As per directives from Sainik Schools Society “Fit India Week” was conducted at this school wef 18 – 23 Nov 19. Yoga, Free Hand Exercise, Debate, Drawing Competition, Sports Quiz, Aerobic Exercise, Essay Competition, Poem Writing Competition was part of the programme.

(p) **International Yoga Day.** The school celebrated International Yoga Day on 21 Jun 2019 at Assembly Ground of the school. Cadets, staff, families, parents and old boys participated with great zeal and enthusiasm. Yoga Demonstration by cadets, Quiz Competition on Yoga was part of the celebration.

(q) Independence Day and Martyrs Day on 13 Aug were celebrated with gaiety and fervor at this school. Cadets were awarded with prizes in various competitions.

5. **AISSEE 2019.** All India Sainik Schools Entrance Examination 2019 for admission in classes VI & IX was conducted on 06 Jan 2019.

6. **Teachers’ Workshop:** Teachers of this school participated in a Six Days All India Sainik Schools Teachers’ Workshop conducted for the Academic Staff at SS Bhubaneswar.

7. **Enhancement of quality of life of Cadets.** Various measures and projects have been implemented and undertaken some of them are:-

(a) Chain Link Fencing. Erection of angle poles and

chain link fence has been completed. Barbed wire fixing and support iron rod welding is in progress.

(b) Construction of new Auditorium is in progress, Pillars and roof upto 2nd floor have been completed.

(c) The school has been selected for setting up of Atal Tinkering Lab under Atal innovation mission, which provides grant-in-aid that includes a one-time establishment and operational expenses for a maximum period of 5 years. The final paperwork is in progress.

(d) **Construction of Shed for School Assembly.** Administrative approval accorded and submitted to the MES for processing the case. Fund was transferred to MES. The work will be undertaken soon.

(e) Purchase of Electric Poles to Replace Wooden Electric Poles. Approved administrative approval submitted and Fund transferred to MES. The work will be undertaken soon.

(f) **Construction of New Academic Block.** The Detailed Project Report (DPR) of new academic block was prepared and submitted to the Education Minister of Govt of Manipur. The proposal is likely to be included in the upcoming proposals of State Government.

(g) **IP Camera / CCTV Camera:** Installation of IP Camera / CCTV in entire academic area, training area, Dining hall and dormitories outside and common area has been completed.

(h) **Road Repair.** Some patches are being repaired in liaison with Min of Works. The work is under progress.

(i) Procurement of Digital Weighing Machine, Flags of all services for Dining Hall; Dining chairs, fly catchers, S/S Trolley, Stainless Steel rack for Dish

cleaning room, Waste Bins Large and Medium, Freezer, Water Dispenser (Hot & Cold) for Dormitories, Plastic crates with lid for vegetables, Purchase of Hydraulic pallet truck and Water storage large containers etc for School Cadets’ Mess have been completed.

(k) Purchase of Slabs to put over open drains has been completed.

(l) Renovation of staff toilet has been Completed.

(m) Construction of corridor shade/ passage from SFS to Gate has been completed.

8. **Grant in Aid from State Govt.** Govt of Manipur has sanctioned Rs 02 Crore Grant-in-aid for the maintenance of school infrastructure and modernization of the school.

9. **Infrastructural Requirement.** The school has crossed more than 4 decades of its existence, the indications of ageing are distinctly visible on the school buildings. There is an urgent need to carry out extensive repairs all over the school considering the existing boarder strength of 560 cadets.

To conclude despite prevailing security scenario and Socio-Political constraints, lack of funds, the school administration adopts a firm resolve to leave no stone unturned to attain greater heights. Our endeavor is to put in our best efforts to maintain the status of the school as a Centre of Excellence; become the best NDA feeder institution in the country and a model public school of the region.

JAI HIND!

## SENIOR MASTER'S DESK



**Mr A Rommel Singh**

It is indeed a pleasure to present our annual magazine in front of all. My sincere thanks to the editorial team for their hard work and dedication they have rendered. Putting the dissymmetrical puzzle into its coherent form was not easy at all. It took tremendous effort on their side.

The young writers have put down varieties of articles, jokes and facts. The magazine showcases their hidden talent. It gives them a platform to enhance their skill.

The innocent minds of the generation today need to be cultured, nurtured, cared and appreciated. The magazine is a mere reflection of their thought. As facilitator of our budding minds we get a peek into their mind, thus giving us an opportunity to guide them in a better direction.

## EDITOR'S DESK



**Mrs H Nonida Devi**

The only way to bring out emotions from our prisoned mind is through words. It serves as a medium to express out our deep rooted feelings. One can free the mind and soul by jotting down the feelings through words.

'Orchid' serves as the medium for our cadets to express their feeling. The budding minds are blazed with enormous energy of ideas, thought and information. It will give them the opportunity to bring the realm of imagination into reality.

The magazine is packed with adventures, jokes, thoughts and observations etc. The enthusiastic writers also have no doubt shared their experiences which they have encountered after participating in various events in school and outside.

Orchid is the genuine reflection of the hard work of the cadets and the entire school. Hopefully the readers will enjoy reading it. Further hoping that, the content might bring positive change and improvement to the young readers. A sincere appeal to all readers as well; if they could share their mild but sincere criticism for better work in future. It will widen their perspective and will generate numerous unfold idea and thoughts. At last but not the least, my sincere thanks to the editorial team who put their efforts in bringing out the magazine to its conclusion.



## VISITORS' REMARKS

| Date        | Name                                                                                                                                                                                            | Remarks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 02 Apr 2019 | <b>Dr Thangjam Munindro Singh</b><br>Director, Planning Department<br>Govt of Manipur                                                                                                           | I was impressed by the Team of Sainik School, Imphal. I am confident that school will create history by producing good students to serve the nation.                                                                                                                                                                                                                                                                                                                                                                                                           |
| 09 Apr 2019 | <b>Maj Gen V Sreehari, SC</b><br>GOC, 57 Mtn Div & Chairman LBA                                                                                                                                 | My maiden visit. Honour to be Chairman of this historic school. Being an alumni of Sainik School myself, I can say with utmost confidence that you all are doing an important job for favour of our country. Be the best you can be. Thank you.                                                                                                                                                                                                                                                                                                                |
| 03 Jul 19   | <b>Maj Gen V Sreehari, SC</b><br>GOC, 57 Mtn Div & Chairman LBA                                                                                                                                 | Good to see all programme made in the school and good motivation of all children. Best wishes.                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 22 Jul 19   | <b>Shri Th Radheshyam Singh</b><br>Hon'ble Minister of Education and Labour & Employment, Govt of Manipur<br>Adm No. 228                                                                        | Visited the school c/w the East Zone Sports & Cultural Meet 2019-20. The arrangement by the team led by the Principal is excellent. The morale of the teams are very high. I wish all the teams and team of SSI led by the Principal achieved success.                                                                                                                                                                                                                                                                                                         |
| 26 Jul 2019 | <b>Dr Thangjam Munindro Singh</b><br>Director, Planning Department<br>Govt of Manipur                                                                                                           | It was a great moment for me. A lot of development can be seen under the leadership of present Principal, Sainik School, Imphal. I expect more.                                                                                                                                                                                                                                                                                                                                                                                                                |
| 05 Oct 2019 | <b>Air Cmde T Srinivas</b><br>CLMO, EAC IAF<br>HQs EAC, IAF, Shillong                                                                                                                           | My first visit to any Sainik School. I am impressed with the discipline and the motivation displayed by the students, staff as well as by the officers. It has reaffirmed the faith in the institution and pray that they contribute to the service of Armed Forces as well as prove themselves as worthy citizens of this country. Wishing the school and the mentors the very best of everything they desire in their endeavours. Good Luck & Good speed!!!                                                                                                  |
| 13 Dec 2019 | <b>Shri Thongam Bishwajit Singh</b><br>Hon'ble Minister of Public Works, Rural Development and Panchayati Raj, Information & Public Relations, Administrative Reforms, Commerce and Industries. | Well talented students are served with well discipline so proud of this Sainik School, Imphal grooming boys to join NDA with full of spirits. Seven students passed in the UPSC examination and I congratulate them all for their bright future and to serve the nation without fear and lastly I'm very much privileged to be here as Chief Guest in your midst. Once again, I congratulate everyone in the school. Thank you.<br>'Jai hind'                                                                                                                  |
| 16 Dec 2019 | <b>Col Neelesh Anand Pagulwar, SC, SM</b><br>Commanding Officer<br>165 Infantry Battalion (TA)                                                                                                  | It was really heartening to see the splendid and high caliber performance of the cadets. Happiness on their faces is so satisfying. Being an alumni of a Sainik School myself, felt nostalgic to be amongst them. Kudos to the Principal, Vice Principal, Sr Master & faculty members for ensuring overall and all round performance in school inspite of constraints being faced by the school. Congratulations to the achievers and to those who missed as well – its only by trying 'n' trying that one succeeds. Wish all of you ALL THE BEST! Tagra Raho! |

## VISITORS' REMARKS

| Date        | Name                                                                                                                 | Remarks                                                                                                                                                                                                                                                                                                                                                                                                    |
|-------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 18 Dec 2019 | <b>Brig L Ibotombi Singh, VSM (Retd)</b><br>Adm No. 71<br>Thangmeiband Khomdram Selungba Leikai,<br>Imphal (Manipur) | Feeling nostalgic to be back to my school. Excellent exhibition by the young cadets. Nice to see their confidence and oratory skills. Well done and keep it up. God Bless.                                                                                                                                                                                                                                 |
| 19 Dec 2019 | <b>Maj Gen V Sreehari, SC</b><br>GOC, 57 Mtn Div & Chairman LBA                                                      | Congratulations for an excellent programme. Good to see all improvements made in the School. My compliments to Principal, all teachers, staff & cadets. Keep it up. 'Jai Hind'                                                                                                                                                                                                                             |
| 14 Jan 2020 | <b>Cdr N Roby Singh</b><br>Adm No. 1570<br>Commanding Officer<br>Marcos Ops, Naval HQs<br>New Delhi                  | It is indeed a nostalgic feeling to be back to my alma-mater after long 18 years. It's heartening to hear that SSI is today one of highest contributor towards NDA entry and wish all the students to continue the trend high. I firmly believe that under the able guidance of highly qualified teachers, our boys will continue to bring laurel to the school.<br><br>Wish you good luck and Good speed. |
| 07 Feb 2020 | <b>AVM LS Vaidyanathan (Retd)</b><br>(Ex Principal, SS Imphal)                                                       | This visit is like a pilgrimage for me. It was a desire I had for the last 25 years or more to visit my school. I am overwhelmed by the affection and courtesy shown to me and my wife. I wish the school all glory in the years to come. My love and blessings to the Principal, staff & students. May you be glorious. 'Khurumjari'                                                                      |
| 26 Feb 2020 | <b>Maj Gen V Sreehari, SC</b><br>GOC, 57 Mtn Div & Chairman LBA                                                      | Good to see al improvements. LBA was very exhaustive & useful. Best wishes.                                                                                                                                                                                                                                                                                                                                |





## SAINIK SCHOOL IMPHAL

| ACADEMIC STAFF |                                      |
|----------------|--------------------------------------|
| Sl.            | Name                                 |
| 1              | Mr A Rommel Singh, PGT, Bio          |
| 2              | Mr Md Abdul Haque, PGT, Eng          |
| 3              | Mr Tapan Kanti Nath, PGT, Math       |
| 4              | Mr O Dheinachandra, PGT, Phy         |
| 5              | Mr Kh Robindro Singh, PGT, Chem      |
| 6              | Mr A Ashok Kumar Singh, Art Master   |
| 7              | Mr James PD, TGT, Soc Sc             |
| 8              | Mr Kh Premananda Singh, TGT, Math    |
| 9              | Mr L Amuba Singh, TGT, Math          |
| 10             | Mr Ph Joysanker Sharma, TGT, Soc Sc  |
| 11             | Mr A Sochen Singh, TGT, Gen Sc       |
| 12             | Mr L Manoranjan Roy, TGT, Gen Sc     |
| 13             | Mrs L Bhabini Devi, TGT, Gen Sc      |
| 14             | Mr Th Thoiba Singh, TGT, Soc Sc      |
| 15             | Mrs Sarjoo Lourembam, TGT, Eng       |
| 16             | Mr Y Somen Singh, TGT, Gen Sc        |
| 17             | Mrs Ksh Brojeshwori Devi, TGT, Hindi |
| 18             | Mr N Gunachandra Singh, TGT, Hindi   |
| 19             | Mr S Tiken Singh, TGT, Comp Sc       |
| 20             | Mr P Rajeshwor Singh, TGT, Eng       |
| 21             | Mrs Th Meneka Devi, TGT, Mani        |
| 22             | Mrs Nonida Devi, TGT, Eng            |
| 23             | Mr MRabi Singh, TGT, Math            |
| 24             | Mr MJiten Singh, TGT, Mani           |
| 25             | Mr L Rupindro Singh, Lab Asst, Bio   |
| 26             | Mr Th Suresh Singh, Lab Asst, Phy    |
| 27             | Mr Govind Pradhan, Lab Asst, Chem    |
| 28             | Ch Basanta Meitei, Librarian         |
| 29             | Mr Lalit, Contractual TGT (Manipuri) |

| ADMIN STAFF     |                                    |
|-----------------|------------------------------------|
| Sl.             | Name                               |
| 1               | Mr S Somokanta Singh, Office Supdt |
| 2               | Mr R Ranganathan, Acct             |
| 3               | Mr Th Saratchandra Singh, MM       |
| 4               | Mr Kh Puina Singh, QM              |
| 5               | Mr S Ibobi Singh, LDC              |
| 6               | Dr M Raju Singh, Hostel/Supdt      |
| 7               | Mr K Samarjit, UDC                 |
| 8               | Mr N Sorendro Singh, UDC           |
| 9               | Mr S Ashokumar Singh, NA           |
| 10              | Mr T Telheiba Singh, LDC           |
| 11              | Mr W Rajesh Singh, LDC             |
| 12              | Mr M Premchand Singh, LDC          |
| 13              | Mr Ronit Pradhan, LDC              |
| 14              | Mr A Tulajit Singh, Driver         |
| 15              | Mr Lianneikhai Vaiphei, Driver     |
| 16              | Mr K Rishikanta Singh, Ward Asst   |
| 17              | Mrs Priya Devi, Ward Asst          |
| 18              | Mr O Pradip Singh, Ward Asst       |
| 19              | Mr H Aristotle Singh, Ward Asst    |
| 20              | Miss Sunita Th, Ward Asst          |
| NCC / PTI STAFF |                                    |
| Sl.             | Rank & Name                        |
| 1               | Sub Satkhokai Chongloi             |
| 2               | Sub LM Dawngliana                  |
| 3               | Hav T Haokip                       |
| 4               | Hav Th Megha Singh                 |
| 5               | Hav Dalvir Singh                   |



## East Zone Sainik Schools Sport and Cultural Fest/ C'ship Sainik School Imphal assured of football titles

By Our Sports Reporter

IMPHAL, Jul 24 : Hosts Sainik School Imphal's U-17 and U-14 boys football and basketball teams are certain to win the respective titles at the East Zone Sainik Schools Sports and Cultural Festival/Championship, which is underway at different venues in Imphal. Sainik School Purulia on the other hand extended their winnings way in the volleyball competition which is participated by 4 teams to ensure the event title today.



Rathi added 8 points each and Lianzo B Sibito secured another 5 points. Ruthania Pachau on the other hand secured the highest 8 points for Sainik School Chingchhip and Lalhrahliana was the second highest scorer with 6 points in his name. Marcus M Saino added 4 points for the same team while Lalremruat Fela and Vanlalchhanthar posted 2 points each to make it 22 points.

**Hockey**  
Sainik School Imphal's victory in hockey event continued as they suffered another loss, this time by 0-2 margin to Sainik School Pungliwa. Roman Pui scored both goals (13', 50') for the hosts.

**Football**  
Sainik School Imphal continued their fine form as the U-17 boys football competition with yet another huge win today against Suraj. Suraj was in prolific form today and scored 5 goals alone to help near the hosts to a comprehensive 11-1 win against Sainik School Pungliwa today.

**Suraj** opened the scoring in the 11th minute with a powerful shot from the edge of the box. He then scored again in the 15th, 25th, 35th, 45th and 55th minutes. Sainik School Pungliwa's only goal came in the 60th minute through their captain, Sainik School East Siang.

**U-14 boys football**  
Sainik School Imphal also secured a 3-0 victory over Sainik School Pungliwa in the U-14 boys football competition. Sainik School Imphal's goals were scored by Ronel (17', 35'), Nihal Kumar (8', 35') and Kritsna Muran (4', 35'). Sainik School Pungliwa's only goal was scored by Sainik School East Siang.

**U-17 boys basketball**  
Sainik School Imphal's victory in basketball competition continued as they defeated Sainik School Pungliwa by 47-20. Sainik School Imphal's players scored 10-0 victory and assured themselves the title. Jenson Singh (16', 32', 56') and Si Lal Sanglen (30', 47', 60') were the highlights of the match as they scored three goals apiece to set up the huge win while Chetan Kumar (2', 46') scored twice including the opener.

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## East Zone Sainik School Sports and Cultural Fest/C'ship Sainik School Imphal stamp authority on various events of Day 2

By Our Sports Reporter

IMPHAL, Jul 23 : Hosts Sainik School Imphal emerged victorious and underlined their dominance in various events at the East Zone Sainik Schools Sports and Cultural Festival/Championship today. Sainik School Imphal's U-17 and U-14 boys football teams, volleyball team, basketball team were able to secure their winning runs except the hockey team which went down by 0-1 goal to Sainik School Pungliwa.

**Day 2 Events**  
**Football**  
Sainik School Imphal continued their fine form as the U-17 boys football competition with yet another huge win today against Suraj. Suraj was in prolific form today and scored 5 goals alone to help near the hosts to a comprehensive 11-1 win against Sainik School Pungliwa today.

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**Bengal side** was scored by Akash Sadr in the 11th minute of the match. In another match of the same competition, Sainik School Pungliwa sealed a 2-1 win over Sainik School Imphal today.

**Sainik School Goal** was scored by Ronel (17', 35'), Nihal Kumar (8', 35') and Kritsna Muran (4', 35'). Sainik School Pungliwa's only goal was scored by Sainik School East Siang.

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(8 pts), Alan Peter (2 pts), Oughami Singh (2 pts), Saino Kano (4 pts) and Rajat Rathi (3 pts) soon to help their team win a 60-50 win. Sainik School Imphal on the other hand rode on brilliant 29 points made by Th Ronel and 25 points from S P. Parashar Laxman to seal a 78-41 victory against Sainik School Goalpara. L. Jashubama Singh (4 pts), K. Lakshana (12 pts), K. T. Angabana Mawa (6 pts) and Timothy C Lalrinchaba (2 pts) also scored for the Manipur side to set up the second win at the competition.

**Hockey**  
Sainik School Imphal's hockey team had a poor start to the competition as they suffered a 6-1 loss to Sainik School Pungliwa as Salvan Langlioba (13', 50') hit a brace.

**Volleyball**  
Sainik School Imphal today earned a 2-1 set win over Sainik School Pungliwa in a closely contested match of 4 sets.

**Sainik School Goal** was scored by Ronel (17', 35'), Nihal Kumar (8', 35') and Kritsna Muran (4', 35'). Sainik School Pungliwa's only goal was scored by Sainik School East Siang.

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## Sainik School Principal seeks Govt's assistance

By Our Sports Reporter

IMPHAL, Jul 20 : The Principal of Sainik School Imphal, GP Capt HCS Chauhan has sought State Government's assistance in organising the East Zone Sainik Schools Sports and Cultural Festival/Championship, 2019-20 to be hosted by Sainik School Imphal from July 22 to 26.

The Principal asked for the assistance during a press meet held today at the premises of Sainik School Imphal. The press meet was also attended by Vice Principal of the School, Wing Cdr Shreeprakash J. HCS Chauhan stated that the



School Goalpara, Assam; Sainik School Pungliwa, Nagaland; Sainik School Chingchhip, Mizoram and Sainik School East Siang, Arunachal Pradesh along with the hosts team. The festival cum championship will witness the

which includes debate, quiz and other entertainment programmes. Most of the sports events except hockey (to be played at Astro Turf Khuman Lampak Sports Complex) will be held at the school campus at Pangei, asserted the Principal while addressing the media. He also added that the festival/ championship will be formally inaugurated by Education and Employment Minister, Th Radheshyam on July 22.

Such an event will help the students experience the importance of team spirit, fair play besides promoting bonds among the cadets and hence true sense of Nationalism. He stated the event

## Inter Zonal SS Football Sainik School Imphal claim U-17 title



will end on November 10, a statement of the school. On the inaugural Brig Sethi, Group C commanding Officer NCC HQ, Imphal gave the pidential address and sj about the importance NCC. The training camp w impart the cadets with s in various fields, c weapon training, m r ing, first aid, adventure, defence, military his physical fitness, fi and battle craft etc. he

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## Education Minister opens East Zone Sainik Schools Sports & Cultural Festival/Championship

DIPR/OSR

IMPHAL, Jul 22 : The East Zone Sainik Schools Sports & Cultural Festival/Championship, 2019-20 was declared opened today by Education Minister Thokchom Radheshyam. The championship will be held for five days at the Sainik School, Imphal. Speaking as the chief guest of the function, the Minister stressed on the importance of maintaining good health. He said that poor health hampers and hinders in coping with the various chores of school activities. Health is the most precious wealth for human being, as the saying goes 'a sound mind is in a sound body', he added.

Th Radheshyam opined that the event will create opportunity for the students



## Sainik School Imphal's U-14 and U-17 football teams leave Imphal for TN



**By Our Sports Reporter**  
IMPHAL, Aug 2 : The U-14 and U-17 football teams of Sainik School Imphal which are representing East Zone Sainik Schools Sports and Cultural Festival/Championship, 2019-20, left for TN today. The teams will be held from August 5 to 9 at Sainik School, Tirunelveli.



**Subroto Cup Football Tournament**  
The teams who have been given intensive training under the instruction of H. Shanta Singh, 165 TA, 57 Mtn Div were led by P. Rameshwar Singh, TOT English and Sub LM Doolima as team manager and coach respectively.

**back and overturned**  
ble with the goals cor from Wangphu (40', M (45') and Limak (60-2). Jayanta of the West gal side was yellow cs by the referee in the minute of the match. Meanwhile in the match of the competi hosts Sainik School I routed Sainik Sc Goalpara by 5-1. U-17 Boys' Sainik Sc U-17 team also opening day d win against S Pungliwa.

**Though Sai**  
Imphal (Nagaland) team while once they w control of the ; Adhin Lankar opening goal minute goal. 7 continued in th and it Rameshchandra pumped in tw able Sainik S wrap up the g Basketball. The first ch championship Sainik Scho thrash Sair Chingchhip points in a one

**In another**  
Sainik School Imphal vining 69-22 Sainik School today. Volleyball was held in againt alia (West) the win-his zonal onal 5-15, againt ad in the Sainik g rallied

## Inculcate hard work as a habit to succeed in life: Edn Minister at Sainik School, Imphal



**DIPR**  
IMPHAL, Dec 12: Education Minister Thokchom Radheshyam advised students to inculcate the habit of hard work and a strong determination to achieve their

**Some may get success**  
early and some may get it later but w provide to gro the gu nurtur them i ents at. The who i of the co in the count whate far is cation in the. Th rated const



**IMPHAL, Nov 24**  
Sainik School Imphal has conducted its annual cross country run today. The 10 km inter house event was flagged off by Colonel Madian, NCC Gp Hqs from the school campus and covered Pangei, Nepali Basti, Heingang Hill, Khomidok Kairang area, Heingang Thong before culminating at the starting point, said a statement of Sainik School Imphal.



**Schools Football**  
ionship being hosted U School Amravati, Nadu - with a 4-0 g of Sainik School, reswar today. one sided match wit- Sainik School S Rameshchandra raj scored two goals Rameshchandra hit sener in the 22nd before striking his in the 55th minute

## 12 SPORTS

## East Zone Sainik Schools Sports and Cultural Fest Sainik School Imphal emerge overall team champions



**By Our Sports Reporter**  
IMPHAL, Jul 26 : Hosts, Sainik School Imphal were crowned the overall champions of the East Zone Sainik Schools Sports and Cultural Festival/Championship, 2019-20 which began on July 22 while Sainik School East Siang were adjudged best discipline team. The valedictory function

**East Siang** was attended by Dr Th Muhindro, Director Planning, Group Captain HCS Chauhan, Principal Sainik School Imphal, Wing Commander Shreeprakash J and former students of the same school who also feted the prizes and individual team winners. In the sporting events, Sainik School Imphal claimed the U-14 and U-17 football and basketball titles

**Sainik School Goalpara** finished U-14 football runner up and Sainik School Pungliwa were able to finish second in the U-17 competition. Sainik School Pungliwa also finished second in the basketball and the hockey events. Cadet Limak-Raksap of Sainik School East Siang and Cadet Khundrakpa

**17 boys football**  
competitions while Cadet Thokchom Ronel Singh of Sainik School Imphal, Cadet Dhirty Raj Narah of Sainik School Goalpara and Cadet PT Nityam Kumar Mishra Sainik School Pungliwa were adjudged best players in the Basketball, Hockey and Volleyball disciplines respectively. The champions in each disciplines and individual



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**O R C H I D    2 0 1 9 - 2 0**

**H O U S E   R E P O R T S**

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## ORCHID 2019-20 : HOUSE REPORT

Name of the House : **NETAJI HOUSE**  
 Housemaster : **Mr Kh Robindro**  
 Asst Housemaster : **Mr Thoiba Singh**  
 Affiliated Teacher : **Mr A Ashok Kumar, Mr Gunachandra, Mrs Nonida**  
 Hostel Supdt/Ward Asst: **Mr Pradeep Singh**  
 House Captains : **Cdt Ronendro Angom (3535) & Cdt Richie Ningthoujam (3592)**  
 House Vice Captains : **Cdt Solenchung Touthang (3632) & Cdt Lalthazuala (3650)**



### ACHIEVEMENTS

#### ACADEMICS

| S1  | Adm No | Achievers         | Class | Examination Name | Grade/ Position |
|-----|--------|-------------------|-------|------------------|-----------------|
| 1.  | 3467   | Cdt Nodasan       | XII   | AISSCE           | 78%             |
| 2.  | 3621   | Cdt Naoba Meitei  | X     | AISSCE           | 96.4%           |
| 3.  | 3784   | Cdt Pibarel       | VIII  | Annual Exam      | 97.34%          |
| 4.  | 3673   | Cdt Konsam Kelvin | IX    | Annual Exam      | 89.9%           |
| 5.  | 3535   | Cdt Ronendro      | XI    | Annual Exam      | 81.4%           |
| 6.  | 4006   | Cdt Sailesh       | VI    | Annual Exam      | 96.33%          |
| 7.  | 3922   | Cdt Avinash       | VII   | Annual Exam      | 89.69%          |
| 8.  | 3661   | Cdt Manglemba     | X     | AISSCE           | 92.6%           |
| 9.  | 3625   | Cdt Izaz Ahmed    | X     | AISSCE           | 95.49%          |
| 10. | 3599   | Cdt Romen Ch      | X     | AISSCE           | 90.4%           |
| 11. | 3609   | Cdt Y Prashant    | X     | AISSCE           | 91.4%           |
| 12. | 3939   | Cdt Clinton       | X     | AISSCE           | 90.87%          |

#### NDA / NA ENTRY

| S1 | Adm No. | Achievers    | Achievements       | Course |
|----|---------|--------------|--------------------|--------|
| 1. | 3535    | Cdt Ronendro | UPSC Written Clear | 144    |
| 2. | 3592    | Cdt Richie   | UPSC Written Clear | 144    |

#### SPORTS / MISC ACTIVITIES

| S1 | Name of Event                        | Category | Position |
|----|--------------------------------------|----------|----------|
| 1. | Inter House Basketball Championship  | Jr       | 2nd      |
| 2. | Inter House Volleyball Competition   | Jr       | 1st      |
| 3. | Inter House Drill Competition        | Sr       | 1st      |
| 4. | Inter House Drill Competition        | Jr       | 2nd      |
| 5. | Inter House Cross Country            | Open     | 2nd      |
| 6. | Inter House Annual Athletic Meet     | Open     | 1st      |
| 7. | Inter House Table Tennis Competition | Open     | 2nd      |
| 8. | Inter House Football Championship    | Jr       | 1st      |

#### CO-CURRICULAR ACTIVITIES

| S1 | Achievers                  | Name of Event    | Grade/ Position |
|----|----------------------------|------------------|-----------------|
| 1. | Cdt Lalthazuala            | Extempore (Sr)   | 1st             |
| 2. | Cdt Naoba Meitei           | Extempore (Sr)   | 2nd             |
| 3. | Cdt Pibarel & Cdt Luckyson | Quiz (Jr)        | 1st             |
| 4. | Cdt Richie Ningthoujam     | Declamation (Sr) | 1st             |
| 5. | Cdt Marcus                 | Declamation (Jr) | 3rd             |
| 6. | Cdt Lalthazuala            | Debate (Sr)      | 1st             |

**House Captain:**  
 Cdt Ronendro Angom  
 (Adm No.3535)



**House Captain:**  
 Cdt Richie Ningthoujam  
 (Adm No.3592)

**House Vice-Captain:**  
 Cdt Solenchung Touthang  
 (Adm No.3632)



**House Vice-Captain:**  
 Cdt Lalthazuala  
 (Adm. No.3650)

## ORCHID 2019-20 : HOUSE REPORT

Name of the House : **RAMAN HOUSE**  
 Housemaster : **Mr O Dheinachandra**  
 Asst Housemaster : **Mr Y Somen Singh**  
 Affiliated Teacher : **Mr Abdul Haque, Mr L Manoranjan Roy, Mrs Th Meneka Devi**  
 Hostel Supdt/Ward Asst: **Dr M Raju Singh**  
 House Captains : **Cdt Naoton Meitei (3553) & Cdt Nivash (3511)**  
 House Vice Captains : **Cdt Laishram Jasubanta (3635) & Cdt Joyprakash Khangembam (3643)**



### ACHIEVEMENTS

#### ACADEMICS

| S1  | Adm No | Achievers           | Class | Examination Name  | Grade/ Position |
|-----|--------|---------------------|-------|-------------------|-----------------|
| 1.  | 3617   | Cdt Ksh Sanjeev     | X     | CBSC Class X Exam | 92.6%           |
| 2.  | 3635   | Cdt L Jasubanta     | X     | CBSC Class X Exam | 92.4%           |
| 3.  | 3864   | Cdt Naorem Jemson   | VII   | Annual Exam       | 92.83%          |
| 4.  | 3878   | Cdt Usham Adison    | VII   | Annual Exam       | 93.67%          |
| 5.  | 3775   | Cdt Ak Athouba      | VIII  | Annual Exam       | 94.5%           |
| 6.  | 3851   | Cdt Barun Th        | VIII  | Annual Exam       | 91.35%          |
| 7.  | 3785   | Cdt H Zeneith       | VIII  | Annual Exam       | 90.45%          |
| 8.  | 3684   | Cdt M Lalhrvaisanga | IX    | Annual Exam       | 85.7%           |
| 9.  | 3679   | Cdt L Tomthinganba  | IX    | Annual Exam       | 87.8%           |
| 10. | 3806   | Cdt Md Alkabir Khan | VIII  | Annual Exam       | 92.24%          |

#### NDA / NA ENTRY

| S1 | Adm No. | Achievers    | Achievements       | Course |
|----|---------|--------------|--------------------|--------|
| 1. | 3511    | Cdt N Nivash | UPSC Written Clear | 144    |

#### SPORTS / MISC ACTIVITIES

| S1 | Name of Event                       | Category | Position |
|----|-------------------------------------|----------|----------|
| 1. | Inter House Football championship   | Sr       | 1st      |
| 2. | Inter House Basketball Championship | Sr       | 1st      |
| 3. | Inter House Volleyball Championship | Sr       | 1st      |
| 4. | Inter House Basketball Chamiopnship | Jr       | 1st      |
| 5. | Inter House Football Championship   | Jr       | 2nd      |
| 6. | Cross Country Race                  | Open     | 1st      |
| 7. | Inter House Badminton Championship  | Open     | 1st      |
| 8. | Inter House Annual Athletic Meet    | Open     | 2nd      |

#### CO-CURRICULAR ACTIVITIES

| S1 | Achievers                | Name of Event           | Grade/ Position |
|----|--------------------------|-------------------------|-----------------|
| 1. | Cdt RK Jugeshwor         | English Poem Jr         | 1st             |
| 2. | Cdt RK Jugeshwor         | Extempore Speech Jr     | 1st             |
| 3. | Cdt Abhishek Kumar Singh | Hindi Poem Jr           | 1st             |
| 4. | Cdt Nicolash Yengkhom    | Hindi Poem Jr           | 2nd             |
| 5. | Cdt Linthoi Moirangthem  | Hindi Debate (open)     | 2nd             |
| 6. | Cdt Nicolash Yengkhom    | Manipuri Declamation Jr | 3rd             |

**House Captain:**  
 Cdt Naoton Meitei  
 (Adm No. 3553)



**House Captain:**  
 Cdt Nivash  
 (Adm No. 3511)

**House Vice-Captain:**  
 Cdt Laishram Jasubanta  
 (Adm No. 3635)



**House Vice-Captain:**  
 Cdt Joyprakash Kh  
 (Adm No. 3643)



## ORCHID 2019-20 : HOUSE REPORT

Name of the House : **SHIVAJI HOUSE**  
 Housemaster : **Mr Laishram Amuba Singh**  
 Asst Housemaster : **Mr M Rabi Singh**  
 Affiliated Teacher : **Mr James PD , Mr Kh Premananda Singh, Mr P Rajeshwor Singh**  
 Hostel Supdt/Ward Asst: **Mr H Aristotle**  
 House Captains : **Cdt Roju Singh (3544) & Cdt Ksh Gavashkar (3513)**  
 House Vice Captains : **Cdt Y Staywin (3627) & Cdt Hingpa Stoipa (3937)**



### ACHIEVEMENTS

#### ACADEMICS

| S1  | Adm No | Achievers              | Class | Examination Name | Grade/ Position |
|-----|--------|------------------------|-------|------------------|-----------------|
| 1.  | 3597   | Cdt Aditya Singh       | X     | AISCE            | 93.2%           |
| 2.  | 3542   | Cdt Anurag Kh          | XI    | Annual Exam      | 78%             |
| 3.  | 3701   | Cdt Pointing T         | IX    | Annual Exam      | 91.9%           |
| 4.  | 3723   | Cdt Manglemba          | IX    | Annual Exam      | 91.3%           |
| 5.  | 3813   | Cdt Raj Yumnam         | VIII  | Annual Exam      | 91.8%           |
| 6.  | 3795   | Cdt Siddhant           | VIII  | Annual Exam      | 86.87%          |
| 7.  | 3782   | Cdt Gitex Oinam        | VIII  | Annual Exam      | 85.56%          |
| 8.  | D-267  | Cdt Loyanganba         | VII   | Annual Exam      | 95.71%          |
| 9.  | 3862   | N Anthony              | VII   | Annual Exam      | 92.76%          |
| 10. | 3870   | Cdt Tomthinganba       | VII   | Annual Exam      | 90.44%          |
| 11. | D-263  | Cdt Alex Laishram      | VIII  | Annual Exam      | 93.53%          |
| 12. | 4008   | Cdt Naresh M           | VI    | Annual Exam      | 96.67%          |
| 13. | 4021   | Cdt Shitaljit Laishram | VI    | Annual Exam      | 91.04%          |
| 14. | 4011   | Cdt Deipayon           | VI    | Annual Exam      | 89.41%          |
| 15. | 4047   | Cdt Balchandra         | VI    | Annual Exam      | 86.67%          |
| 16. | 4050   | Cdt L.C. Smile         | VI    | Annual Exam      | 85.87%          |

#### NDA / NA ENTRY

| S1 | Adm No. | Achievers     | Achievements       | Course |
|----|---------|---------------|--------------------|--------|
| 1. | 3542    | Cdt Anurag Kh | UPSC Written Clear | 144    |

#### SPORTS / MISC ACTIVITIES

| S1 | Name of Event                                     | Category | Position     |
|----|---------------------------------------------------|----------|--------------|
| 1. | Inter House Drill Competition                     | Jr       | 1st          |
| 2. | Inter House Basketball Championship               | Sr       | 2nd          |
| 3. | Inter House Badminton Championship                | Open     | 2nd          |
| 4. | Inter House Volleyball Championship               | Sr       | 2nd          |
| 5. | Inter School National Games (Adison H. 3608) U-17 |          | Participated |

#### CO-CURRICULAR ACTIVITIES

| S1 | Achievers         | Name of Event             | Grade/ Position |
|----|-------------------|---------------------------|-----------------|
| 1. | Cdt Nicolas N     | Manipuri Declamation (Jr) | 1st             |
| 2. | Cdt Alex L        | English Declamation (Jr)  | 1st             |
| 3. | Cdt Justin W      | English Extempore (Jr)    | 2nd             |
| 4. | Cdt Bhavananda    | Manipuri Decalamtion (Sr) | 3rd             |
| 5. | Cdt Bhavananda    | Hindi Debate (open)       | 1st             |
| 6. | Cdt Leechinghenba | English Declamation (Sr)  | 2nd             |

**House Captain:**

Cdt Roju Singh  
(Adm No. 3544)



**House Captain:**

Cdt Ksh Gavashkar  
(Adm No. 3513)



**House Vice-Captain:**

Cdt Hingpa Stoipa  
(Adm No. 3937)



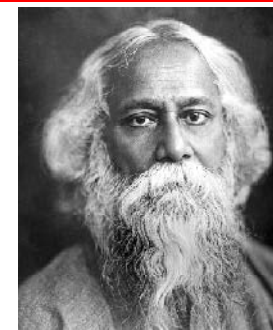
**House Vice-Captain:**

Cdt Y Staywin  
(Adm No. 3627)



## ORCHID 2019-20 : HOUSE REPORT

Name of the House : **TAGORE HOUSE**  
 Housemaster : **Mr Ph Joysanker Sharma**  
 Asst Housemaster : **Mrs L Bhabini Devi**  
 Affiliated Teacher : **Mr Tapan Kanti Nath, Mr S Tiken Singh & Mr M Jiten Singh**  
 Hostel Supdt/Ward Asst: **Mr Rishikanta Singh**  
 House Captains : **Cdt Rabikanta (3799) & Cdt Zakariyyah (3575)**  
 House Vice Captains : **Cdt Yambem Okendrajit (3640) & Cdt W Rameshchandra (3653)**



### ACHIEVEMENTS

#### ACADEMICS

| S1  | Adm No | Achievers            | Class | Examination Name | Grade/ Position |
|-----|--------|----------------------|-------|------------------|-----------------|
| 1.  | 3519   | Cdt Allison          | XI    | Annual Exam      | 86%             |
| 2.  | 3630   | Cdt Sital Oinam      | X     | AISSCE           | 92.6%           |
| 3.  | 3640   | Cdt Y Okendrajit     | X     | AISSCE           | 94.2%           |
| 4.  | 3646   | Cdt Helio Yumnam     | X     | AISSCE           | 92.2%           |
| 5.  | 3653   | Cdt W Rameshchandra  | X     | AISSCE           | 94.4%           |
| 6.  | 3708   | Cdt L Digbijoy       | IX    | Annual Exam      | 90.2%           |
| 7.  | 3814   | Cdt Salam Arbin      | VIII  | Annual Exam      | 95%             |
| 8.  | 3793   | Cdt Basanta Asem     | VIII  | Annual Exam      | 92%             |
| 9.  | 3833   | Cdt Bolin Laitonjam  | VIII  | Annual Exam      | 93%             |
| 10. | 3780   | Cdt Johnson L        | VII   | Annual Exam      | 92%             |
| 11. | 3957   | Cdt Leitanthem Tinku | VII   | Annual Exam      | 91%             |

#### NDA / NA ENTRY

| S1 | Adm No. | Achievers         | Achievements       | Course |
|----|---------|-------------------|--------------------|--------|
| 1. | 3575    | Cdt Md Zakariyyah | UPSC Written Clear | 144    |
| 2. | 3519    | Cdt Alison        | UPSC Written Clear | 144    |
| 3. | 3520    | Cdt Platinum A    | UPSC Written Clear | 144    |

#### SPORTS / MISC ACTIVITIES

| S1 | Name of Event                         | Category | Position |
|----|---------------------------------------|----------|----------|
| 1. | Inter House Football Championship     | Sr       | 2nd      |
| 2. | Inter House Volleyball Championship   | Jr       | 2nd      |
| 3. | Inter House Table Tennis Championship | Open     | 1st      |
| 4. | Inter House Football Championship     | Jr       | 3rd      |
| 5. | Inter House Badminton Championship    | Open     | 3rd      |

#### CO-CURRICULAR ACTIVITIES

| S1 | Achievers                    | Name of Event             | Grade/ Position |
|----|------------------------------|---------------------------|-----------------|
| 1. | Cdt Platinum Arambam         | English Declamation (Sr)  | 2nd             |
| 2. | Cdt T Paikhomba              | Manipuri Declamation (Sr) | 1st             |
| 3. | Cdt R.K. Sananungtheelchaiba | Extempore (Jr)            | 3rd             |
| 4. | Cdt Bolin Laitonjam          | English Debate (Jr)       | 2nd             |
| 5. | Cdt Preran Akhanda           | East Zone Debate Comp     | 1st             |
| 6. | Cdt Job Thokchom             | Manipuri Poem recitation  | 1st             |

**House Captain:**  
 Cdt Rabikanta  
 (Adm No.3799)



**House Captain:**  
 Cdt Zakariyyah  
 (Adm No. 3575)



**House Vice-Captain:**  
 Cdt Yambem Okendrajit  
 (Adm No.3640)



**House Vice-Captain:**  
 Cdt W Rameshchandra  
 (Adm No. 3653)





## ORCHID 2019-20 : HOUSE REPORT

Name of the House : **TIKENDRAJIT (CLASS VII)**  
 Housemaster : **Mrs Sarjoo L**  
 Affiliated Teacher : **Mr A Sochen Singh**  
 Hostel Supdt/Ward Asst: **Mrs Priya Devi**  
 House Captain : **Cdt Leechinghenba L (3618)**  
 House Prefects : **Cdt Md Alkabir Khan (3806),**  
                               **Cdt Surajnganba Singh (3762) &**  
                               **Cdt Pibarel Lairenlakpam (3784)**



### ACHIEVEMENTS

#### ACADEMICS

| Sl  | Adm No | Achievers             | Class | Examination Name | Grade/ Position |
|-----|--------|-----------------------|-------|------------------|-----------------|
| 1.  | 4008   | Cdt Naresh M          | VI    | Annual Exam      | 1st             |
| 2.  | 4006   | Cdt N Sailesh Singh   | VI    | Annual Exam      | 2nd             |
| 3.  | 4085   | Cdt Denish Th         | VI    | Annual Exam      | 3rd             |
| 4.  | 4024   | Cdt Rojit Ningthoujam | VI    | Annual Exam      | 4th             |
| 5.  | 4089   | Cdt Mohsin Khan       | VI    | Annual Exam      | 5th             |
| 6.  | 4026   | Cdt Homendro          | VI    | Annual Exam      | 6th             |
| 7.  | 4045   | Cdt Srikant L         | VI    | Annual Exam      | 7th             |
| 8.  | 4021   | Cdt Sitaljit L        | VI    | Annual Exam      | 8th             |
| 9.  | 3999   | Cdt Md Mass           | VI    | Annual Exam      | 9th             |
| 10. | 4082   | Cdt M Yaikhomba       | VI    | Annual Exam      | 10th            |

#### CO-CURRICULAR ACTIVITIES

| Sl | Achievers         | Name of Event         | Grade/ Position |
|----|-------------------|-----------------------|-----------------|
| 1. | Cdt Abishek Kumar | Hindi Poem Recitation | 1st             |

#### SPORTS / MISC ACTIVITIES

| Sl | Name of Event      | Category           |
|----|--------------------|--------------------|
| 1. | Cdt Avinash Konsam | Cross Country Open |
| 2. | Cdt Richard Mutum  | Cross Country Open |
| 3. | Cdt Richard Mutum  | 3000m race Jr      |
| 4. | Cdt Bm Awej Shah   | 100m race Jr       |
| 5. | Cdt Bm Awej Shah   | 200 m race Jr      |
| 6. | Cdt Bm Awej Shah   | 4x100m rally Jr    |

**House Captain:**  
 Cdt Leechinghenba L  
 (Adm No 3618)



**House Prefect:**  
 Cdt Md Alkabir Khan  
 (Adm No. 3806)



**House Prefect:**  
 Cdt Surajnganba Singh  
 (Adm No 3762)



**House Prefect:**  
 Cdt Pibarel  
 Lairenlakpam  
 (Adm No 3784)



**ORCHID 2019-20 : HOUSE REPORT**

|                        |   |                                                          |
|------------------------|---|----------------------------------------------------------|
| Name of the House      | : | <b>TIKENDRAJIT (CLASS VI)</b>                            |
| Housemaster            | : | <b>Mrs Ksh Brojeshwori Devi</b>                          |
| Affiliated Teacher     | : | <b>Mr Basanta</b>                                        |
| Hostel Supdt/Ward Asst | : | <b>Miss Th Sunita</b>                                    |
| House Captain          | : | <b>Cdt Leechinghenba L (3618)</b>                        |
| House Prefects         | : | <b>Cdt Priojit (3875)</b><br><b>Cdt Samananda (3906)</b> |



## ACHIEVEMENTS

## ACADEMICS

| Sl | Adm No | Achievers | Class | Examination Name | Grade/ Position |
|----|--------|-----------|-------|------------------|-----------------|
| 1. | 4141   | Cdt Varun | VI    | Educity Wizard   | Competition 6th |

## CO-CURRICULAR ACTIVITIES

| Sl  | Adm No. | Achievers           | Name of Events |
|-----|---------|---------------------|----------------|
| 1.  | 4132    | Cdt Lengoulén       | 100m race      |
| 2.  | 4157    | Cdt Deepesh         | 100m race      |
| 3.  | 4154    | Cdt Vishal          | 100m race      |
| 4.  | 4152    | Cdt Lanthoi         | 100m race      |
| 5.  | 4117    | Cdt Malemnganba     | 100m race      |
| 6.  | 4166    | Cdt Thon            | 100m race      |
| 7.  | 4167    | Cdt Ariyan Mauriya  | 200m race      |
| 8.  | 4136    | Cdt Md Sadique      | 200m race      |
| 9.  | 4169    | Cdt Pawankumar      | 200m race      |
| 10. | 4114    | Cdt Rajkamal        | 400m race      |
| 11. | 4129    | Cdt Y Milan         | 400m race      |
| 12. | 4151    | Cdt Yaikhomba       | 400m race      |
| 13. | 4147    | Cdt Sanathoi        | 3 legged race  |
| 14. | 4124    | Cdt Th Arvind       | 3 legged race  |
| 15. | 4109    | Cdt Denish          | 3 legged race  |
| 16. | 4144    | Cdt Savei Frederick | 3 legged race  |
| 17. | 4150    | Cdt Ehinglaiphaba   | 3 legged race  |
| 18. | 4130    | Cdt Lengoulén       | 3 legged race  |

**House Captain:**  
Cdt Leechinghenba  
(Adm No.3618)



**House Prefect:**  
Cdt Priojit  
(Adm No. 3875)



**House Prefect:**  
Cdt Samananda  
(Adm No. 3906)





## English Section



*Editor:*

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*Padet Editors*

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**Cdt Siddhant**



## A TRIP TO NDA



When I heard that top 9 of each class from VII – XI for the academic session 2018-19 would be selected for NDA tour, I was excited because I knew I would be there. The D-day finally came; it was 24 May 2019. That morning, before we went to the Mess, the teachers made sure all the cadets concerned were present. Then we went to the airport and departed from the state. We went to Pune by two flights, one from Manipur to Hyderabad and another from Hyderabad to Pune. We reached Pune around 1500 hrs. We landed safe and sound. A bus was waiting for us, we boarded it and reached an army barrack at around 1800 hrs. Next morning we woke up around 0400 hrs, had breakfast and headed for the College of Military Engineering. When we reached there, we were guided by an officer. He took us to an area where antiques of various kinds - vehicles, tools, artillery, boat, bombs etc. were kept. Then we went to a big pond and enjoyed the site.

Finally we met some trainees who escorted us. Then we headed for the Mess and had snacks. We also went to a hall where medals, trophies and achievements were displayed. Then an officer came

and interacted with us. He showed us a motivational video too. After that, packed lunch was served inside the bus. Again we went to APTC and met two trainees who showed us the gym, swimming pool, gymnastic hall etc. After all this sight seeing, interactions, etc we were exhausted. We all had a good night's rest.

Next day, we went out early for NDA and mostly for witnessing the passing out parade. When we reached NDA, I had the feeling of nationalism, patriotism and realised how one has to work hard to be a soldier. We went to a big drill ground called Khetarpal Parade Ground. Air Chief Marshal BS Dhanoa, PVSM, AVSM, YSM, VM, ADC Chief of the Air Staff was the reviewing officer for the passing out parade of 136<sup>th</sup> course. A total of 291 cadets were graduating from the academy. The drill performed by them was marvellous, better than ours. They coordinated their movements perfectly. After the passing out parade, we met some of our ex-cadets. They told us about their daily routine, how they were trained, how they passed the UPSC exam etc. After sunset we witnessed 'the light and sound show' related to the history of NDA.

The next day, we went to the Air Force Station, Pune. There we learned about jet planes-how they work and their role. We met an officer who led us to Repair Depot where they check and repair aircrafts. He also informed us that in such places jets are repaired, fire is common and one has to be cautious. Then we were led to a building wherein weather is regularly monitored to ensure aircraft's safety. The officer in charge explained the procedure they follow. I was mostly motivated by the regard and respect, perks and allowances, the Armed Forces enjoy all over the world. It is a known

fact that such regard and comfort come out of pain, hardships, perseverance etc.

Finally I would like to thank Mr Thoiba, Mr Tapan and Mr Stephen for guiding us throughout the tour and specially, the school authority for providing such priceless exposure to the young cadets of SSI.



Cdt Loyanganba Leimapokpam  
Class: VIII-A, Adm No: D-267  
Shivaji House

## AMAZING FACTS

- A hedgehog's heart beats around 190 times per minute
- Sepaktakraw is a sport similar to throw ball but you cannot touch the ball with your hands. You can touch it with your legs and head.
- The participants of the Great Knaresborough Bed race run 2.4 miles with a bed that has four wheels and a passenger.
- Scorpions are fluorescent under ultraviolet light.
- The word 'peacock' is commonly used to refer to birds of both sexes. However, only males are peacocks and females are peahens.
- Catfish have 10 times as many buds as humans.
- The human heart pumps enough blood to fill three supertankers in a person's lifetime.



Cdt Pukhrambam Wilson Singh  
Class: VIII-A, Adm No: 3827  
Raman House

## A BRIEF LIFE HISTORY OF MICHAEL JORDAN

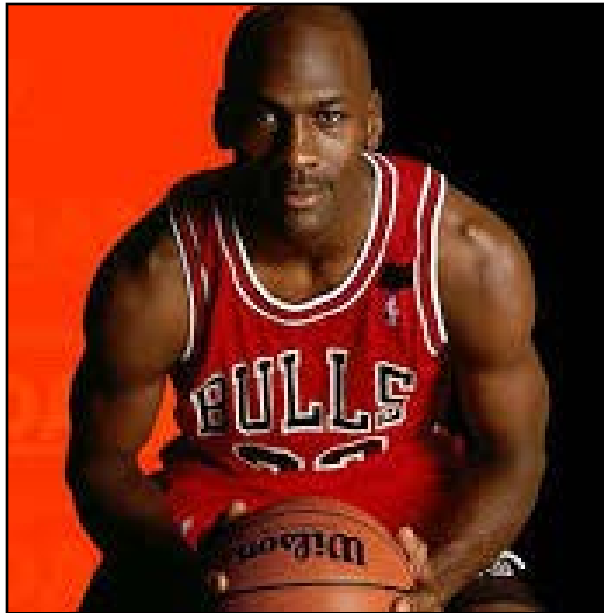
Basket Ball is my favorite sport. Michael Jordan is my favorite player. I want to write a brief sketch about him from World Biography for my friends and juniors. African American Basketball superstar Michael Jordan was born on February 17, 1963 in Brooklyn, New York. He was one of the five children in the family. Little did he know that he would soon grow up to become one of the greatest players in a game of basketball. His father, James Jordan, worked as a General Electric plant supervisor. He taught Michael to work hard and not be tempted by street life. His mother Doloris Jordan worked at a bank. She taught him to sew, clean and do laundry. Jordan loved sports but he failed to make his high school basketball team as a sophomore. He continued to practice and made the team the following year.

After high school, he accepted a basketball scholarship to the University of North Carolina where he played under the head coach Dean Smith. He left North Carolina after his junior year and was drafted by the Chicago Bulls of the NBA as the third pick of the 1984 draft. Even before he joined the Bulls, he played in the summer 1984 United States Olympic basketball team and won the gold medal.

When Jordan was drafted by the Chicago Bulls, they were a losing team, drawing only around 6000 fans to home games. Jordan quickly turned that around. His style of playing and fierce spirit of competition reminded sportswriters and fans of Julius Erving who had been a superstar player during the 1970s. Jordan's incredible jumping ability and hang time thrilled fans around the league. In his very first season, he was a part of the All-star team and was honored the League's Rookie of the year

Later on, he became the first player since Wilt Chamberlain to score 3000 points in a single season!

He also improved on other aspects and he was



named Defensive Player of the Year in 1988. He was also named Most Valuable Player (MVP) of the league and he became the first player to lead the league in both scoring and steals. He was again named MVP in that year's All-Star game.

By adding such players like Dennis Rodman, Scottie Pippen, Bill Cartwright, Horace Grant and John Paxson around Jordan, the bulls created a very strong team and won three consecutive NBA titles in 1991 defeating LA Lakers/1992 defeating Portland Trailblazers and 1993 defeating Phoenix Suns. In 1992, Jordan played the Dream Team in the Summer Olympic Games in Barcelona, Spain.

Jordan owned another playoff MVP title in 1993. That summer, Jordan's dad was murdered by two men during a robbery attempt. Jordan was grief-stricken and his father's death combined with media reports about his illegal betting led him to announce his retirement from pro-basketball in October.

Jordan had won 3 straight NBA titles, 3 regular

season MVP awards, 3 playoff MVP titles and he was a member of the All Star team every year he was in the league. In just nine seasons he had become the Bulls all-time leading scorer. In 1994-95, Jordan played for the Birmingham Barons, a minor baseball team in the Chicago White Sox system. Although the 17 month experiments showed that he was not a major league baseball player, the experience and time away from basketball provided a much needed rest and opportunity to regain his love for basketball.

When he returned to bulls during the 1994-95 regular seasons, many wondered.....could he do it again?

He played well but was obviously rusty, and they were defeated in the playoffs that season. He became the tenth player to score 25,000 career points and was the second fastest after Wilt Chamberlain to reach that mark. The following seasons shined bright for the Chicago Bulls. They won another three consecutive NBA championship titles in 1995-96, 1996-97 and 1997-98. Jordan claimed his sixth NBA title in 1997-98 and retired again in 1999. Finally in September 2001, Jordan announced that he was ending his 3 year retirement to play for the Washington Wizard at the age of 38. However, he suffered a knee injury and missed the last part of the season marking the end of his career.. He finally ended his career.

Profitable endorsements such as Nike, as well as his own golf company made Jordan a multimillionaire. He was the highest paid athlete in 1997 with a \$30 million contract, the largest ever 1 year salary in sports.

(From Encyclopedia of World Biography)



Cdt Athilli Mark  
Class: X-A, Adm No: 3700  
Netaji House

## TEARS OF BLOOD

Hard to say when,  
But falls like rain,  
From the heart of weak;  
Like a fall from the peak.

Unable to know the reason why  
To me always gives a cry.  
Tears of blood shower upon,  
Slowly and silently by its own.

Freeze me like a freezing sea,  
But cares no one to see.  
Wails so loudly in fear,  
But cares nobody to hear.

Love fades away with time,  
Which in past gives rhythm.  
It left in the core of sorrow,  
And my heart fell in this sorrow.

Roses unbelievably turn dead,  
And falls like rain.  
Nature starts losing its bright beauty,  
When darkness approaches and steals its visibility.

None cares to my heart,  
As no one knows remedy of my aching heart.  
The torn pieces of my broken soul,  
Scatters as tears fall.

Countless moments I suffer,  
But to whom shall I refer.  
For all this sudden grief;  
As there is no man to believe.



Oh Lord! Help thy child!  
Trap in this world of wild;  
The wild which erases love,  
And creates hate high above;

Yet unable to know the reason  
It, only to me, gives a painful cry.  
Tears of blood shower upon,  
Slowly and silently by its own.



Cdt L Bhavananda Sharma  
Class: XI - A, Adm No: 3639  
Shivaji House

## AMAZING FACTS

- Bristol Fry and Son made the world's first chocolate bar.
- In Britain, a cup of tea is called 'cuppa' and more than 160 million cuppas are drunk every day.
- Chess boxing is a sport that combines chess and boxing.
- Extreme ironing is a sport that involves ironing in extreme condition such as rock climbing, scuba diving and running a marathon.
- Turtle can breathe out from their butts.
- Ostrich can run at a speed of 43 miles an hour. It's no wonder ostrich racing was practiced in Ancient Egypt and even today.
- Cows produce more milk when listening to classical music.
- Until Eighteenth century, the only diamond mines were in India.



Cdt Robertson Leichombam  
Class: VIII- A, Adm No: 3955  
Tagore House

## AMAZING FACTS

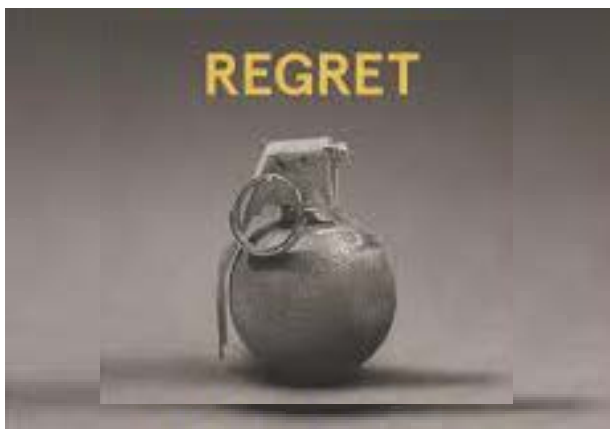
- A cat has 32 muscles in each ear.
- A cow produces 200 times more gas a day than a person.
- All porcupines float on water.
- A jellyfish is 95% water.
- Penguins have an organ above their eyes that turn salty water into fresh water.
- Cockroaches can live several days even after their heads are cut off.
- Gorillas can catch human cold and other human illness.
- Ostrich can run faster than horses.
- The tiger's legs are so powerful that they can remain in standing position even after they die.
- Kangaroo cannot walk or jump backwards.
- The lighter was invented long back before the match box.
- Rabbits and parrots can see what is behind them without turning their heads.
- Our heart beats about 100,000 times a day.
- The energy used by the brain is enough to light a small bulb.
- We blink our eyes about 20,000 times a day.
- The name "Himalaya" means the "abode of Snow".
- The Olympic medals contain at least 92.5% silver.
- Each golf ball has about 400 dimples on it.



Cdt Mutum Deeptendu  
Class: VII-A, Adm No: 4068  
Raman House



## ACT IN HASTE REPENT AT LEISURE



**T**o err is human. No man in this world is perfect. Every living soul in this world makes mistake. But we can learn from the mistakes we made. We may call it as a mistake if it is made for the first time. And call it so for the second time, I guess. But if it is made repeatedly, it is no more a mistake. However, there are some mistakes made for the first time. It comes back with a heavy price. One should always be careful. Mistakes cannot be prevented but still we can try.

As for my experience the one thing that comes in mind is - "Act in Haste Repent at Leisure". Yes, I committed a mistake and I regretted the mistake till today. My mistake landed somebody else in trouble. And it all started with the emotion called anger. It consumed me completely. But as soon as I acted on it, I regretted it badly. But it was too late. I could not undo it.

There is a saying that every action has a reaction. Well for my shameful act, I paid a heavy price and I learnt my lessons - to always think before I do something hasty. Hasty actions always lead to unpleasant consequences. Never let anger control you.

It is a curse. Wise decisions can never be made in anger. It will always be a regretful one. Whatever the situation, everybody should give a minute or two to think precisely whatever you act. Don't be in a hurry, balance your emotions and a sound judgment will follow. It isn't easy but everybody can try it.

Finally what I would like to appeal is 'Think Before you Act'. A sensible or logical action will always bring positive outcome.



Cdt Bolin Laitonjam  
Class: IX-B, Adm No: 3833  
Tagore House

### FACTS

- The First President of Zimbabwe is President Canaan Sodindo Banana.
- Neptune was first located through mathematical prediction.
- Unlike other planet Venus rotates clockwise.
- The first Dinosaur walked the earth around 230 millions years ago
- Gertrude Ederle was the first woman to swim across English Channel.
- The official currency of Bolivia is Boliviano.
- Brazil was named after a tree.



Cdt Robertson Leisangthem  
Class: VIII-A, Adm No: 3933  
Tagore House

## FATHER



Father!

How I can express my love for you!

Your guidance takes me away from darkness.

Your endless love and sacrifices,

Your hard work and care,

Your nurture and motivation,

Your smile and laughter,

Are forever precious.

Your love will always be cherished.

I will never let you down.

I will forever make you proud.



Cdt Kshetrimayum Dhanraj Singh  
Class: VI-B, Adm No: 4120  
Tikendrajit House

## BORN TO BALL NOT TO BRAWL

We know that in order to achieve a goal we need hard work and confidence. This works both in theory and practical. I think I can cite myself as the best example of this. I am a kind of person who loves sport especially basketball. I am in love with this game. I play various sports. But playing basketball has been my innate aspiration. I am most confident when I play basketball. Let us not forget academics also which must be a top priority for every cadet. My focus on academics comes next to basketball. I want to write about my experience with the sport.



My story started when I was selected for the basketball team that was going to represent Sainik School Imphal in the upcoming 'The East Zone Sainik Schools Sports and Cultural Festival Championship 2019-20'. Six different Sainik Schools of different states were to participate in the championship. This was a mega event. Every cadet was excited. Adding more to the excitement, this year the event was to be conducted in Imphal. It was really a good break for us. I was unable to participate last year. I felt so bad about myself. But this year I thought I won't miss this prospect. I was ready to stand with my teammates. We were so ready to face the rough and tough opponents. We had been told that they were really good and so we practiced heart and soul for the

event. Coaches from outside came and started training us. His name was Sir Aman who is soldier in Indian army. It was rough training. Honestly speaking it was not an easy one. Those few months of training had been a difficult one of course. But we enjoyed it. It is undeniable that we learnt new techniques.

The first event launched was a victory against Sainik School Punglwa. And the next few matches were followed with more triumph over other Sainik Schools. Some matches were very difficult whereas some easy. Those were turbulent days. Some went easy but most went rough. Each game made me wiser and a better player. Each game was a new lesson for me and my team mates. We grew bolder together. We fought together. At the end we managed to go to the finals. We were not very sure of the winner because it was league based competition. But we still expected to be the winner as we played well. The final match was played and the result was announced and to our great happiness and pride our team was declared the winner.

Sainik School Imphal had scored first position in East Zone Basketball Championship. The whole school celebrated the victory. Then the next question was 'Who will be the best player?'. Many people suggested my name. But I was not very confident about it. My third match with Sainik School Purulia was not very satisfying. I can say it was my worst game since I played basketball.



On the prize distribution ceremony which was held on the last day, the Chief Guest was distributing prizes to the winners. Names were called out for the best player for football, hockey, and volleyball. When the turn came for basketball, my admission number was called out. I didn't catch it at first. But when my name was called out, I was just taken aback. I didn't expect it at all. It was the most thrilling and blissful moment of my

life. I will always cherish that moment. Everybody was proud of me. My parents, my coach, my teachers, my teammates and my friends were all congratulating me. This jovial memory will last forever, even when I leave the school. Last but not the least I thank Sainik School Imphal for providing me this platform. I don't think I will receive this kind of achievement elsewhere had it been not for this great institute. I also want to show my gratitude to the coach who helped me in every way. He is the one who made me realise that talent and hard work can take us to the top. Our positive attitude and character will sustain our success. I also thank my teammates who stood by me and supported me in every way. I wouldn't have achieved anything without my team.



Cdt Th Ronel  
Class: X-A, Adm No: 3747  
Netaji House

## GOOD THINGS NEVER END

Hello readers! I would like to share with you a short story about friendship. One of my teachers told me this story.

Once upon a time, there lived two best friends, Jack and Jonny. They were travellers. They used to walk instead of going on vehicles because they earned little and were poor. One day they found themselves in a desert. Thirsty and tired, Jonny said, "Jack, let's drink some water. Take out the water bottle." Jack took out the water bottle and saw that there was little water. Jack said, "Jonny we can't drink the water. There isn't much." But Jonny didn't listen to him and started an argument. So, Jack slapped Jonny. Jonny was shocked but he kept quiet and wrote on the sand, "My best friend slapped me". After a few hours they found a lake and they were very happy. While swimming in the lake, Jonny was about to drown as



he could not swim properly. He shouted for help. Jack heard him and swam towards him. He saved Jonny. Then Jonny, out of gratitude, said, "I am happy to have friend like you". He then carved on the rock, "My best friend saved me".

Moral: He wrote two different feelings, one on the sand and another on the rock. One was a feeling of ingratitude and another one was gratitude. Feelings written on the sand are washed away. It is temporary. But the ones written on the rock will be fossils. They will remain forever. Let the bad approach be momentary. And let the good outlooks be eternal.



Cdt A Deipayon  
Class: VII-A, Adm No: 4 011  
Shivaji House

## RIDDLES

1. I'm tall when I'm young and I'm short when I'm old. What am I?
2. In a one storey pink house, there was a pink person, a pink cat, a pink fish, a pink computer, a pink telephone, a pink shower, every thing was pink. What was the colour of the stairs?
3. What has hands but cannot clap?
4. A house has 4 walls. All of the walls are facing south, and a bear is circling the house. What is the colour of the bear?
5. What is at the end of a rainbow?

## ANSWERS

1. A candle
2. There weren't any stairs; it was a one storey house.
3. A clock
4. The house is on the North Pole, so the bear is white.
5. The letter 'W'.



Cdt Deken Bhattarai  
Class: IX-A, Adm No: 3832  
Shivaji House

## RIDDLES

1. What is that room which does not have any doors and windows?
2. There were two trees where some birds perched. The bird of the first tree said, "If you send a bird to our tree then the number of bird will be equal in both trees". The bird of the second tree said, "If you send a bird to our tree then our number will be double of yours". What is the number of the birds in both trees?
3. An eagle was flying in search of food. It saw a rabbit and was about to dive in, when suddenly, it took shelter under a tree. Remember there was no predator around. Why did it do it?
4. A man wanted to cross a river. He had a fox, a chicken and a corn. He found a boat, but only one thing could be kept. How can he bring everything with

him safely to the other side?

5. There was a big party. In all the invitation there was a code. A man did not get the invitation and wanted to join the party. He went to the party but there were guards. So he listened and the guard said to a person "2" the reply was "3". Then to another "5" and the reply was "4" then to another "7" and the reply was "5". He went and he was asked "11". What is his answer and what is the code?

## ANSWER

1. Mushroom.
2. 5 birds and 7 birds.
3. Because it was raining.
4. First he will take the chicken on the other side of the boat then he will bring the fox and bring back the

chicken and he will take the corn and then come back to take the chicken.

5. The code was the number of letter in the number in word form. Eg:

- 2=TWO=3
- 5=FIVE=4
- 7=SEVEN=5
- 11=ELEVEN=6



Cdt Delbert Ningthemcha  
Class: VI-A, Adm No: 4137  
Tikendrajit House



## HURT

"When we hurt others physically the outcome is blood and pain but when we hurt others feeling the outcome is tears and sadness" - Anonymous

God is present everywhere. He has made all the living and nonliving things. The creator has given each one a gift. And he gave mankind the power to think. Mankind has got the power to judge what is right and what is wrong. With this gift we are also given a duty. And the duty is not to harm one another. So we must always keep this in mind and never hurt others.

We all know there is only one God. Though we call him by different names, his teachings are all same. We must love one another without any caste, creed,



colour or race. Love one another as we are the creations of God. That includes our enemy as well. Yes it is difficult to love our enemies. But we have to try.

Every individual has his own personality. It is developed during our interaction with different people in the society. An ideal person is the one who knows how to tackle people without hurting someone.

People work day and night to fulfill their requirements and to live in comfort. But these requirements should not be at the cost of hurting somebody else. As we are advancing so are the pressure and frustration growing, especially on the young minds.

People are driving towards their own desire at the cost of hurting others. We shouldn't be like this. There are certain tips we can follow to have a cleaner mind and habits. They are cleanliness of body and mind, dedication, forgiveness, co-operation and honesty. These traits can be escalated. If we empower these traits then everything will fall in perfect harmony. We should remember that if we hurt somebody intentionally, then somebody else may try and hurt us anytime. The table will turn to us someday. Never try to hurt other.



Cdt Tomthinganba Ngangom  
Class: VIII- C Adm No:3972  
Netaji House

## FEELING OF A POOR VEGETABLE SELLER

I am expressing the feeling of a poor vegetable seller. My aunt is one of them. At night they can't sleep because they are worried that their vegetables may be eaten by animals or may rot. The scenario of Manipur is not predictable at all. Every day is different. A single loss makes a lot of difference. They gain a little profit. Days come that they don't earn at all. Sometimes they are driven away by authorities and it becomes difficult to run their family. Survival becomes difficult. I wish I could do something. But as a kid I feel helpless. I pray to God that their suffering might be lessened.



Cdt Jeetson Nongmeikapam.  
Class :VII-C, Adm No: 4049  
Raman House

## LOVE

"LOVE" is a powerful word. This four letter word is one of the exclusive words which is full of deep emotion. It connects people with one another. We exist because we feel this emotion. It ranges far and wide. A mother loves her child, a son loves his mother, a boy loves a girl, a friend loves another friend etc etc. It never ends. It goes on. I doubt there will be people who can completely define this emotion.



Its inner meaning is as deep as the ocean. It differs from relation to relation. A person will never give up on the person he loves. For example, a mother will never give up on her child no matter what the consequences are.

It doesn't matter from where it started. A simple gesture or just a sight can make you fall in love. One cannot blame on how you fall in love. It doesn't matter from where it started. It is how we preserve it and how loyal we are to it.

One should never give up on the true love. It is not a game. Uphold it, nurture it and not destroy it. If a person cannot maintain it then don't fall in love at all. Let it be felt only to those who deserve it.



Cdt Enrique  
Class: X-B, Adm No: 3753  
Netaji House

## A LESSON LEARNT

It was during The East Zone Sainik Schools Sports and Cultural Championship 2019-20, the day when we were giving farewell to others Sainik Schools that the incident happened. My friend and I were selected for a duty. We were the pilot for the Chief Guest. Everything was ready. We were given the training. We were told to come out in the best way. We cut our hair. Everything was all perfect. When the D-day came, I was getting ready for it. It was also a proud moment for me as such opportunity comes very rarely. I was getting ready, polishing my shoes and perfecting my uniform. My partner came while I was dressing. He was the first one to dress up and come. He was looking very handsome. But as usual we started fooling around. Time flew but we weren't aware of it. Finally we were ready (which took a lot of time actually) and came out of the dormitory. We were walking along certain distance and there one of my friends told that our names were called numerous times. He further told us that the function would start in a minute. My heart sank when I heard it. I saw from a distance our NCC instructor was waiting for us. His expression showed that he was really very angry. We ran towards him as fast as we could. I didn't know I could run that fast actually. When we reached the spot we found two other friends were carrying out the duty assigned to us. We were replaced. I felt really bad. It really disappointed me. I just couldn't understand the situation for a while. We both stood there numb. Worsening the situation we were called in the office. Well now everybody can



understand how many perks we must have received. It was a horrible experience. Not because we got replaced but because we missed an opportunity. We were told to be in time. All this happened because of our carelessness. We paid our price. What troubled me even more was about my partner. He came in the right time. I got slightly carried away. I felt mainly responsible for everything. I just have this feeling even today that I should have been more careful back then. But nothing can be changed. And I guess everything happened for a reason. I learnt my lesson the hard way. I should always be in time. In fact I should always be ten minutes ahead. Unnecessarily I just let people down. Having taught to be in time has been like A B C... to us, especially for cadets of Sainik School, punctuality is taught from the very first day. If we are punctual, we will have less regrets in life.



Cdt Faiz Khan  
Class: IX-A, Adm No: 3808  
Netaji House

## FASCINATING FACTS

- The Thule was probably the first place to bring dogs into Greenland.
- The Blue Mosque in Istanbul is named so because of its blue-tiled interiors.
- The Self-Transcendence 3100 race involves running the same route covering an average distance of 59.6 miles a day for 52 days.
- Louis Antoine was the king of France for just 20 minutes.
- The Man Vs Horse Marathon is a race between horses and human beings. Till date (2019) only two humans have won.
- Race Across America is a transcontinental bicycle race where solo racers have to cycle 3,000 miles across 12 states in 12 days.
- It can take a month for a sloth to digest a simple meal.
- Shovel racing is a sport where participants sit on a shovel and race down a snowy slope.
- Einstein's mother Pauline had famously worried that baby Einstein's head was lopsided.
- Pigs are among the smartest of all domesticated animals and are even smarter than dogs.
- India was one of the richest countries till the time of British invasion in the early Eighteenth century.



Cdt Phalguni Sagolsem  
Class: VIII-A, Adm No: 3910  
Tagore House

## FRIENDSHIP

Human beings cannot live alone. We are social animal. It will be really painful to live alone. People need someone to share his joy with. When there are problems in life, they need somebody to talk with. In short we need someone to share our joy and pain. And I think a friend is the one who gives all these needs. We need somebody not only to share our joys but to advise us when we face obstacles. A true friend is an ocean of nectar. A true friend will motivate in every spheres of life. He will sacrifice his time and space if one is in need. He will sacrifice without any greed. He is a rare gem. One should be able to differentiate the bad from the good. It is difficult but we should know the difference.



Friendship doesn't mean mere exchange of sweet words but exchange of noble deeds. There is no place for jealousy, fake ideology and competition. There is only pride when a friend is achieving higher. The path to progress can only be maximised if one has a true friend. He will lead the way to success. One should be loyal to that true friend. If one has got a true friend, never let that person down.

I am one lucky boy. I also have few good friends. They lead me towards positive side. I am thankful to them always. I will be always with them as they are for me.



Cdt Awungshi Wornayung  
Class: VIII-C, Adm No: 3969  
Shivaji House

## RIDDLES TO SOLVE

1. A man went out of his house when suddenly someone started to call from behind him but he did not hear him. The man was not deaf so how did he not hear him?
2. A train departed from a station. The train was moving in a straight line. In which direction did the smoke blow?
3. A car and a van started off on a journey. The van was driving in front of the car. After driving a short distance, the van did not overtake the car. How was the van driving in front of the car?



## ANSWER

1. The man was wearing ear- piece and listening to music.
2. We do not know whether the train gives out smoke or not.
3. In the beginning of the journey the van was driving in front of the car.



Cdt Savei Frederick Vekhe  
Class: VI-A, Adm No: 4144  
Tikendrajit House

## BECOMING FAMOUS

My topic will be confusing to many readers. I chose this because I want to be a successful person in life. I have not become one but I will try to achieve it. People have their own way of achieving it. Some define success by joining NDA, others by becoming medical officer, engineer, businessman, etc. I want to become famous through social media like Likee, Tik Tok, YouTube etc and many others. People who become famous through these platforms are like celebrity. We know about their lifestyle. They look so cool. I am inspired by them. But hard work and dedication are necessary. They also work very hard. Their videos need to be viewed and liked by people. They can't just upload a video. If it is about information then they need to gather loads of information. If it is about health then they need to do a lot of research.



I like them because they are known all over the world. They are famous everywhere. Not just locally but globally. I want to be famous all over the world like them. One may be surprised by my way of becoming famous. But this is just the opinion of a young boy.



Cdt Th Henary  
Class: VII-B, Adm No: 4053  
Shivaji House



## I LOVE THAT I AM ONE AMONGST 102

We came together as 102 cadets. We were young and confused boys. We were too young that we couldn't express our thoughts properly. Our emotions lay buried in our hearts. Being juniormost in the school, we could not express our feelings freely. We were advised to be united as much as possible. The sense of unity had been imbibed in us so strongly that it is hard to break even now. Our innate feelings stayed somewhere hidden. We tried to be in control as much as possible but sometimes it slipped from us. At times we went beyond the rules. And somehow our young hearts enjoyed it. We had named our batch 45 BULLZ. We had to maintain the dignity of our batch. As we grew up our strength lessened. It came down to 95. Nevertheless we stood by one another as always.

When the division of the houses came, it was a sad feeling. We settled in four different houses. Though

sad we adapted to our new houses. Eventually we developed house belongingness. The environment was completely different there. Later on 3 new friends were added. At first they found it difficult to adjust to the environment. But later they too overcame it.

There are some unforgettable memories. We could change our uniforms in 5 minutes. Those endless days of drill too can't be forgotten. We laughed and cried together. We endured quite a lot together. And I don't regret any of it. I am blessed that the school gave me the opportunity to meet my lifelong friends. May God bless us all.



Cdt Hurbanash Mangang  
Class: IX- B, Adm No: 3823  
Shivaji House

## AN EPITAPH IN NO MAN'S LAND

I am seeing nothing now,  
But this screen of dark clouds.  
I am traumatised on this ground,  
Far far away from the city crowds.  
I ran 25 miles each day  
With all sweat and dust on my face  
Only to find out - on the final day.  
I've been digging my own grave  
I am sitting with a nation's rifle  
And two frags clinging on my belt  
And in my pocket there fits a Bible  
And in my ears it's the church's bell  
If I come back sleeping in a coffin

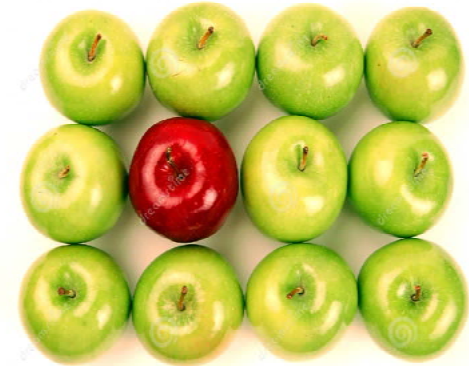


Grab yourself Mom, stand strong  
I know you'll cry but don't cry too much  
Get closer to my ears instead and sing our favourite song  
I don't regret having given up on this field  
But just this pain on my bloodied chest  
Mother Mary has come to rescue me  
Maybe, I am assuming, it is time to rest.



Cdt Melvin  
Class: X-B, Adm No: 3684  
Raman House

## THE GIRL IN THE CROWD



Brimming with exuberance,  
You were the finest.  
When I looked towards the crowd,  
You shone the brightest.

Told you what I felt,  
Because I felt that it was right.  
Your response made my day,  
Finally, I saw a light.

Not meeting you for a few days,  
Seemed like a year.  
I didn't like to be left alone,  
It was hard to bear.

Then you left forever,  
Because I couldn't afford the luxury.  
Don't care about you anymore,  
Because you are just a memory.



Kh Siddhant Singh  
Class : IX - A, Adm No: 3795  
Shivaji House

**NDA TOUR: MY TURNING POINT**

The NDA tour that I took in the month of May is the most exciting thing that happened to me. That was a very memorable journey in my life. We stayed one night at our school campus in Raman House. The next day was an exciting day. After breakfast, we went to Kalpana Hall and met our AO, Wing Cdr D Shankhwar. He told us that Pune is a beautiful city and NDA is in Pune. He gave us instructions and advices on how to conduct ourselves during the journey. Soon we set off for the journey from our school. Then we created our whatsapp group. Every group photo or video taken was to be shared in this group. Then we took off.

After two and half hours of flight we reached Hyderabad. And then finally I saw myself with the group at Pune Airport. Pune turned out to be good. But Imphal has the best weather. Outside the airport we waited for around 30-40 minutes. Mr Thoiba, Social Science teacher who was the guide of the tour told us that bus would be arriving shortly. It was very hot. And then our journey began. After a while we reached our station. The place was a training centre for soldiers. And we stayed in the barracks allotted. The room and the bed were comfortable. The next day we went to CME (College Of Military Engineering). There the instructors took us to the Army Museum. We wandered there for about 40-50 minutes. The surprising thing about the building was that it was built by British long ago. But still it looks as good as new. After the tour we met a Major. He lectured us about

the Cadets Training Wing. We had refreshment in their mess. Then we went to AIPT where the PTIs are trained. Next day the plan was to go to NDA.

Next morning, we woke up at around 4 am. We washed and went to the Academy. There were many



check posts on the way. At last, we reached the Academy. There I remembered the advice given by our AO. He told us to be disciplined. He had also told to ask many questions. We got the chance to watch the NDA Cadets' drill and it was one of the best. Their marching was a view to behold. I will never forget their astounding drill. Then we met our ex-cadets. They led us to their market. And I saw how big NDA was. It was very clean. Our brothers bought us many snacks and soft drinks. Then they shared their experiences in our school. They the importance of discipline and studies during school life. They even shared some of their best secrets. Then we took a tour of the academy. They explained some of the significance of the building

to us. I went inside the Cadets' Mess. It could accommodate nearly 3000 people. We were dumb founded to see its beautiful garden. It was well maintained. I also learned that there are 19 squadrons in NDA. Cadets cannot enter the squadrons without permission. After that we saw 'the light and sound show' which was the most thrilling show I ever saw. It was in Sudan Block. Two screens were showing the same video. The whole big building was lit up with fireworks. I had never seen anything like that. That mesmerising moment was an inspiration for me. That moment I decided I should join NDA. The tour cultivated in me the desire to work hard and join the Academy in few years time. We stayed in the campus for 16 hours. It was worthy hours for me.

Next day we went to the Air Force Station, Pune. We learnt many things about jet planes. Though I didn't get a chance to touch, some of us did. We also met other Sainik School Cadets. And last but not the least; we went to a shopping mall. That was another awesome experience. Through this tour I gained a lot. I grew wiser and experienced. Above all what really captivated me was the day when I went to NDA and saw the men in uniforms. Their discipline and courage boosted me. I dream of becoming like them. Someday I hope to give the tour to my juniors.



Cdt Naresh Moirangthem  
Class: VII-B, Adm No: 4008  
Shivaji House

## JUST LIKE YOU, JUST LIKE ME

Just like you, just like me  
You, like me, are  
Brooding over,  
Wanderlust,  
Seeking the voyage,  
Trying to touch the sky.

But if we are given wings to fly,  
We dare not spread our wings.  
We are confined behind the curtains.  
We fear the barrier set by our own,  
Woebegone! A desultory life!  
Just like you, just like me.

We are-  
Birds born in cages;  
Who think that flying is an illness  
Just like a 'broken winged bird'  
So much we are chained to its rhythm-  
That we no longer feel our own.

Just like you, just like me  
We are birds born with a belief,  
To sing only sweet melodies.  
Birds tamed under the golden cage,  
To make the perfect spin.  
So much we are chained to its step,  
That we no longer can take a step of our own.

All we need,  
Is an elixir to imbued our souls,  
To break our own railings.  
Freedom lies outside!  
The beautiful golden cage is vanishing slowly...  
Willing a turnover; just like the change in season  
Just like you, just like me  
Drifting towards the gust.

# EQUALIST



Cdt. Platinum Arambam  
Class: XII, Adm No: 3520  
Tagore House

## A NIGHTMARE

I struggled in my bed.  
I thought that horror held the house.  
I felt like my soul wanted to jump out of my body,  
I felt black all around.  
I couldn't free myself.  
I felt a big hand grasping me all around!  
I wondered what became of me!  
At last!  
A Dream! It was just A Dream!  
A dream of dread.

A bad dream! A nightmare!  
Relieved, I sigh!  
Thank You God!  
For it was just  
A Nightmare!



Cdt Satyajit Rajkumar  
Class: VII-A, Adm No: 4039  
Raman House

## NATURE, DAWN AND DUSK

Morning comes with the Sun peeping above the mountains,  
And the birds chirp joyfully beside the sparkling fountains.

As dawn breaks after its long nap,  
And the trees glisten as the sunlight hits its sap.

Then comes Afternoon, with its scorching heat.  
The leaves fall from trees, soon to be peat.  
With a hint of breeze along the humidity  
And Nature braving to face the calamity,  
For the heat is soaring higher and higher.



Finally comes Evening and the Sun starts to set.  
And comes Dusk, then the night bringing  
Along the stars and the moon as though they were its pets.  
The darkness fills Nature with new dark mysteries,  
Hiding away her joyful and happy histories.



Cdt Lalmalsawmzela  
Class: IX-B, Adm No: 3771  
Netaji House



## HOW CAN WE SAVE OUR PLANET?

Scientists say that 70% of the bird's population could be wiped out by the end of the century due to climate change. Today our planet is changing but people are not bothered about this. Because of deforestation many phenomenon such as landslides are occurring making thousands of people homeless and killing hundreds.

The level of pollution in the air is increasing due to factory smokes, car fumes, industry wastes, radioactive etc. The heat retained increases the temperature of the earth leading to Global Warming. This led to melting of ice in the coldest part of the earth. The sea level rises, causing flood in the coastal areas. People have a habit of using perfume which contains CFC (chlorofluorocarbon) making the ozone thinner. We even know that there is a big ozone hole at the Antarctica visible from the space. The ozone protects us from getting the harmful rays of the sun directly.

Ozone absorbs the radiation and breaks it down into oxygen. Because of the hole the sun's harmful rays directly hit the earth and melt the ice even faster. If not for the ozone layer, the radiation will give rise to many diseases. People are cutting trees and using them for multiple purposes. People are still ignorant that when we harm nature we are harming ourselves. There are many slogans such as "If you cut a tree, plant a new tree". After this century many animals and plants may become extinct. Even human existence is at threat.

So to put a stop to this we must take care of nature. We must pay a lot of attention to our mother nature. If we take care of nature we are taking care of ourselves. We must not litter plastics, wrappers and others which will take a lot of time to decompose. We must use paper bags instead of plastic polythene. "Say no to plastic polythene". We must use the three simple rules which are "Reduce, Reuse and Recycle". Garbage are lying in the junkyard with the foul smell and no one likes to go there. So we must first try to reduce it before dumping wastes harmful to earth.

We are littering many useful component, we must try not to do this and try to reuse. If we follow this simple rule and take care of our nature, we can save our planet and it will be a better place to live in.



Cdt Ngamthoiba Irengbam  
Class: VII-A, Adm No: 4044  
Tagore House

## MAKING UP FOR THE CHALLENGES

SAINIK SCHOOL EAST ZONE CHAMPIONSHIP is held every year for Sainik School Imphal( Manipur), Sainik School Goalpara (Assam), Sainik School Purulia (West Bengal), Sainik School Chhing Chip (Mizoram), Sainik School Punglwa ( Nagaland), Sainik School East Siang (Arunachal Pradesh). The above mentioned schools take turn to host the event alternately. For the academic session 2019-20, it was held in our school. Our school hosted the event with enthusiasm, zeal and proper planning.

All the teams put their best foot forward and gave their best performances. But ultimately our school team lifted up the Overall Championship Trophy. Even though we bagged the championship trophy our school volleyball and hockey team couldn't give their best. There were schools who played better at them. Otherwise the school football and basketball team came out as champions and went to participate for the Inter Zonal Championship. And it is a matter of great pride that the football team participated even at

the international level bringing laurels to the school. Just a few days later after the conclusion of EAST ZONE CHAMPIONSHIP, our school Vice Principal announced that there will be selection of cadets to train in football, hockey, basketball and volleyball for the cadets of classes 6 and 7. Those who are selected will be trained and practicing the game during PT timing and Game period under the instruction of our PT's. Our Vice Principal decided this because if we start playing from early stages, then we will be able to master the game after some years. Everyone joined one-one game eagerly wanting to be selected. I joined hockey and discovered that I could play it if I put in dedication. Everybody gave their best performance in the selection but most had been knocked out. Fortunately for the hockey there was no selection as we were less in number. It was not at all easy to train for the games. At times we even thought of quitting it but finally decided not to and I am happy I persevered.

Now we will soon be ready to face the challenges when our time comes.



Cdt: Denish Takhelchangbam  
Class: VII-A, Adm No: 4085  
Tagore House

## MOMENTS IN LIFE

Imagine yourself at the verge of your eternal rest. You try to look back into who you have been, how you have been in the land of the living for the seemingly long years of life! The memories that will hit you hard at the first place are going to be the petty yet vivid encounters that uplift your soul. Nevertheless, you induce yourself into those petty encounters that made you smile with

down these are the unnoticed assistance that create way for more eminent commitments. You are aware of the sense of accomplishment when you succeed. It is the aspiration for this that made you strive for more. The contrary is that success comes after depths of endurances.

Its an essence of life that failures and defeats will chase us often. Instead of being disappointed we have to learn from our flaws to achieve the success which we always strive in our journey .We should not wait for opportunity to create its

way but take the greatest risk and rise. Remember every cloud has a silver lining.

Moments in life matter, so does the journey. Find your future self from a not-so-dim-past. Be a person with wide perspective. I especially thank you for reading my article, I wish you the best for your life. CARPE DIEM!!



Cdt Laitonjam Roju  
Class: XII,  
Adm No: 3544  
Shivaji House

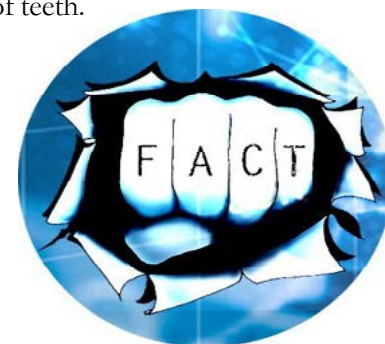


contentment. When you look, you will feel the urge of your heart to strive its way through the jubilant moment in the past.

The moments in life that give you euphoria of accomplishment need not always be impressive; think of the contentment you feel when you are reading the last page of a thick book, the childhood feat you perceived when you win a game of chess with your friend or when you get promoted to a higher class and what not! It may seem negligible in the set of achievement but deep

## AMAZING FACT

- Honey does not spoil; you could feasibly eat 3000 years old honey.
- A full head of human hair is strong enough to support 12 tons.
- Ravens in captivity learn to talk better than parrots.
- If you eat a polar bear liver you will die. Human can't handle that much vitamin A.
- Surf Dog Competition involves dogs surfing with human.
- Giraffes and humans have the same number of teeth.
- A dolphin's baby is called a calf.
- Sea cucumber eats with their feet.



Cdt Sh Neeraj Kumar  
Class: VII-A, Adm No: 4064  
Shivaji House

## SUCCESS

Success means working day and night.  
Missing in numeral nights.  
Just like walking across the thorny paths  
But success doesn't come easy.  
It comes with a huge price.  
It starts from the journey.  
Where one comes across bad influences,  
Temptation, pride, selfishness and so on.  
But if one keeps the focus,  
And continue his toil day and night.  
With a positive insight and right attitude.  
Success will definitely come to the one.  
Success is definitely not a destination but a voyage.  
Be focussed!  
Success will definitely be yours!



Cdt Laishram Homendro  
Class: VII-A, Adm No: 4026  
Tagore House

## A FATHER'S SACRIFICE

Firstly, I would like to tell you why I chose to write on this topic or what exactly struck my mind. It all happened because of an incident in my recent vacation. Let me tell you what the incident was.

One normal day, after I had my tuitions in the morning I was going through the posts of people in social media. While I was scrolling through, my eyes then stopped on a post. A post that is still highlighted in my mind and the main reason behind this article!

The post consisted of two photos. The upper photo showed a mother holding her baby on a bathtub depicting a mother's love towards her child. The second photo showed the same mother and her baby on the bathtub being carried by the father on back with struggle and hardship. And the caption of the post was "People talk about mother's love, but a very few appreciate about a father's sacrifice." The glamour of the picture and the caption made me realize something and so I prepared this topic. So, this was the incident I was talking about that finally led to this article. And I am grateful for getting this opportunity to write an article on this topic for the school magazine.

First of all, I would like to confess that I'm not comparing between a father's and a mother's love. It is a fact that the total home time duration that a father usually gets to stay in a day is hardly around five hours. The rest of the day is the workplace for him. See, who does not love to stay at home. I'm sure everybody loves home. A father's role in most families is to earn money to support the family. A mother has more time at hand to shower love and affection to the children. But for a son like me and you readers, our



father's inspiration should be our motivation; our father's pride should be our legacy and our aim should be our father's dream. It is high time that we start realizing this.

Most people when asked about their idols are mostly famous persons and professionals. But, if you ask me who my idol is, my only answer would be my 'old man'. He's truly a living example of leadership. To be better than him is my challenge, to make him

proud of me is my duty and to see him smile is my happiness. How a father handles a family inspires me the most. The call of my name on his lips brightens my day every time. Let me also give you a fact that will help you realize the difficulties of a father. When a father has a job or earns for the family, he has no valuable time to spend with his family. And when he is jobless and has time to spend with his family, there is financial problem. You can imagine by now how hard it is for him. A father's role in a family should not be taken lightly. His sacrifice for the family is what I want you people to be aware of.

I am a person who truly appreciates a father's dedication. To me, my mother is just like a pillow that comforts me and my father is just like a blanket that protects me. Lastly, I conclude that the only reason I dream to be a successful person is to see the smile of my parents.



Cdt Ronaldo M  
Class: XI-A, Adm No: 3707  
Raman House

## WINNER VERSUS LOSERS

The winner is always part of the solution;  
The loser is always part of the problem.

The winner always has a plan;  
The loser always has an excuse.



**WINNER  
VS  
LOSER**



The winner says, "Let me do it for you"  
The loser says, "That is not my job."

The winner sees a solution for every problem;  
The loser sees a problem for every answer.

The winner says, "It may be difficult but it is possible."  
The loser says, "It may be possible but it is too difficult."

Winners have dreams;  
Losers have schemes.

Winners are a part of the team;  
Losers are apart from the team.

Winners see possibilities;  
Losers see problems.

Winners see the potential;  
Losers see the past.



Cdt Raj Waikhom  
Class: VIII-A, Adm No: 3912  
Netaji House



## MY JOURNEY

My journey began from a very young age. But as I always say, "I don't remember how and when I started playing but it has always been football for me." Similar to all other journeys, this journey was not smooth all the way. I write this article with the hope that at least one person is inspired to chase their dreams, however crazy it might seem.

I was born in Pukhao Khabam, Imphal East District, Manipur. No big names! Just another village on the map. But this place became special to me. Not only because it is my village, but because it was where I discovered my passion and ultimately my dream. Well, football runs in the family. I inherited the desire from my father along with my other siblings. My father had always inspired me and gave me the push to pursue this dream.

But coming from a football family does not make anyone automatically a great player, you have to do it yourself. That is what my father taught me and what I learned many times. This whole "DOING IT YOURSELF" thing is really simple but again very hard to follow. It's simple but not easy. My advice is to realize your dream at a very young stage. Even so, parental support is a HUGE factor in achieving your dream. By God's grace, I found my love for football and my whole family supported me. My father was a professional player and had played for big clubs in India like Mohun Bagan, Churchill Brothers and Dempo S.C. Even my uncle and elder brother are great footballers. So, the bar was really high for me. I had big shoes to fit in. I had to practice even harder. I had played well in our school and luckily, it was noticed. I got to join the



school team and then the Subroto team. Due to sheer support, determination and hardwork, I managed to succeed and I got to join the prestigious football club Bengaluru FC Academy. My parents were really happy after I joined and told me to continue the scoring streak. I got to be a part of Naushad Moosa's BFCB and U-18 sides which took part in the Youth League; second division League, and the BDFA competitions. I got to play very well there too and managed to score a number of goals. I will travel to Slovenia for a training stint-cum-trial with ND Ilirija 1911. I got to score five goals as part of the Blue Tigers in the qualifying group in Uzbekistan. I also scored a hat-trick in the final as India won the U-15 SAFF Championship in Kalyani, West Bengal.

Even though successes are loud and known, I do not want the hard work behind it to go unspoken. It was not a walk in the park at all. I thank all my coaches, my friends, my teammates and upmost, my father. I urge each and every cadet in this school to pursue their dreams. I will keep on training, but as I leave the school, I will never forget my alma mater. I will remember the School and its grounds, my friends and the staff too. I hope you all will remember me too. Until then, STRIVE FOR YOUR DREAMS.



Cdt Sridarth Nongmeikapam  
Class: X -B, Adm No: 3674  
Tagore House

## "A CHANGED ME"

I failed when I was in class 5 in my half yearly examination. No matter how much I was forced to study, I couldn't get used to it. I was drowning in the pit of laziness along with my best-friend 'EGO'. But one night changed my whole life. My mother called the pastor without me being aware of it. His sermon lasted for around half an hour. He said that 'you better reform yourself or you will regret it'. I didn't care about what he said because I got that attitude plus a good kg of ego. Even though people took me to be a kid, my inner-self was really bad because I usually hangout with boys who are two times older than me. After he left I went to sleep but I just couldn't. The pastor's words kept ringing in my ear. I started feeling so guilty that I reminisced about my past-all the bad deeds that I have done so far. Soon, I started reforming myself and began to learn from my mistakes in the past and made it clear never to repeat it again. After day and night of burning midnight oil, hard-work started paying off. I passed my class 5 final examination with 60% plus and got promoted to the next higher class. The reason I shone was clear. When I fell into the pit, it seems like there was no coming back but I saw a ray of light and believed in myself that I could do it. See, if you commit a wrong deed or fail in exam, always remember this - picking ourselves up is the most important 'MAN'TRA'. It is never too late to pick oneself up. We just have to have the will and courage!



Cdt Tongminlal Kongsai  
Class: IX-C. Adm No: 3854  
Raman House

## THE REALIZATION OF MY NEW MIND

This was my first time studying in a military school. I didn't expect it to be too different from a public school. But I was wrong. There was a huge difference. It was totally ironical. My old school rules were tough but wasn't tough enough to blow my mind. It was just a piece of cake compared to my new school. In the previous school the routine was nothing unusual. Arriving at school 10 or 11 minutes before the bell, sit in the class, listen to teachers and read some lessons. And what's more- a few more homework. But the present one is exceptional. I had never experienced such strange rules in my life. However it is better. However it wasn't at all easy to adapt to this new atmosphere - the discipline, the early morning PT, the timely classes and schedules, the drill, mess etiquette etc. I take pride by studying in this school. I must follow the rules and regulation very strictly.

In the beginning, I was very much annoyed by our hostel superintendent waking us up. I was saddened by the thought of PT. When I ran PT for the first time, I couldn't bear it as I had never run like that before. But I had no



choice. I just did it and the exercises too. In the afternoon we were taught drill by our NCC instructors. We were fried in the sun for about one hour as we didn't know drill properly. The instructors were very serious. But at times they cracked jokes to make us more attentive.

After 3-4 months I totally adjusted to this new home. I realized that these routines are done to make us perfect in facing SSB but also to make us an all rounder when we pass out from this school. That's it. I had come here only for this. My parents knew this. That's why they sent me here. After only a few months of practice I could run PT properly. The PT had been building my body. My muscles were getting stronger. And I could run more than I expected. I

was giving up laziness and becoming more active. The TV timing was the most enjoyable time. It refreshed me and my exhausted body. It also helped me in improving my speaking skills as we used English medium in this school. Meanwhile newspapers helped me update my current affairs and gave more knowledge. I couldn't get these facilities anywhere else. My school has taught me so much. Mainly it has taught me to be hardworking and to never give up. Let us all love our school and enjoy the stay here.



Cdt N Sailesh Singh  
Class: VII-A,  
Adm No: 4006  
Netaji House

## THE MYSTERY ROAD

There was once a mystery road  
Which had neither starting nor ending point.  
There was no grass, no trees,  
No houses, no fields except for the endless road.  
I was standing on the road thinking,  
Where to go and where to walk.  
I was standing on the road thinking,  
What to do.



But at last I walk on the endless path  
Searching for someone who could help!  
I walked until I saw an open door.  
Wide open and its light reflecting all over the place.  
I walked till I reached there.  
And the open door vanished  
And I dropped down with confusion.  
I was sitting on the road thinking  
I could not find my home.  
I was still sitting, in the darkness  
Enjoying the darkness.  
I still am on the mystery road  
Where no one can find me.



Cdt Chingkheihunba Huidrom  
Class: VIII-C, Adm No: 3965  
Netaji House

## MY EXPERIENCE IN INTER-ZONAL-2019

After the victory of the East Zone Football Championship 2019 in both sub-junior and junior categories, both the SSI football teams were ready to face the rivals in the Inter-Zonal Tournament which would be held at Sainik School Amaravathinagar from 5 to 9 August 2019. With full of determination and high hopes, 30 players accompanied by two staff left Sainik School Imphal in the early morning of 3 August. We reached Imphal Airport at around 8 am. After the security check and other protocols, by 10 am, we left Imphal Airport. After travelling 2 hrs 30 mins, we reached Hyderabad Airport.

Then we boarded the flight bound for Coimbatore and reached there before dusk. From Coimbatore, we travelled around 90 kms by a mini bus to Sainik School Amaravathinagar. The journey from Coimbatore to SSA was memorable. The experience was an amalgamation of two languages and two lifestyles. The local people in charge of the bus talked in their language while we cheered up in our language. On the way we had our dinner also. We tasted a different kind of food but we managed such things suppressing discomfort. Finally we reached Sainik School Amaravathinagar at around 11.45 pm.

When we reached there, the unusual thing we faced was that U-14 and U-17 teams stayed in different dormitories. On 4 August, other teams had also arrived. The teams from other four zones were Sainik School Ghorakhal, Sainik School Rewari, Sainik School Bhubaneswar and Sainik School Korukonda. When we first entered the Cadets' Mess, we could see a wide difference- the food served and languages spoken by the mamas. Most of the people in Amaravathinagar



didn't know Hindi. So it was very hard for us to communicate with them. The weather was satisfactory; it was almost same as ours. The condition of the football grounds was not good as compared to us. The grounds were mostly covered with sand and pebbles. The areas were mostly surrounded by hills and many animals like peacocks, squirrels, monkeys etc and wild boars were also there near and inside the school. The canteen has some rules for the cadets. We are provided tokens to buy eatables from there. We also learn some languages from the locals. 'Anna' means uncle and 'neer' means water. I learnt them during my stay there.

The inaugural match of the Inter-Zonal Football Championship 2019 on 5 August was between SS Rewari and SS Bhubaneswar. SS Bhubaneswar won by 1-0. The next match was between SS Ghorakhal and SS Korukonda. They played in the afternoon session and SS Ghorakhal won by 3-1. On 6 August, we (junior team) played with SS Bhubaneswar and won by 4-0. The afternoon match was between SS Ghorakhal and SS Rewari. On 7 August, SS Korukonda defeated SS Bhubaneswar by 2-1. In the following match between our team and SS Ghorakhal,

we had to play really hard because it would be our team's deciding match. That match was thrilling and it took the hearts of the supporters of both teams. Most of them were strong and tall. On the other hand, we did not give up and we showed a lot of our skills and strength to defeat them.

The referee sounded the final whistle and we realised that we had won it. 2-1. In the next match, we played with SS Rewari and won 4-0. In the last match, we played with the defending champion, SS Korukonda and we lost by 2-1. In goal difference, we were at the top and so we retained the coveted trophy. The tournament gave us a chance to make friends with the cadets other Sainik Schools.

To conclude, I would say we had a wonderful stay in Amaravathinagar. I am thankful to our school for providing such opportunities in our school life. The road to Sainik School Amaravathinagar will always be an exciting and memorable experience.



Cdt Khundrakpam Suraj Singh  
Class: X-B, Adm No: 3738  
Shivaji House



## THE MOON



With a glittering light,  
 In a peaceful night,  
 We see the moon,  
 Among twinkling stars in the sky.  
 We seldom see the moon during daytime.  
 But it is clearer in a beautiful night sky,  
 With softness of air,  
 We see the moon.  
 In the village where the sky is clear,  
 We see the beautiful moon.  
 But in the city where there is smoke and dust,  
 We cannot see the beautiful moon.  
 We see the moon,  
 In different shapes every day.  
 It is a very beautiful celestial object,  
 That we see in the night sky every day.



Cdt Phijam Nilinson Singh  
 Class: IX-B, Adm No: 3803  
 Raman House

## WORK IS WORSHIP

A person who does not work can't achieve anything in his or her life. As long as our life is moving ahead, we must keep on working. And to work with honesty and sincerity is to 'Worship the God'. Those who don't complete their work or shrink away from their responsibilities of life are culprits before God. The objective of our life is to lessen the sufferings of mankind and to spread happiness. So, we must work round the clock and we must work in the interest of the society and also in the interest of mankind. The potential of an individual is exhibited by the kind of work he does. Working hard with morals either suppresses or helps get rid of all the evils from our personality. Real happiness lies in doing works which give us satisfaction.



We may be any professional but we know this fact that if we work hard we will always be happy. Our life cannot exist without work. Imagine what if the sun does not shine, farmers do not cultivate, teachers do not teach and doctors do not treat their patients. Then the world would collapse! So, we all must work hard with our full capabilities. Truth, honesty and dedication are a must in every part of our actions. To have a fruitful harvest, we must sow the seeds and should never forget to irrigate the fields regularly.



Cdt Chitaraj Wahengbam  
 Class: VIII-C, Adm No: 3960  
 Netaji House

## SUMMER THING

Summer vacation is a wonderful time, the time we soak in leisure. We feel so relaxed and jubilant. I always wait for this vacation because that's when I spend a lot of time with my family and share feelings with them. There is a saying: in one's life, one encounters different experiences. I think that's very true. This is the time when we are infused with different experiences. Like other institutions, we have our own summer vacation for more than a month and it falls in the months of May and June. As a senior, I'd take you through my wonderful summer experiences with my own views.



A Sainik School boy's summer is always different compared to others, as it's supposed to be, and so is mine. Summer vacation is a short period in a year where we enhance social skills, and so I get to meet a lot of different people ranging from my three month old niece to an 83 year old lady. The vacation feeling makes us feel more competitive. Talking about my experience in school, I along with my school mates have competed and went on to defeat many other schools in different tournaments at every level. Winning football and basketball matches effortlessly made us feel as if we were one of a kind. Of course, we were. Competing with other schools gives us a clear idea of where we stand and who we are. This is definitely a confidence booster.

Tuition is one of the best parts of summer vacation. It is one of the charming chances to make new friends. Planned day outs with school mates are inevitable. I don't miss that part of summer vacation. We go

for picnics, camps and many other memorable rendezvous. As they say, first know your place, your land and its mystical beauty. I travel to places like Dzuko valley, Moreh, Urkhul, etc. during this period of a year. However, as we are promoted to higher classes, our studies become more serious and complicated restraining our leisure. We have to study, revise what's being taught besides enjoying the vacation.

So I, personally recommend you all to enjoy as much as possible before you age up to that level of encountering complications. Try to be as productive as possible. Avoid sleeping during day time because nights are meant for sleeping. And for class XII, there's going to be a hell of a pressure, pressure of both NDA and CBSE. You'll care about the fame of the school eventually. Grind harder than the previous batches because after all what matters is the school's NDA record, not your soul or my soul. [Soul-batch].

To all my smart brothers, you are unique with more capabilities because no other students can take bath, dry up, apply lotion, apply face cream, polish shoes, do the hair, put on uniform, wear perfume and reach the Mess for breakfast in 10 minutes. Be a trendsetter. Remind yourself that there are so many people who would look up to you. So when you go for vacation set a good example apart from enjoying it.



Cdt M Ravikanta Singh  
Class: XI-A, Adm. No: 3555  
Shivaji House

## "LETTER FROM A MOM"

I am right before my window gazing...  
My last view this might be-  
The view of the beautiful night,  
The flawless stars and the bright moon.  
I've been numb and I know  
No one could help but pray and hope  
That I get better,

Better to stand on my feet steady and strong.  
I pray as hard as you 'my love'



I want to see you grow,  
Marry and have kids,  
And see the new chapter unfold.  
But I am dying fast  
"The Heaven Call" they say!

I can do nothing but pray  
To see another sunrise.  
Darling, I'm tired and thirsty,  
I think I need to get back to my bed.  
Grab the oxygen mask and stick it to my nose,  
Doing that may give me a little more time.

Call me selfish but I'm not grabbing that mask tonight.  
I don't want that little more time.

Both of us don't actually need.

I'm all soaked up in chemo,

I can pretend to be strong no more.

We both know I'm at my edge

And little more time wouldn't make a change.

Won't let you pay for my breath anymore.

Save it for your college instead.  
I'm sorry I couldn't be as strong as other moms;  
But darling, I gave my best .  
Your father's a hero.  
Worry less and move ahead.  
If I don't wake up tomorrow,  
Don't be surprised, my dear.

Just comfort yourself saying  
"Mom's with the Lord now"!

I never meant to leave you this way,  
And was never my choice too.

This is not a suicide note,  
It's just another Letter from your mom.



Cdt Avinash Soibam  
Class: XII, Adm No: 3577  
Raman House

## THE GREATEST DESPAIR OR THE GREATEST GIFT

Remember what your tenth birthday gift was!! I remember mine clearly. Literally, it was the most life changing present of my entire life and my family as well. That year, I thought, in fact I saw myself being a part of my parents' Korean drama. When the news first came out that my mother was diagnosed with cancer named lymphoma; it hit me like a bullet. Thanks to all the dramas... I knew about cancer; and in the films, the patients didn't survive.

It was hard for me to digest the news. I went to the rooftop (my sanctuary) and prayed that nothing would go wrong. Tears came running down my cheeks. The stars shining down the sky, the trees shaking against the wind told me to be strong.

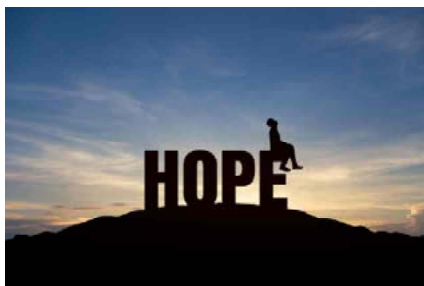
Like any other family with cancer, we went to those families who had survived it. They were our beacon of hope. They immediately went out of their way and gave every bit of help they could, providing us contacts, giving health tips, what to do and what not to do, etc. It was like they were those people in fairy tales – unreasonably kind; they now understood the value of life. They were very kind and compassionate. These families became our family. They stayed with us through thick and thin.

When I visited my mother at the TATA Memorial Hospital, Mumbai, I found a bunch of children who were also suffering from the same disease. For a week, I was their hero. I was their playmate, their favourite friend. I felt very happy when the doctor told me I was doing a great job nursing them back by playing with them and making them happy.

I couldn't particularly remember who said it but someone once told me, "In a class, there are good

students and bad ones. Like that, the body has good cells and naughty cells. The naughty cells are the cancer cells. Our job is to prevent them from doing so." I'm glad I saw cancer as it was - "a bunch of naughty cells".

When I was at the hospital, there was a kid. He was always happy, cheerful and positive, and smart as well. In our language, the lad could've easily cracked NDA and SSB. I bonded with him every day during



my stay there. I became his best friend also. Imagine the shock I had when the news came that he passed away, a few weeks after my stay. Like in the movies, my family consoled me that I was able to give him a happy life. During my stay there, my father told me, if luck was willing, my mother would have a

maximum of 5 years to live with us. But after a lot of struggle, prayers, determination and hard work, my mother survived the scourge. She's now fit and healthy. She now goes for aerobics and other activities.

Besides, if you ever need help I'll be there. Now, if anyone ever asks me, "Was cancer that bad?", I would reply 'NO!' It brought me true friends from far and wide. It gave me a new perspective, changed my personality from a selfish and self-centred jerk to someone better. Best of all, my parents now have a beautiful love story of hardship that is par with a Korean drama. My family now lives a happier life. So all I can say is – out of your greatest DESPAIR comes your greatest GIFT.



Cdt Richie Ningthoujam  
Class: XII, Adm No: 3592  
Netaji House

## SUCCESS

Everybody wants to be a Success!  
Everybody runs after It!

Why?

But I have got one question-

What is Success?

It is only a place.

We can reach it with our feet,

Not with vehicle.

What is Success?

It is on the top of a building.

We can reach it by climbing the stairs,

Not with elevator.

What is Success?

It is only a game.

We do not need tricks and skills,

But only hard work to win it.

What is Success?

It is only a pole or tree.

We can climb it by ourselves.

So we do not need an opportunity,

Nor luck for Success.

Only sheer hard work!!!



Cdt Indraraj  
Class: VIII-C, Adm No: 4046  
Tagore House

## JOKES : TRY NOT TO LAUGH

- Mary : Why isn't a nose twelve inches long?
- Jo : I don't know. Why?
- Mary : Because, if it were twelve inches long then it would be a foot.
- Anita : I got a hundred in school today, mother.
- Mother : That's wonderful. What did you get a hundred in?
- Anita : Forty in Maths and sixty in English.



Cdt Geetchandra Longjam  
Class: VIII-A, Adm No: 3962  
Tagore House



## SNOWFED RIVER

It was on 27 of July 2015. I heard that our former President APJ Abdul Kalam was no more and so the school would remain closed. Truly speaking, I did not know how much Kalam was important to a country like INDIA. But it was only after three years of his death that I realized the real meaning of 'Wings of Fire', his autobiography. It was after I watched a film named 'I AM KALAM'. Here, I wish to share some of my inspirations that I got from Kalam.

Avul Pakir Jainulabdeen Abdul Kalam was born on 15 Oct 1931 in a poor Muslim family in Rameshwaram, Tamil Nadu. In his life, Kalam wanted to become an Indian Air Force Officer but could not qualify. Then in 1960, he joined Defence Research and Development Organisation (DRDO) as a scientist. He started his career by designing small helicopters for Indian Air Force. In 1969, Kalam was transferred to Indian Space Research Organisation (ISRO) where he was a Project Director of India's first indigenous Satellite Launch Vehicle (SLV-III) which successfully deployed the Rohini Satellite in orbit. Kalam played a pivotal role in India's Pokhran-II Nuclear Test in 1998. He also explored how Defence or Aerospace Technology could be applied to save lives. So, Kalam is known as 'Missile Man' of India because of his great contribution to Aerospace. Kalam himself was "MADE IN INDIA" having never been trained abroad. In 2002, Kalam became the President of India. After his five years term, Kalam returned to a life of education, writing and public service. A role model for students and young people, Kalam was always happy to be with them in the educational institutions. APJ Abdul Kalam's birthday is marked as the World Student's Day.

Referring to my own life, as I grew up feeling uncomfortable with studies, I had doubts about my own dreams. I kept remembering Sir Kalam's quote, "Dreams of good dreamers are always transcended." He also quoted, "All of us do not have equal talent but all of us have equal opportunity to develop our talent." Keeping this in my mind, I realised my true responsibilities towards my aim and my life in general. "Do not fear for facing failure in first attempt because even the successful mathematician starts with zero." So let's keep on developing our knowledge to become a good human resource so that we can at least contribute something to the world instead of sitting idle in the corner of the attics. Last but not the least, I want to say, "Do not be a flooded river, try to be a snowfed river."



Cdt Arbin Salam  
Class: IX-C, Adm No: 3814  
Tagore House

## ROLE OF CONFIDENCE

What is easy to do in this world? It is easy to tell mom that I have broken something. What about to say someone that "I love you"? Why are we afraid to say such things? Well friends, the main reason is due to lack of confidence. The word "Confidence" can be defined as a spirit or a positive thought which controls our mind in such a way that we should not fail. No one can suggest or say what will happen in future. If we happen to think like we won't be able to do anything, then it is not a good sign for us. We, the cadets of SSI shall not have the words "too difficult" in our mind. Why? It is because it is a military school and a cadet should not have such thoughts in his mind. We are here in this school to learn what confidence is and how to utilize it. Those who have learned this are considered as cadets otherwise not. So we should not forget that Confidence has two types.

1. Poor confidence: A person with a poor confidence will not know how to utilize it properly-which time or which place to use.
2. Over confidence: This is directly next to failure. When somebody tells us to prepare for any competition, we always think that we can succeed without much effort. But when, on the stage, we perform, we tend to forget everything. Why does it happen so? Carelessness!! It happens because of lack of preparation. If we don't prepare well, confidence will not pop up. We don't prepare well because we don't want to show our spirit. Friends, you all just put your right hand on the left side of your chest. Close your eyes and hear what your heart says. Life is full of competition. After one, another will come; so it is an endless path. Every people used to say that 'confidence' is the only medicine which can kill the disease known as failure'. Being a cadet of SAINIK SCHOOL IMPHAL, we all should know how to face obstacles and how to speak the truth. As long as we are here, we have to remember the thought written at the school gate - 'KNOWLEDGE IS POWER'. We earn this thought with the help of confidence. It means we feel like giving out our spirit to learn it. So friends, let any competition come in future; pull up your socks, hold your weapons and be ready to fight it. Never let the word 'failure' come to our mind. Mind should be made as abode of spirit and confidence.

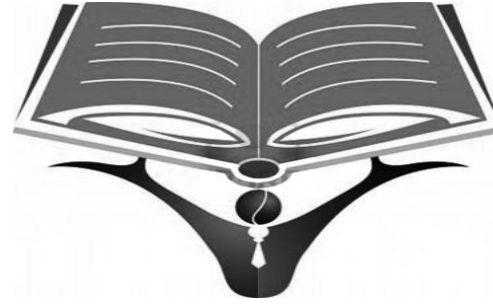


Cdt Nikolash Yengkhom  
Class: VIII-C, Adm No: 3866  
Raman House

# सैनिक स्कूल इम्फाल

## हिन्दी-अनुभाग

सत्र : 2019–2020



“शिक्षा का अर्थ है- व्यक्ति की विशेष आदतों, रुचियों, मानसिक तथा शारीरिक क्रियाओं और नैतिक आदर्शों का विकास”

### सम्पादक मण्डल-

श्रीमती ब्रोजेश्वरी क्षेत्रिमयुम

{सहायक अध्यापिका हिंदी}

श्री नॉथोमबम गुणचन्द्र सिंह

{सहायक अध्यापक हिंदी}

### कैडेट सम्पादक-

कैडेट एल भवानन्द शर्मा

कैडेट के.एच. रोनलजीत

## मेहनत का फल



करो मेहनत, मन में मत रखो कोई संकोच  
जो किसान, छात्र, मजदूर करते हैं, मेहनत  
उसपर हमेशा रहता है कृपानाथ के हाथ।  
मनुष्य होकर पैदा हुए हैं तो  
मेहनत से क्या डरना, मेहनत अपने लेख की रेखा  
मेहनत से क्यों डरना।  
आओ मेहनत से मानव कल्याण की बीज बोयें।  
जिस बीज से उगेंगे एक विशाल छाँवभरी पेड़  
जो देंगे आरामदेह छाँव और मीठे रस भरे फल  
उन अनाथ और लाचारी से डबे लोगों को।  
मेहनत करोगे तो सफलता को नजदीक पाओगे।  
बिन मेहनत, झूठी शान के लालच में मत पड़ो  
उस में मिलने वाले सुख कुछ ही क्षण के होते हैं,  
मेहनत की सुख अनंत समय तक रहती है।  
आओ मेहनत से सफलता का नया इतिहास रचें  
ईश्वर ने मुँह दिया है तो हाथ भी दिये हैं  
मत भूलो इस हाथ ने रचे हैं कई कीर्तिमान  
मेहनत से क्यों डरना, कर्म करना परमात्मा की इच्छा है।  
देखो मीठे स्वप्न, मेहनत के साथ  
जो व्यक्ति सत्य के राह पर चलकर,  
मेहनत की नौका पर सफर करता है

वही बनता है प्रभू के दुलारे, विश्व विजयता।  
जो अपने कर्म के लिए मेहनत से नहीं डरता है  
भर देता है उन्हीं की झोली में यश, अर्थ, आपार धन से।  
जिस जगह भी गिरता है अमूल्य पसीना  
मेहनत, ईमानदारी की, वहीं निकलता है सोना ही सोना।



कैडेट- निकोलाश येंखोम  
प्रवेश संख्या- 3866  
कक्षा-आठवीं 'सी'  
रमन सदन

## हँसना मना है

एक बार एक हवाई जहाज पर तीन यात्री सफर कर रहे थे। उनमें पहला आदमी-पाकिस्तानी, दूसरा आदमी- अमेरिकन और तीसरा- इंडियन हैं। वे एक दूसरे से बातचीत करते हुए अपने साथ लाए चीजों को निकालकर एक साथ रखते हुए-

पाकिस्तानी- 'अरे यार, मेरे यहाँ शराब की कोई कमी नहीं है' यह कहकर शराब के बोटलों को बाहर फेंक देता है।

अमेरिकन- अरे यार! मेरे यहाँ सिगरेट की कमी नहीं, यह कहकर वह भी सारे सिगरेट का पेकट फेंक देता है।

इंडियन- अरे यार! मेरे यहाँ आदमियों की कोई कमी नहीं। यह कहकर उसने पाकिस्तानी और अमेरिकन दोनों को हवाई जहाज से फेंक दिया।



कैडेट- अवनीत कुमार आनंद  
प्रवेश संख्या- 4168  
कक्षा-छठी 'बी'  
टिकेन्द्रजीत



## जीना चाहता हूँ किताबों के संग

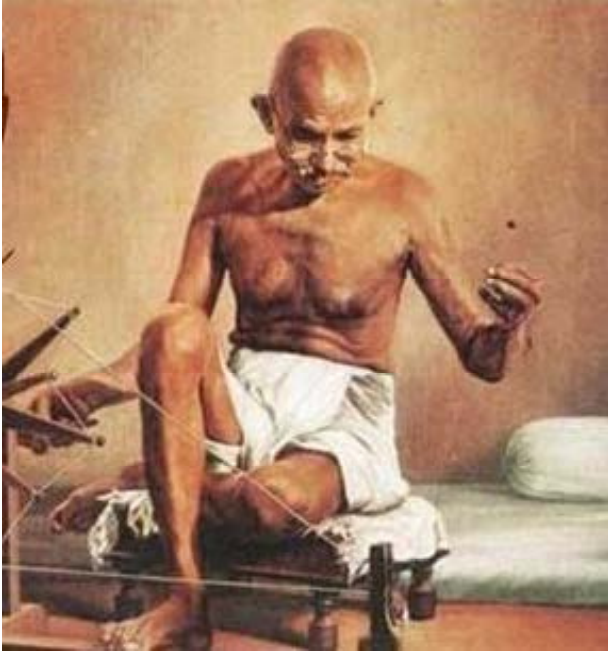
जीना चाहता हूँ एक विद्यार्थी बनकर  
जीना चाहता हूँ किताबों के संग  
पलत पलत कर पढ़ना चाहता हूँ उन्हें  
भिन्न-भिन्न विषयों की किताबें।  
करना चाहता हूँ एकत्रित  
भिन्न पुस्तकों से भिन्न ज्ञान।  
जिससे कर सकूँ देश और समाज की कल्याण  
गांधी, सुभाष, टैगोर, अरवींद, रमन की जीवनी पढ़ूँ,  
जिससे मिले मुझे नई दिशा, यही मेरी इच्छा है।  
कई दास्तानें, आपबीती, ऐतिहासिक घटनाओं की किताबें  
पुकारती रहती है, आओ! आओ! प्रिय पाठकों  
मुझे पढ़ो, पढ़कर महाज्ञानी बनकर राज करो,  
लोगों में बाँटो आपार ज्ञान, यही इच्छा है।  
मैंने कई किताबों से की है दोस्ती  
इतिहास की किताबों के पन्नों ने  
मुझे अवगत करवाया, भिन्न सभ्यता, संस्कृति, वेशभूषा से  
जिसने जगाया मेरे सोये हुए अन्तर्मन की जिज्ञासा  
जिसने मुझे दिया सफलता के राज।  
था मैं जिनसे पहले अपरिचित  
हाँ, उम्मीदों के साथ मैंने कठोर परिश्रम किया।  
मैं स्वयं आश्चर्य हूँ, कब मैं रत्नाकर से महर्षि वाल्मीकि बना  
यह चमत्कार राम नाम का है।  
जब भी कोई किताब खोलता हूँ तो  
किताबों के पन्नों में कैद हर दास्तान  
पुनः जीवित होकर अपने अभिनय दिखाने लगते।  
कभी-कभी मैं उन्हीं के बीच खो जाता हूँ।  
शायद यही ईश्वर की लीला है, सरस्वती माँ की कृपा है  
जिनकी आशीर्वाद से पाए अमोल किताब, परम ज्ञानी गुरु  
जीना चाहता हूँ एक विद्यार्थी बनकर  
जीना चाहता हूँ किताबों के संग



कैडेट- निकोलास येंखोम  
प्रवेश संख्या- 3866  
कक्षा-आठवीं 'सी'  
रमन सदन



## प्यारे बापू



अहिंसा के पुजारी, सत्यमेव की जाप करनेवाले  
राष्ट्रपिता गांधीजी को सहस्र नमन,  
जिसने सत्य के लिए लड़ना सीखाया  
जिसने अन्याय के खिलाफ हमेशा लड़ने को शक्ति दी।  
जिसने आत्मनिर्भरता पर जोड़ दिया  
जिसने हमेशा राष्ट्रीय एकता पर जोड़ दिया,  
जिसने सत्य और अहिंसा के राह पर चलकर  
बहुधार्मिक अखंडता के बल पर  
निहत्थे, दुराचारी सम्राज्यवादी अंग्रेजों से संघर्ष किया।  
जिसने भारतवासियों को दिलवाई, आजादी की अमूल्य उपहार  
हे बापू! तुम्हें शत-शत प्रणाम।  
तुम्हीं ने हमें अवसर प्रदान किया  
इस आजाद देश में जन्म लेने का।

हमें होने नहीं दिया परतंत्रता का एहसास  
आपके बंदौलत, आज हमारे झोली में हैं हर खुशियाँ,  
हमें गर्व हैं महापुरुषों के देश में जन्म लेकर  
हे! ईश्वर हमें दीजिए सत्य और अहिंसा के  
मार्ग पर चलने का हौसला, आत्मबल।  
मार्ग कोई भी हो हम चलेंगे उसपर  
हार न मानेंगे, लड़खड़ाएँगे न हमारे पाँव।  
अब हमारी बारी हैं, हर भारतवासी की  
हम कर्ज उतारेंगे इसी जन्म में ही भारत माता की।  
धर्मभेद, जात-पात, छुआछूत, रंग-रूप की धारणाएँ मिटाएँगे।  
अपने ही मस्ती में स्वच्छंद लहराते तिरंगे की  
रखेंगे हम लाज जीवन भर  
यही हमारी अटूट संकल्प हैं।  
हम धन्य हैं बापू की इस कर्मभूमि को  
अपने भाग्य की कर्मभूमि के रूप में पाकर।  
हे! बापू तुम लौट आओ सबके दिलों में  
भटके हुए युवाओं, भ्रष्ट नेताओं, अवसरवादियों को  
सत्य के पाठ पढ़ा कर, वास्तविकता से परिचय करवाने।  
ओओ मिलकर करें राम राज्य की स्थापना  
भारत माता की, जय जयकार करें,  
आओ बंधुओं! विश्वभर में दिखाएँ इस महान देश की क्षमता  
यहाँ कोई कमी नहीं, सर्वसम्पन्न देश है  
यहाँ वीरों, ज्ञानी की कोई कमी नहीं।  
यही भूमि है गांधी की कर्मभूमि।



कैडेट- पी. बीओनदी सिंह  
प्रवेश संख्या- 3884  
कक्षा-आठवीं 'बी'  
शिवाजी सदन

## सुबह की एक झलक

हर सुबह नई उम्मीदों से भरी किरणों के साथ  
एक विशेष आभा, चमक के साथ  
हर प्रातः काल के एकांत में उदय होता है  
पूर्व दिशा से, पर्वतश्रृंखलाओं के गोद से  
सब को जगाता है गहरी आलस्य भरी नींद से।  
सूर्यकिरण से उर्जा ग्रहण कर  
चारों ओर ताजगी फैलाता है पवनदेव,  
चिड़ियाँ चहचहाने लगते आनंदित होकर।  
रात के समय अंधकार से ढक चुके आकाश  
ओढ़ ली है नीले गगन की चादर,  
हर प्राणी जो इस जगत में हैं  
प्रारंभ करता है अपने दिन का कर्म  
पक्षियों की चहचहाहट, कोयल की मीठी वाणी  
हर किसी को करता है आकर्षित।  
सुबह की स्वच्छ, निर्मल, ताजगी की हैं दिवानी  
हर कोई जो इस संसार में हैं।  
पक्षियाँ और बादल लाते हैं प्रेम भरी शांति का संदेश  
मधुमक्खियाँ और तितलियाँ झुम-झुमकर निकल आती हैं  
अपने राहों पर, अपने धुनों को गुन गुनाते हुए,  
ईश्वर की दी हुई कर्म करने, संसार रूपी इस मंच पर।  
योगी, तपस्वी, मजदूर, किसान, खिलाड़ी, छात्र  
उठाते हैं लाभ, प्रातःकाल के इस सुहावना क्षण का,  
रोज हर कोई करता है प्रतीक्षा, उम्मीदों भरी नई सुबह की,  
सूर्य की पवित्र झलक पाने के लिए।



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## मेरा विद्यालय

मेरे विद्यालय का नाम सैनिक स्कूल इम्फाल है जो मणिपुर राज्य के इम्फाल शहर के पास स्थित है। यह मणिपुर की राजधानी और शहर से छह-सात किलोमीटर की दूरी पर पाड.गै नाम के गाँव में स्थित है। यहाँ आने से पहले मन में कई तरह की सवालें उठ रहे थे, प्रत्येक प्रश्न उपेक्षा भाव से भरी हुई थी। उत्तर प्रदेश से हजारों किलोमीटर दूर आकर पढ़ाई करने को लेकर मेरे पिताजी और रिश्तेदारों के बीच सामान्य चर्चाएँ भी हुईं मगर अंततः पिताजी सबको समझाने में सफल हुए। पिताजी पहले से उत्तरपूर्व राज्यों के बारे में अच्छी तरह जानते थे। पिताजी हमेशा कहा करते थे कि किसी छात्र को सैनिक स्कूल में पढ़ने का अवसर मिले तो वह बहुत ही सौभाग्य की बात होती है। इसी धारणा के चलते मैंने सैनिक स्कूल में प्रवेश पाने हेतु अच्छी तैयारी की और मेरा चयन होने के बाद सैनिक स्कूल इम्फाल में पढ़ने के लिए आया। हमारे वहाँ कम लोग ही जानते हैं कि मणिपुर भी भारत का एक राज्य है। मणिपुर के बारे में जानने का मौका मिलने पर मैं बहुत खुश था।

इस विद्यालय की स्थापना 7 अक्टूबर सन् 1971 में हुआ था। अतः यह भारत के पुराने सैनिक स्कूलों में से एक है। इसका क्षेत्रफल लगभग 200 एकड़ में फैला है। जो शहर के कोलाहल से एकदम दूर होने के कारण चारों ओर दूर-दूर तक फैली खेत खलिहानों और पर्वत श्रृंखलाओं से घिरे हुए है। यहाँ की प्राकृतिक सौन्दर्य किसी भी शैलानी को आकर्षित कर सकते हैं। यह स्कूल भारत के विशेष स्कूलों में गिनी जाती है। यहाँ पढ़ने के लिए त्रिपुरा, मिजोराम, अरुणचल प्रदेश, उ.प्रदेश और बिहार राज्यों से छात्र आते हैं। अपेक्षा से कहीं अधिक अध्यापकों का प्यार मुझे मिला। चंद दिनों में हमारे कई अच्छे दोस्त भी बन गए। शुरुआती दिनों में सैनिक स्कूल की अनुशासन के अनुरूप अपने आपको पुरी तरह ढालने में कुछ कठिनाइयों का सामना करना पड़ा, मगर प्रत्येक कठिनाइयों समय के साथ अपने आप हल होते गए। हम ने भी परिवेशानुसार अपने आप को ढाल लिया।

सैनिक स्कूल की प्रसिद्धि के पीछे उसकी अनुशासन, विशेष शिक्षा-दीक्षा और खेल-कूद की अनिवार्यता हैं। भारत में सैनिक स्कूलों की स्थापना का एकमात्र मुख्य उद्देश्य है- एन. डी.ए. में भर्ती। यहाँ पढ़नेवाले छात्रों को कैडेट का दर्जा दिया गया

है। मेहनती कैडेटों द्वारा राष्ट्रीय, राज्य और जॉनल स्तर पर होनेवाली कई प्रतियोगिताओं में प्रायः सफलता दर्ज की हैं। अब तक लगभग 400 से अधिक कैडेट एन.डी.ए. के द्वारा भारतीय सेना में कई बड़े पदों में रहकर देश की सेवा में कार्यरत हैं। उनमें से कुछ सेवानिवृत्त हो चुके हैं। इसके अतिरिक्त टेकनीकल एनट्री और सी.डी.एस. आदि के द्वारा कई पूर्व सैनिक स्कूल कैडेट भी विभिन्न भारतीय सेना में सेवारत हैं। इस कारण सन् 2011 में हमारे स्कूल को “रक्षा मंत्रालय त्रॉफि” प्राप्त हुआ था। यह प्रसिद्धि व सम्मान भारत के 24 सैनिक स्कूलों में से इस स्कूल के खास होने का परिचय देता है। यहाँ की पढ़ाई के संदर्भ में बात की जाय तो हर विषय के अनुभवी शिक्षक हमें पढ़ाते हैं। अतः सैनिक स्कूल की शिक्षा-दीक्षा की प्रवृत्ति अन्य स्कूलों से बिल्कुल अलग है।

यहाँ पढ़ते समय हमें स्थानीय संस्कृति को अच्छी तरह जानने का अवसर भी मिला। साथ ही साथ शैक्षणिक यात्राओं के

अन्तर्गत मणिपुर के कई ऐतिहासिक स्थलों में भ्रमण करने का अवसर भी मिला। जो मेरे जीवन का सबसे स्मरणीय यादों में एक है। सच कहे तो उत्तर भारत से केवल पर्यटन भ्रमण के उद्देश्य से उत्तर पूर्व राज्यों में घूमने आना संभव नहीं हो पाता। अंततः मुझे गर्व है कि- सैनिक स्कूल में पढ़ने का अवसर मिला। अब मेरे लिए सब कुछ स्पष्ट हो चुका है कि सामान्य छात्र और कैडेट में क्या अंतर है। यहाँ फौजी अनुशासन के अनुरूप स्थापित की गई परिवेश में सभी कैडेट पढ़ते हैं। हमेशा सब में उत्साह और जोश दिखाई देता है। उम्मीदें हमेशा मन में जिंदा रखनी चाहिए, जो स्वप्न देखता है वह हमेशा सफल होता है।



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## हम हैं अहिंसा के पुजारी

हम हैं अहिंसा के पुजारी  
हमें प्यारी है शांति, केवल शांति  
हमारे दिलों में बसी है बापू की प्रतिमा  
करते हैं हम, गुणगान बापू के बताये राहों की  
करते हैं हम, प्रेम-अहिंसा-शांति का प्रचार।  
सत्य की राह पर चलकर, हम खोजते हैं मंजिल  
करते हैं हम यकीन कर्म पर  
करते हैं हम परिश्रम दिन-रात  
प्रातःकाल सूर्य की पहली किरण के स्पर्श के साथ  
प्रतिज्ञा लेते हैं सत्ता की राह पर चलकर  
परिश्रम से मंजिल तक पहुँचने की।  
हे बापू! हम धन्य  
आप ने हमें आजादी दी, बड़ी कुर्बानी चुकाकर  
हम जन्म हुए आजाद देश में  
महापुरुषों की इस कर्मभूमि में।



जिन्होंने हमें सिखाया अत्याचार, अन्याय से लड़ना,  
जिन्होंने हमें दी मनुष्यता की शिक्षा।  
आपसी प्रेम, भाई-चारे से  
बनायेंगे भारत भूमि की नींव मजबूत  
कठोर तपस्या, त्याग-बलिदान और परिश्रम से  
हम ले चलेंगे, भारत देश को सबसे आगे  
विकास पथ में, बिना हताश और थके हुए।  
हम नहीं दोहरायेंगे पूर्वजों की गलती  
हम लिखेंगे नया इतिहास  
हम फहरायेंगे तिरंगा झंडा  
अनंत, निर्मल आकाश में स्वच्छंद।



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## चार दोस्त

एक समय की बात है, एक गाँव में चार दोस्त रहते थे। वे बहुत आलसी और निकम्मे थे। गाँव में लोग चारों की निकम्मेपन के बारे में हर वक्त बात करते रहते थे। अपने बरोजगारी और निकम्मेपन होने का एहसास उन्हें होने लगा, फिर चारों ने आपस में तय किया कि वे अलग-अलग दिशाओं में जाएँगे और ठीक पाँच साल के बाद नई पहचान और काफी पैसा कमाकर लौट आएँगे। मगर वे समझ नहीं पा रहे थे कि वे दूसरी जगह जाकर क्या काम करेंगे! क्योंकि उन्हें कुछ भी करना नहीं आता था। फिर भी उन्होंने तय किया कि हम भिन्न उस्तादों से जादू सीखकर आयेंगे।



ठीक पाँच साल के बाद एक दिन वे चारों गाँव के सुनसान चौराहे पर मिलें। तीन दोस्तों के पास जादुई शक्तियाँ थीं। मगर चौथा दोस्त मौन था, बार-बार पुछने पर पता चला कि उसने पाँच साल के लम्बे अंतराल में कोई जादू नहीं सीखा है। वह केवल अपनी कमाई से खरीदी हुई 20 किलो सोने के साथ वापस लौटा था। तीनों दोस्त क्रमशः अपनी जादुई कला दिखाने लगे। पहला दोस्त ने अपने आस-पास इधर-उधर देखा, उसे एक हड्डी का टुकड़ा मिला। उस हड्डी के टुकड़े को उसने देखते ही देखते चंद मिण्टों में एक कंकाल बना दिया। फिर दूसरे दोस्त ने अपनी जादुई शक्ति से उस कंकाल पर मास और चर्बी चढ़ा दी। फिर वह शेर बन गया। दूसरे ने उस कंकाल में जान डालने की बात कही और तीसरे ने उसे शक्ति और बल देने की बात कही। उनकी बातों को सुनकर चौथे दोस्त ने कहा कि- “ठहरो मित्रों! अगर वह जीवित हो गया तो वह हम सब को खा जाएगा। तुम्हें अपनी जान की परवाह नहीं है तो मुझे तो उसमें जान डालने से पहले मुझे किसी पेड़ पर चढ़ने दो फिर उसमें जान डाल देना।”

सब ने चौथे दोस्त का मज़ाक उड़ाया मगर वह पेड़ पर चढ़ गया। तीसरे दोस्त ने उस बेजान जानवर में अपनी जादुई शक्ति से जान और बल डाल दी। जिन्दा होते ही वह शेर दहाड़ने लगा। भूख से व्याकूल उस शेर ने तीनों दोस्त को मारकर खा लिया और अपनी भूख मिटाकर स्वच्छंद घने जंगल की ओर भाग गया। फिर वह अकेला कर घर लौट आया।



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## राष्ट्रपिता महात्मा गांधीजी के 150वाँ जन्मदिवस

यह गर्व की बात है कि आज हम राष्ट्रपिता महात्मा गांधी जी के 150 वाँ जन्मदिवस बड़े उत्साह के साथ मना रहे हैं। जिनके नेतृत्व में अंग्रेज शासन के विरुद्ध कई आन्दोलन चलाकर भारतियों को आजादी दिलवायी। गांधीजी के 150 वाँ जन्मदिवस के मौके पर मनाए जा रहे भिन्न प्रकार के कार्यक्रमों से पता चलता है कि गांधीजी महान व्यक्ति थे। एक समय मुझे लगने लगा था कि अंतरसदनीय प्रतियोगिताओं में गांधीजी के विषय में कंठस्थ किया गया भाषण के द्वारा प्राप्त जानकारीयाँ ही उन्हें जानने के लिए पर्याप्त है। मगर यह बाल मन का भ्रम था। गांधी जी को समझने का प्रयास आसान नहीं है। वर्तमान सत्र में महात्मा गांधी जी के जन्म दिवस पर हमारे स्कूल में मानये जा रहे विभिन्न कार्यक्रमों से गांधीजी के विचारधारा, त्याग, संघर्ष आदि को अच्छी तरह समझने का सुनहरा अवसर मिल पाया है। प्रत्येक कार्यक्रम जोश और उत्साह के साथ मनाए जा रहे हैं। मेरे विचार से जो भी आयोजन किए जा रहे हैं, वे गांधीजी के प्रति श्रद्धांजली हैं। यह हर साल 2 अक्टूबर को मनाए जाने वाले 'गांधी जयंती' से एकदम अलग है।

राष्ट्रपिता महात्मा गांधी जी के 150 वाँ जन्मदिवस के अवसर पर मानए जानेवाले कुछ उल्लेखनीय कार्यक्रम हैं- स्वच्छ भारत पर आधारित नुक्कर नाटक, गांधी जी के जीवन और उपलब्धि पर आधारित कविता पठन, स्कूल परिसर में कर्मचारी एवं छात्रों द्वारा किए जानेवाले स्वच्छता अभियान और श्रमदान, गांधीजी और उनके दर्शन, सांप्रदायिक सौहार्द इत्यादि के भिन्न कार्यक्रम। पहले गांधी जी के नाम पर राष्ट्रीय राजनीतिक पार्टियों के बीच हमेशा वोट बैंक की खातिर राजनीति ही होती रही। अब यह भी स्पष्ट हो गया कि गांधीजी किसी एक पार्टी या किसी एक खास परिवार या वंश की नहीं रहे हैं। स्वतंत्रता प्राप्ति के पश्चात गांधीजी की प्रसिद्धि को

मोहरा बनाकर कई जाने माने नेताओं ने अपने जीत का मुख्य रास्ता बनाया। भारतीय जनता उन नेताओं की योग्यता या पार्टी को न देखकर केवल गांधी जी के नाम और गुण को देखकर ही वोट देते थे, देते आ रहे हैं। मगर अब उसतरह के तमाम गलत फहमियाँ समाप्त हो गई हैं। अब आम जनता सच और झूठ को समझने लगा है। अब भारतीय जनता की सोच तथा गांधीगिरी की ओर अग्रसर हो रही है। यह भी तय हो गया कि अब गांधी जी पर सबका अधिकार है, होनी भी चाहिए, यही गांधी जी की इच्छा भी थी। अतः आदरणीय गुरुओं का यह कहना है कि- गांधी जी के अमूल्य विचारध



आराएँ, विकेन्द्रीकरण, समरूपता, राष्ट्रीय एकता, वर्णवाद आदि की बात को आधुनिक संदर्भ में अच्छी तरह समझने की जरूरत है। आज दुनिया में विकासशील देशों के बीच शक्ति प्रदर्शन की प्रतियोगिता चल रही है, मगर जिन देशों के पास परमाणु शक्तियाँ हैं, वे यह अच्छी तरह जानते हैं कि शक्ति प्रदर्शन और संघर्ष का अंतिम परिणाम विनाश के अलावा और कोई नहीं है। इसलिए आज पूरे विश्व गांधी जी की विचारधारा और दर्शन की ओर रुचि दिखाने लगा है। हर साल कई विदेशी शोधार्थी गांधी दर्शन पर शोध करने हेतु भारत के विभिन्न विश्वविद्यालयों में आते हैं। अतः मेरा यह मानना है कि हर भारतीय खासकर छात्रों के अपने जीवन में गांधीजी के विचारधाराओं को समझने का प्रयास करते हुए उन्हें अपने दैनिक व्यवहार में प्रयोग करना चाहिए।



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## सिरोइ लिली

जिसतरह भारत की राष्ट्रीय फूल 'कमल' है ठीक उसी तरह मणिपुर राज्य की फूल 'सिरोइ लिली' है। पहली बार इस फूल की खोज एफ. किंगडन वार्ड नामक एक अंग्रेज सज्जन ने सन् 1946 में किया और दुनिया के सामने लाए। इस फूल की वैज्ञानिक नामकरण भी काफी रोमांचक है। वार्ड ने अपनी ही पत्नी के नाम लीलीयूम मे कलीनीये (Lilium Mackliniae) को 'सिरोइ लिली' फूल के लिए प्रयुक्त किया था, जो आज भी प्रयुक्त किया जा रहा है।



यह फूल मणिपुर के उखुल जिला में पाया जाता है। यह जिला मणिपुर की राजधानी इम्फाल से करीब 81 किलोमीटर की दूरी पर स्थित है। फिर उखुल से सिरोइ तक की दूरी 18 किलोमीटर है। पर्वत श्रृंखलाओं के प्राकृतिक सौन्दर्य और अद्वितीय 'सिरोइ लिली' फूल के कारण उखुल विश्व में काफी प्रसिद्ध है। मणिपुर की राजधानी इम्फाल से उखुल तक पहुँचने में 2 घण्टे ही लगते हैं। पहली बार सिरोइ लिली फेस्टिवल मई 2017 में मनाया गया। इसमें अपेक्षा से अधिक पर्यटक घूमने आए, उनमें से ज्यादातर भारत के अन्य राज्यों और दूसरे देशों से थे। उस समय मीडिया के द्वारा पर्यटकों ने इस फेस्टिवल की काफी तारिफ भी की थी। इस त्यौहार की सफलता को देखते हुए राज्य सरकार ने इसे हर साल धूम-धाम से मनाये जानेवाले लोकप्रिय 'सड़.ई फेस्टिवल' का एक हिस्सा बनाकर

मनाया जाने लगा। समाचार पत्रों के सूत्र से यह पता चलता है कि हर साल बाहर से आनेवाले पर्यटकों की संख्या में बढ़ोतरी हो रही है। यहाँ का वातावरण सब के लिए अनुकूल है। यह स्थल समुद्र के सतह से 5,680—8,500 फिट की ऊँचाई पर स्थित है। यह म्यानमार की पूर्वी सीमांत क्षेत्र से जुड़ा हुआ है। इस क्षेत्र में बसनेवाले आदिवासियों में प्रायः ताड़.खुल जाति है। जो अपनी संस्कृति, लोक नृत्य और गीत आदि के लिए प्रसिद्ध हैं।

ताड़.खुल भाषा में सिरोइ लिली को 'कसोड. तिमरावोन' नाम से पुकारते हैं। इस फूल की यह विशेषता है कि यह फूल एक साल में छह सप्ताह ही खिलता है। यह फूल मई महिने के पहले सप्ताह से जून के मध्य तक खिलता है। यह फूल केवल यहाँ की ही मिट्टी पर ही जीवित रह सकती है। सिरोइ लिली के साथ कई प्रजातियों के अन्य फूल भी खिलते हैं जो लिली की सुन्दरता को और बढ़ाती है। वस्तुतः फूलों से सुशोभित सिरोइ पर्वतश्रृंखला की मनमोहक दृश्य स्वीटजरलैंड की सुन्दरता से कम नहीं है। जो किसी भी पर्यटक को अपनी प्राकृतिक सौन्दर्य से आकर्षित कर सकता है। इस अन्मोल व अद्वितीय फूल पर सभी मणिपुरवासियों को गर्व है।



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## 11. मुकना खेल(एक प्रकार की कुश्ती)

'मुकना' मणिपुर के प्राचीन लोकप्रिय खेलों में से एक है। इसका शाब्दिक अर्थ है - 'मणिपुरी कुश्ती'। प्राचीन काल से यह खेल पुरुषों का खेल रहा है। यह खेल भारत के अन्य प्रान्तों में खेले जानेवाले कुश्ती की तरह खेला जाता है। इसमें निर्धारित नियमों का पालन करते हुए खिलाड़ियों की शक्ति और कौशल की परख होती है। राजाओं के शासन काल में सर्वश्रेष्ठ खिलाड़ी को इनाम और खास सम्मान दिया जाता था। अगर हम 21वीं सदी की बात करें तो इस खेल के आयोजन करने में काफी कमी आई हैं, मगर इसकी लोकप्रियता में नहीं। आज जब भी इस खेल का आयोजन होता है तो इसे देखने के लिए असंख्यक भीड़ इकट्ठा हो जाती है।

इस खेल को खेलनेवाले खिलाड़ी को पारंपरिक नियमों का अच्छा ज्ञान होना अनिवार्य है। साथ ही पारंपरिक ढंग से धोती को पहनने का नियम भी है। हर प्रतियोगिता के लिए खिलाड़ियों को साल भर की तैयारी करनी पड़ती है। महिनों की तैयारी के बाद हफ्ट-पुष्ट प्रशिक्षित खिलाड़ी खास सार्वजनिक मैदान पर आमने-सामने होते हैं। खेलने से पहले रेफरी खिलाड़ियों के पहनावे, नाखून आदि का निरीक्षण करते हैं। रेफरी की संतुष्टि के बाद मुकाबला शुरू होता है। इस खेल में दोनों खिलाड़ी एक दूसरे को जमीन पर अटकाने का प्रयास करता है। अतः प्रतियोगिता को जितने के लिए पैरों द्वारा किए जाने वाले दाँव-पेंच के प्रयोग में कौशल होना महत्वपूर्ण होता है। मणिपुरी भाषा में पैर अटकाने की क्रिया को "लौ" कहा जाता है। खेल के दौरान आपसी उठा-पटक करते समय "लौ" का प्रयोग किया जाता है। खेल के दौरान जिस खिलाड़ी की पीठ जमीन को छू जाती है, उसे हार माननी पड़ती है। इसलिए कुशल खिलाड़ी सदा यही कोशिश करता है कि यदि वह गिर भी जाए तो अपनी पीठ जमीन को न छुए और बदले में गिराने वाले की पीठ ही पहले जमीन को छू ले। अगर विजेता को चुनौती देनेवाला कोई खिलाड़ी नहीं बचता तो उसे उस वर्ष का विशेष "मुकना जात्रा"(सर्वश्रेष्ठ कुश्ती खिलाड़ी) घोषित किया जाता है। इसतरह के सम्मान पाकर हर खिलाड़ी को अति गर्व का एहसास होता है। यहाँ जात्रा का अर्थ है - चैम्पियन। अतः खेल के साथ लोगों का खूब मनोरंजन भी होता है।



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## स्वतंत्रता सेनानी थाड.गाल जनरल

इन्टरनेट क्रान्ति और गुगल क्रान्ति के पहले अधिकांश भारतीयों को यह पता नहीं था कि ब्रिटिश शासन के खिलाफ हुई स्वतंत्रता संग्राम में ब्रिटिश शासन के खिलाफ मणिपुर के वीरों ने भी युद्ध किया था। उन वीरों में थाड. गाल जनरल भी एक थे।



अधिकांश भू-भाग अंग्रेजों के हाथों में पड़ने के कारण जनता गुलामी और अत्याचार झेल रहे थे। धीरे-धीरे अपनी सम्राज्य को बढ़ाने के उद्देश्य से अंग्रेज मणिपुर में पहुँचे और ब्रिटिश शासकों का हस्तक्षेप आरंभ हुआ। 27 अप्रैल 1811 ई. को मणिपुर की राजसत्ता अंग्रेजों के हाथों में पड़ गई।

थाड.गाल जनरल मणिपुर के एक स्वतंत्रता सेनानी थे। उनका जन्म 1806 ई. में हुआ था। युवावस्था से ही वह साहसी होने के साथ उनमें मातृ प्रेम की भावना साफ झलकती थी। उनकी वीरता और साहस देखकर मणिपुर के तत्कालीन राजा गम्भीर सिंह ने उन्हें राजपरिवार से जोड़ लिया था। उनके माता-पिता और जन्म स्थान के बारे में इतिहासकारों के बीच काफी मत-भेद हैं। फिर भी कुछ विद्वानों का यह मानना है कि वे मैतै जाति से थे। उसके नामकरण के बारे में पोलिटिकल एजेंट सर जेम्स जॉनस्टोन के मतानुसार तत्कालीन मणिपुरी राजा ने थाड.गाल नामक एक जनजातीय गाँव पर आक्रमण किया और उसकी याद में ही थाड.गाल के माता-पिता ने उनका नाम थाड.गाल रखा था। थाड.गाल के बचपन का नाम था -चिदानन्द।

वे राजनीतिक रणनीति में निपुण थे। महाराज गम्भीर सिंह के राजाभिषेक में उन्होंने बहुत सहयोग दिया था। सन् 1850 में महाराज चन्द्रकीर्ति द्वारा राज्याधिकार प्राप्त करते समय उन्होंने बहुत बड़ी भूमिका निभाई थी। वे बड़ी से बड़ी समस्या का समाधान करने में निपुण थे। जिस समय भारत के

बहुसंख्यक अंग्रेज सैनिकों के साथ मणिपुर के वीर सैनिकों ने अपनी क्षमता से अधिक यथासंभव संघर्ष किया। युवराज टिकेन्द्रजीत और थाड.गाल जेनरल ने मिलकर अंग्रेजों को अपनी औकात दिखाते हुए कई बार युद्ध भूमि से पीछे हटने पर मजबूर किया था। उस समय थाड.गाल 85 वर्ष के वृद्ध थे फिर भी अंग्रेज उनके देश-प्रेम और राजनीतिक कुशलता से भीतर-ही भीतर डरे हुए थे।

अंग्रेजों ने युवराज टिकेन्द्रजीत और थाड. गाल जनरल को एक साथ 13 अगस्त, 1811 ई. को मणिपुरी जनता के सामने फाँसी पर लटका दिया गया। इस तरह दोनों वीरगति को प्राप्त हो गए। उनके वीरता, त्याग-बलिदान को याद करते हुए हर साल 13 अगस्त को उनके स्मारक या चित्रछाया पर फूल या फूलमाला चढ़ाकर उन्हें श्रद्धांजली दी जाती है। थाड.गाल जनरल का नाम मणिपुर के इतिहास में सदा के लिए अमर रहेगा।



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टैगोर सदन

## मणिपुर की सुन्दर धरती

दूर-दूर तक फैली पर्वतमालाएँ  
स्वर्ग के समान सुन्दर मणिपुर प्रदेश  
पर्वतों के बीच फैला है घने जंगल का विशालकाय जाल।  
पर्वतों की ऊँची चोटियों को छूटी वर्षागमन के शराती बादल,  
अपनी धुन में मस्त होकर शोर मचाती झरने  
अपनी शांत चंचलता से सब को आकर्षित करती तालाब  
सबकी प्यास बूझाती नदी की अमृत जलधारा  
सबको आश्रय देनेवाली प्रेम, करुणा के प्रतिक झील।  
स्वर्ग के समान सुन्दर मणिपुर प्रदेश  
सिरोई लीली, कोमबीरै, विभिन्न प्रकार के पुष्प  
खिलते हैं स्वेच्छा हँस-हँसकर

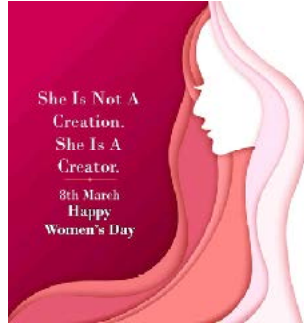
मणिपुर प्रदेश के इस पवित्र तपोवन में।  
मंदिर, गिरजाघर और मसजिद से रोज निकलनेवाली  
आनंतकाल, सत्य की ओर ले जानेवाली भक्ति प्रेम के स्वर  
कर रही है सब को आकर्षित बार-बार।  
भिन्न धर्म भिन्न भाषा, भिन्न संस्कृति से  
बना है समरूपता के अदभूत सुन्दर पुष्पमाला।  
कैसे बचायें इस प्रदेश की बुरी नजरों से  
चारों तरफ मचा हुआ है हाहाकार  
शायद भूल गये हैं कोई पराया नहीं,  
हम सब हैं एक ही माँ के संतान।  
हत्या, बंद, भ्रष्टाचार,भूमि विभाजन की माँग से  
मत करो माँ को और दुखी,  
अतीत को स्मरण कर, दया-क्षमा भाव, परिश्रम से  
अगर दौड़ लगायें विकास पथ की ओर  
नहीं होंगे शिकार किसी शरयंत्र के  
हर बार बेअसर होंगे बुरी नजरें।  
फिर से होंगी लोगों के जुबान पर,  
इस सुन्दर प्रदेश की चर्चा  
फिर से लौट आयेगी वही मुस्कान  
मणिपुरी इमा की होठों में।  
हे! प्रदेशवासियों आओ बनायें  
इस प्रदेश को स्वर्ग, आतंक रहित, समरूपता का प्रतीक।



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## एक अभिलाषा

एक अभिलाषा, एक स्वप्न के साथ  
आई थी नई नवेली दुल्हन बनकर  
पति के पीछे-पीछे गृहलक्ष्मी बनकर  
शादी की पोशाक में, नई संसार बसाने।  
करती हैं गृह प्रवेश, उम्मीदों भरी मुस्कान के साथ  
चाहती थी सबको प्रेम, आदर के भाव से बांधना,  
मगर अब पीस रही हैं लाचारी, विवशता के बंधनों से।  
भस्म हो जाती हैं सारी अरमानें  
संस्कारों और पतिव्रता धर्म के समझौते से।  
उनकी अपनी अरमान, कुछ कर दिखाने की  
दब गई है, विवशता और लाचारी से।  
अरमानों से बनी हवाई महल  
कई बार ढह जाती है, धूल बनकर  
यही औरत की आपबीती है।  
चाहे तो इसे औरत की विवशता कह लो या  
नीजी स्वार्थ या भाग्य।  
हमेशा तिरस्कारों के बीच जीना ही, आदत  
बना ली है,  
अपनों के इच्छाओं को पूरा करते-करते  
स्वयं की इच्छाओं का त्याग कर दी है,  
यही सत्य है, हर औरत की कहानी है।  
शायद यही स्त्री धर्म हैं  
संकट के दौर में भी करती है प्रयास,  
प्रतिकूल को अनुकूल बनाने की।  
संस्कारों को निभाते-निभाते पसीने से लटपट,  
हर औरत की अभिलाषाएँ, चढ़ जाती है बली हमेशा।  
पुरुषवादी मानसिकता के आगे अपने को पाती है  
हर क्षण, हर पल लाचारी की अवस्था में।  
घर-गृहस्थी, रसोई के चूल्हे से फुरसत मिली तो  
आईने के समक्ष बैठकर देखती है गौर से  
करती है प्रयास, स्वयं की छवि को पहचानने की,  
प्रायः स्वयं से पूछती रहती है, कई उलझी हुई सवाल  
अपनी उलझी हुई केश, भौंह, चेहरे की झुर्रियों को देख।  
स्वयं से पूछती हैं, आश्चर्यचकित होकर  
क्या मैं, मैं हूँ जो छवि सामने हैं, क्या कोई हमशक्ल जुड़वाँ हैं।  
हाथों की महेन्दी, माथे की बिंदी, श्रृंगार भूल गयी है



ईश्वर की दी हुई जीवन लीला समझकर।  
फिर भी खुश रहती हैं, एक उम्मीद के भरोसे  
फुरसत में निकलती हैं घर के चारदीवारी से  
बुराइयों को मिटाकर, गांधी, सुभाष, टैगोर, अम्बेडकर के  
स्वप्नों के भारत को साकार करने।  
अपने समाज और देश के लिए  
निकल आती हैं संस्कार व बंधनों को लांघकर,  
अंधकार में डूबे, जीवन पथ से भटके हुए  
लाचारी और अज्ञानता में जी रहे अपनों की नैया पार करने,  
अत्याचार, भ्रष्टाचार, शोषण से लड़ने।  
अपनों की चिंता ने भूला दी हैं, खूद की अभिलाषाएँ  
आईने के सामने बैठ श्रृंगार करना,  
जिस हाथों में महेन्दी, कलाई में  
रंगीन चुड़ियाँ होनी चाहिए  
उन्होंने उठा ली है घर, समाज, देश का बोझ  
लाना चाहती है अपनी जोश और उत्साह से  
समाज में अमूल-चूल परिवर्तन  
यही भारतीय नारी की आपबीती है।  
अँधेरी रातों में, हाथों में जलती मशाल लेकर  
रात की घने अँधेरे और सन्नाता को चीरकर  
गाँव, मोहल्लों के प्रवेश द्वार पर, गलियों, सड़कों में  
पद-भ्रमण कर, खिंचती है सूरक्षा की मजबूत रेखाएँ।  
शराबी बेटे, पति, बाप, भाइयों, सत्य की मार्ग से भटके हुए को  
पाप की गठरी धोते, अँधेरी खाई में गिरते देख  
अर्पित कर अग्नि कुंड में, हर नशीली पदार्थों को,  
करती हैं संघर्ष नशे मुक्त समाज की स्थापना के लिए।  
महाशक्ति की हैं अनेक रूप।  
चाहे मनुष्य हो या देवी-देवता या दानव या महापुरुष  
उन्हें जन्म देनेवाली कोई और नहीं, एक औरत ही है।  
नारी के अनेक स्वरूप हैं-पत्नी, माँ, बहन, दादी, नानी आदि।  
सबने दी हैं कुर्बानी अपनी अभिलाषाओं की।  
यही कुर्बानी नहीं जानी चाहिए व्यर्थ  
त्याग, प्रेम, करुणा की देवी है औरत।



मूल कवि श्री एन. गुणचन्द्र सिंह  
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## आयी रे होली! होली!

इस बार खूब खेलेंगे होली  
इस बार खेलेंगे कमल  
हर तरफ कमल ही कमल।  
एक दिन की होली से  
मन नहीं भरता है,  
इस बार हम खेलेंगे इम्फाल की होली।  
फैंकेंगे एक दूसरे पर गुलाल  
रंग-बिरंगे गुलाल से  
प्रेम की बीज बोयेंगे,  
एक दूसरे के दिलों में सदा के लिए।  
युवक-युवतियों के थाबल (एक प्रकार के नाच) देख  
ऐसा लगा कि जैसे स्वयं श्री कृष्ण  
झूम झूमकर नाच रहे हो गोपियों के संग।  
माताओं द्वारा टोली बनाकर  
गली, मोहल्ले, घर-घर जाकर  
हरी भक्ति संगीत सुनाने की प्रथा से  
ऐसा लगा कि भक्ति आंदोलन की तेज लहर  
पूर्वांचल क्षेत्र को पूरी तरह बहा ले जाने आये हो।  
चारों तरफ खुशियाँ ही खुशियाँ,  
हर धर्म के लोग मनाते हैं, एक साथ होली  
अब होगी असत्य पर सत्य की जीत।  
भक्ति की इस लहर में बहा ले जायेगा  
आपसी न.फरत, लालच, अधर्म आदि।  
मुँह में माक्स या नकाप, हाथों में ग्लोप पहनकर  
खेलें खूब होली, महामारी को दूर भगायेंगे।  
हम तो पतंग के समान हैं  
हमारे डोर प्रभु के हाथों में है  
जिसकी भक्ति, आस्था में सच्चाई  
नहीं छूटेगी प्रभु की हाथों उसकी डोर।  
मनुष्यता का प्रचार करेंगे, इस बार की होली में  
होगी जीत इस बार मनुष्यता की,  
आओ खेलें होली, रंगों के साथ  
जब प्रभु हैं साथ तो क्या डरना।



प्रस्तुतकर्ता-  
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कक्षा- छठी 'ए'  
प्रवेश संख्या- 4169  
टिकेन्द्रजीत सदन



## रंग-बिरंगे फूल

देखो यह दुनिया है बहुत सुन्दर  
आश्चर्यों से भरी हुई यह धरती,  
यहाँ मिलती है रंग-बिरंगे कई फूल  
फूल पर सदैव मंदरानेवाले दिवाने भँवरें।  
मन को भावुक बना देनेवाली चाँदनी रात  
अपनी मधुर वाणी से  
बार-बार कह रही है, करो एक दूसरे को प्यार।  
एक अदृश्य शक्ति खींच रहा है, मुझे किसी अज्ञात दिशा में  
वह दिखाना चाहता है मुझे, प्यार के अनछूए भेदों को  
वह बार-बार मुझसे कहता है कि  
प्यार हर जगह मौजूद है।  
संसार में जो बीज बोता है, उसी का ही फल मिलता है  
जो प्यार, अमन, भाई-चारे का बीच बोएगा  
वह अनंत सुख भोगेगा  
जो नफरत का बीज बोएगा

## किसमत

चलो मित्रो स्वर से स्वर मिलाकर  
कदम से कदम मिलाकर  
चिंता मत करो फल की  
करो कर्म परिश्रम से निरंतर।  
उठा लो अपने हाथों में कलम  
भर लो कलम में स्याही,  
कर लो हासिल अपार ज्ञान।  
मत भूलो हम हैं सैनिक कैडेट,  
मेहनत से हमने बनाये हैं  
आदर्श और सम्मान की छवि दुनिया में,  
आलसी है दुश्मन हमारा।  
मत डरो मेहनत से कभी  
सदैव ईश्वर मेहनत करनेवालों के साथ है।  
ये सितारे, ये आकाश और धरती

उसे नरक में भी जगह नहीं मिलेगा।  
है! सुमन तुम करो भौंरे और तितली से प्यार  
भेजा गया है उन्हें इस संसार में परमात्मा ने  
केवल तुम्हारे सहायता करने के लिए  
हर पल मत भुलो, तुम एक सुमन हो!  
तुम्हारे बिना पुजा-पाठ, शादी-विवाह,  
देव-कर्म, सजावट सब अधूरे हैं।  
प्रकृति को रंग-बिरंगी बनाती है सुमन  
सुमन अपने चाहनेवालों को देती है प्यार  
आत्मसंतुष्टि और आशा के नई किरण।  
सुमन को पाकर तुम्हारा जीवन भी बनेगा रंगीन  
सफेद, लाल, हरा, नीला, केसरी अनेकों रंग हैं सुमन के।  
सुमन की तरह मनुष्य के भी हैं अनेकों भेद  
करो एक दूसरे को प्यार हमेशा।  
सीखो चींटी और मधुमक्खियों से  
एकता, परिश्रम और सफलता के मंत्र,



तुम्हारे होंगे एक दिन,  
करो मेहनत, देखो रंगीन स्वप्न प्रतिदिन  
सदैव आगे बढ़ते रहो साथी।  
ज्ञान के अभाव में, निर्थक है सारी शक्ति  
करो पूजा हमेशा सरस्वती माँ की।  
गर्व के साथ ऊँचा उठने दो धरती माँ की शीर्ष  
चलो मित्रो स्वर से स्वर मिलाकर

करो बार-बार प्यार का इजहार  
एक नहीं दो नहीं तीन नहीं कई बार,  
उसे झुकना ही पड़ेगा एक दिन  
तुम्हारे सच्चे प्यार के समक्ष  
देंगे तुम्हें भी प्यार की झप्पी।  
मिलो गले सच्चे दिल से, मन की शांति के लिए  
भर दो सब के दिलों में केवल प्यार, भाई-चारे की भावना  
एक दिन तुम्हें एहसास होगा प्यार का महत्व  
अब होगी सबके जुबान पर प्यार, भाई-बंधु की बातें।  
हे! विषधारी जंगली पुष्प, तुम भी बनो सुमन की तरह  
फैलाओ हर दिशा प्यार भरा सुगंध  
जिससे मनुष्य का आलस्य भाग जाए।



प्रस्तुतकर्ता-  
कैडेट-अथोकपम लुसीश सिंह  
कक्षा- छठी 'ए'  
प्रवेश संख्या- ४९६०  
टिकेन्द्रजीत सदन

कदम से कदम मिलाकर।  
हिम्मत मत हारो एक बार गिरने से  
हर हार के पीछे छिपी हुई है जीत,  
हमारे हाथों में है, वर्तमान और भविष्य  
फहराना है झंडे सैनिक स्कूल के  
हर दिशा, ऊँचे आसमान में गर्व के साथ,  
जिसे देखनेवाले लोगों के मुँह से  
निकलेंगे अमृत के समान अन्मोल आर्शिवाद भरे शब्द।  
कसम खाकर एक स्वर में कहो  
भारत माँ की जय, जय जवान, जय किसान।



प्रस्तुतकर्ता-  
कैडेट- खोइरोम रोबीनवूड मैतै  
कक्षा- छठी 'बी'  
प्रवेश संख्या- ४९५३  
टिकेन्द्रजीत सदन

## सुन लो हमारी प्रार्थना

हम बालक हैं, हे नाथ! तुम्हारे  
सुन लो हमारी प्रार्थना  
हम नहीं जानते कोई मंत्र, जाप, पुजा-पाठ  
हम नहीं जानते तीर्थ स्थानों के पता  
घर के आँगन में, सुबह की ताजी खीली हुई  
तोड़ लाया हूँ तुम्हारे चरणों में अर्पित करने  
रंग-बिरंगे अति सुन्दर, निर्मल, नूतन।  
तुम हो माता-पिता हमारे,  
हे नाथ! तुम्हीं ने सभी को बनाए  
ये धरती-आकाश मनोहर, ऊँचे पर्वत, नदियाँ, सागर।  
हे! सूरज-चौद आपको मेरा प्रणाम।  
हे! नाथ हम बच्चे हैं तुम्हारे  
तुम हो माता-पिता हमारे,  
जग में तुमसे बढ़कर कोई नहीं।  
तुम्हीं हो हमारे रक्षक  
रखना हमें अपने पास,  
तोड़ना मत हम से नाता  
हम बनना चाहते हैं, अहिंसा और शांति के दूत।  
चलना चाहते हैं, तुम्हारे बताये राह पर,  
हे! नाथ छोड़ मत देना, हमें राह में अनाथ।  
देना हमेशा हमें ज्ञान, हौसला और आत्मविश्वास।  
हमारे लिए सब कुछ हो तुम, इस मायावी संसार में।  
चलना चाहते हैं हम, आपके ऊँगली पकड़कर  
अंतिम लक्ष्य की ओर लगातार।  
हम जीना चाहते हैं अपनों व मानव समाज के लिए  
हे! नाथ ऐसा वरदान हमें दो  
जिससे पूरा कर सकें हम अपने संकल्प।



प्रस्तुतकर्ता-  
कैडेट-प्रवीन कुमार दास  
प्रवेश संख्या- ४१६३  
कक्षा-छठी (ए)  
टिकेन्द्रजीत सदन

## आओ मनाए 'दीपावली'



आयी रे आयी, इस साल की दीपावली  
नये उम्मीदों के साथ, नयी उर्जा के संग  
साल में एक बार आती है 'दिपावली'  
मेरा सब से मनपसंद त्योहार।  
बिना धर्म के भेद-भाव किए  
मिलकर मानयेंगे यह उत्सव, प्रत्येक हिन्दुस्तानी।  
चारों ओर दीप ही दीप होंगे  
हर गली, घर, चौराहे में रोनक होगी  
चारों ओर खुशियाँ ही खुशियाँ होंगी।  
ले जाएगी सबको, स्वप्नों की दुनिया में  
जहाँ केवल ज्ञानप्रकाश हों  
रंग-भेद न हो, केवल भाई-चारे हों  
जहाँ केवल प्रेम की मीठी बोली, बोली और गायी जाती हों।

आओ शक्ति की अराधना करें,  
आओ करे लक्ष्मी देवी की पूजा करें  
आओ मांगे वरदान 'महाकाल कोरोना' को हराने की वरदान  
जिसने मचा रखी है हाहाकार साल भर।  
आओ अपनी समझदारी से इस महामारी को  
नष्ट कर दें, हमेशा के लिए।  
आओ मंगलकामनों के साथ दीप जलाएँ  
राम-सीता-रावण की कथा बच्चों को सुनाए,  
अच्छाई और बुराई के भेद को खोलें  
परिश्रम, कर्म, त्याग, करुणा आदि को  
जीवन में अपनाकर लक्ष्य की ओर बढ़ें।  
मत भूलो हम मनुष्य ने झुकाया है कई बार  
हर कठिन परिस्थितियों को अपनी एकता,  
परिश्रम, ज्ञान के समक्ष।  
दीपावली की आग में जला दो सारे दोष, अधर्म को  
बनो उदार व्यक्ति, सबको बाँधो एकता के सुत्र में।  
आओ राम राज्य की स्थापना करें।



कैडेट- रिचार्ड थैकचोम  
प्रवेश संख्या-४०५२  
कक्षा-आठवीं 'बी'  
शिवाजी सदन

# ଓଡ଼ିଆ ଲେଖନ କାହାଣୀ

## କଥାଗାଣୀ କ୍ଷେତ୍ର



କାହାଣୀକାର :  
ଡ଼ାକ୍ତର କେ.ଏଚ୍. ଚନ୍ଦ୍ର ଲାଲ  
ଆର୍ଟିଷ୍ଟ ଡି.ଏଚ୍. ଲାଲ

କାହାଣୀର ନାମ:  
ଆମର ଅନାଥାଶ୍ରମ ଛାତ୍ର  
କାହାଣୀର ଚିତ୍ର ଲାଲ











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 තෙරලා, රුද්දාණි, සැරි, රුද්දාණි ගලාගේරාණි  
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ଟଂଝିଆଁ - ଟଂଝିଆଁ ଡେଲି ଲାଁଆଳ ଥାଉଁଲୁ ଛେଟାମାମୀ  
 ଛେଟାମାମୀ ଯେ ଧୋଇଲେଇ ଛେଟାମାମୀ ଯାଉଁଥାଏ ॥ ଛେଟାମାମୀ  
 ଲାଙ୍ଗୁଳାପାଣି ଯୁଦ୍ଧରେ ଲାଞ୍ଜି ଲାଞ୍ଜି ଲାଞ୍ଜି, ଧୋଇଲେଇ  
 ଧୋଇଲେଇ, ଚଢ଼ିଆପାଣି ଲାଞ୍ଜି ଥାଉଁଲୁ ଛେଟାମାମୀ ଯେ  
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ଟଂଲୁଗିବିଦ୍ୟାଗାନ୍ଧେ, ଗାନ୍ଧୀଜୀଙ୍କି ଅଲୌ ଅପୌ ଲୁକ୍ଷଂ ॥

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**ଅନୁ. ୪ : ଗାମିଃଶବ୍ଦ ଟେକିବାଦେୟ**

ଅଟେ : ୫ - ଲା

ଅଂକ୍ଷର ଫଳାଫଳ : ୯୫.୭୧

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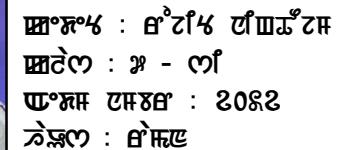
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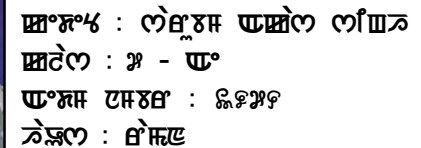
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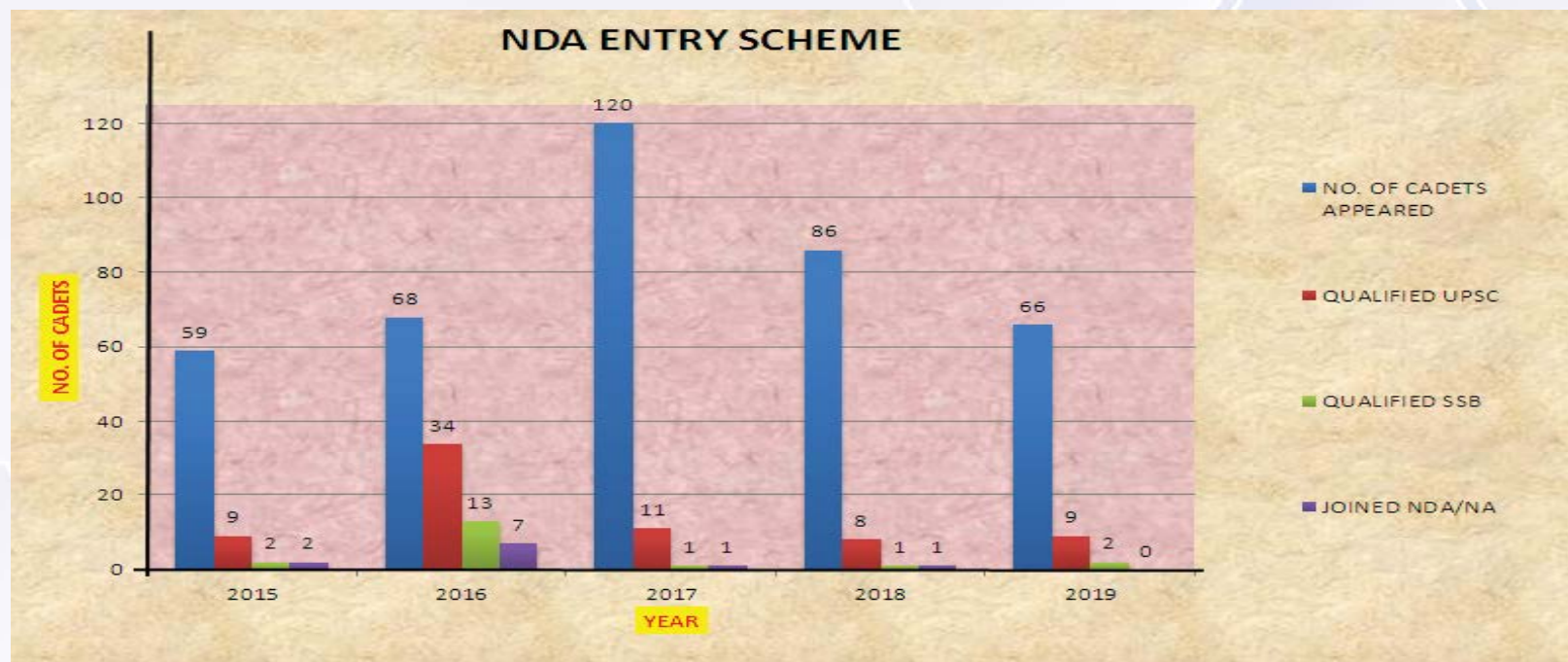
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**P H O T O   S E C T I O N**

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## ACADEMIC STAFF: FRIENDS, PHILOSOPHERS & GUIDES



**Sitting:** (Left to Right) Mr TK Nath (PGT-Maths), Mr PD James (TGT-Soc Sc), Mr A Ashok Kumar (TGT-Art), Mr A Rommel (Senior Master), Wg Cdr Sreepakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mr Kh Premananda (TGT-Maths), Mr Md Abdul Haque (PGT-English), Mr O Dheinachandra (PGT-Physics) & Mr Kh Robindro (PGT-Chemistry)

**Standing (1st Row):** (Left to Right) Mr Govind Pradhan (Lab Asst-Chemistry), Mr Th Thoiba (TGT-Soc Sc), Mr L Amuba (TGT-Maths), Mrs H Nonida (TGT-English), Mrs Sarjoo L (TGT-English), Mrs Ksh Brojeshwori (TGT-Hindi), Mrs L Bhabini (TGT-Gen Sc), Mr Basanta (Librarian) & Mr N Gunachandra (TGT-Hindi)

**Standing (2nd Row):** (Left to Right) Hav Dalbir (PTI), Mr Suresh (Lab Asst-Physics), Mr Y Somen (TGT-Gen Sc), Mr M Jiten (TGT-Manipuri), Mr S Tiken (TGT-Comp Sc), Mr M Rabi (TGT-Maths), Mr P Rajeshwor (TGT-English), Mr A Sochen (TGT-Gen Sc), Mr Ph Joysankar (TGT-Soc Sc), Mr Lalit (TGT-Manipuri) & Hav Haokip (PTI)

## ADMINISTRATION STAFF: BEACONS & MOVERS

**Sitting:** (Left to Right) Dr MRaju (Hostel Supdt), Mr Ranganathan (Accountant), Mr ARommel (Senior Master), Wg Cdr Sreepakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mr S Somokanta (Office Supdt), Mr Saratchandra (Mess Manager) & Mr Kh Puina (Quarter Master)

**Standing (1st Row):** (Left to Right) Ms Sunita (Ward Asst), Mr W Rajesh (PA to Principal), Mr Aristotle (Ward Asst), Mr MRishikanta (Ward Asst), Mr Premchand (LDC), Mr T Telheiba (LDC), Mr S Ashok Kumar (Nur Asst), Mr N Sorendro (LDC), Mr A Tulajit (Driver), Mr K Samarjit (UDC), Mr S Ibobi (LDC), Mr Pradeep (Ward Asst) & Mrs Priya (Ward Asst)





## EDITORIAL BOARD



**Sitting:** (Left to Right) Mr N Gunachandra (Associate Editor, Hindi), Mr A Ashok Kumar (Art), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Chief Editor), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mrs Ksh Brojeshwori (Editor, Hindi), Mrs Sarjoo L (Associate Editor, English) & Mrs H Nonida (Editor, English)

**Standing:** (Left to Right) Cdt Ronaljit (Cdt Editor, Hindi), Cdt Lalthazuala (Cdt Editor, English), Mr Suresh (Photographs), Mr M Jiten (Editor, Manipuri), Mr S Tiken (Photographs), Mr P Rajeshwor (Associate Editor, English), Cdt Bhavananda (Cdt Editor, Hindi), Cdt Janith (Cdt Editor, Manipuri), Cdt Alkabir (Cdt Editor, Manipuri), Cdt Melvin (Cdt Editor, English), Cdt Sidhant (Cdt Editor, English) & Mr Samarjit (VIP Message)

## SCHOOL APPOINTMENTS

**Sitting:** (Left to Right ) Mr L Amuba (House Master-Shivaji), Mr Kh Robindro (House Master- Netaji), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mr Ph Joyshankar (House Master-Tagore), Mr O Dheinachandra (House Master-Raman), Mrs Sarjoo L (House Master-Tikendrajit Class VII) & Mrs Ksh Brojeshwori (House Master-Tikendrajit Class VI)





## GENERAL EMPLOYEES



**Sitting:** (Left to Right ) Mr Th Saratchandra Singh (Mess Manager), Mr A Rommel Singh (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer) & Mr Kh Puina (Quarter Master)

**Standing:** (Left to Right ) Mr Premananda, Mr Rocky, Mr Ibochouba, Mr Priyo, Mr Dilip, Mr Manoj, Mr Satrajit, Mr Jane, Mr Rajak, Mr Hemaljit, Mr Inaocha, Mr Tombi, Mr Jainus, Mr Marjit & Mr Naoba

## OUTGOING CLASS XII

**Sitting:** (Left to Right) Mr Kh Robindro (PGT-Chemistry), Mr Tapan Kanti Nath (PGT-Maths), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mr Md Abdul Haque (PGT-English) & Mr O Dheinachandra (PGT-Physics),

**Standing (1st Row):** (Left to Right) Cdt Karnamoi, Cdt Gavaskar, Cdt Roju, Cdt Kelvin, Cdt Zakaria, Cdt Alison, Cdt Subin, Cdt Avinash, Cdt Platinum, Cdt Nivash, Cdt Ramesh, Cdt Samananda, Cdt Budharaj, Cdt Michael, Cdt Anurag, Cdt Lunminthang & Cdt Naoton

**Standing (2nd Row):** (Left to Right) Cdt Sanayaima, Cdt Tennyson, Cdt Leishemba, Cdt Ravikanta, Cdt Manikumar, Cdt Denish, Cdt Sidarth, Cdt Tinku, Cdt Arlex, Cdt Badal, Cdt Lalngaihawma, Cdt Messi, Cdt Tilobanta, Cdt Jos, Cdt Lunginthanga, Cdt Aziz, Cdt Vivitto & Cdt Ronendro

**Standing (3rd Row):** (Left to Right) Cdt Avinash, Cdt James, Cdt Naresh, Cdt Abhinav & Cdt Indish





## CLASS TOPPERS: 2018-19



**Sitting:** (Left to Right) Mr A Rommel (Senior Master), Wg Cdr Sreepakash J (Vice Principal), Gp Capt HCS Chauhan (Principal) & Lt Cdr Inderjit Yadav (Administrative Officer)  
**Standing:** (Left to Right) Cdt Naoba (X), Cdt Alison (XI), Cdt Naresh (VI), Cdt Loyanganba (VII), Cdt Henin (Class VI Entrance), Cdt Pibarel (VIII) & Cdt Pointing (IX)

## AISCE RESULT 2019 SCHOOL TOPPER



Adm No 3441  
Cdt Avinash  
Biology-94%



Adm No 3433  
Cdt Ronald  
Chemistry-84%



Adm No 3940  
Cdt Willson  
Physics-79%



Adm No 3489  
Cdt Suraj  
Maths-77%



Adm No D-245  
Cdt Jayalukshmi  
English-94%

## SCHOOL TEAMS: 2019-2020



Inter Zonal Basketball Team



Subroto Cup Football Team (U-17)



# NETAJI HOUSE



**Sitting :** (Left to Right) Mr N Gunachandra (Aff House Master), Mr A Ashok Kumar (Aff. House Master), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inderjit Yadav (Administrative Officer), Mr Kh Robindro (House Master), Mr Th Thoiba (Asst House Master), Mrs H Nonida (Aff. House Master) & Mr Pradeep (Ward Asst)



# RAMAN HOUSE



**Sitting:** (Left to Right ) Dr M Raju (Hostel Supdt), Mr Y Somen (Asst. House Master), Mr Md Abdul Haque (Aff. House Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mr A Rommel (Senior Master), Mr O Dheinachandra (House Master) & Mr Lalit (Contractual) (Aff. House Master)



# SHIVAJI HOUSE



**Sitting:** (Left to Right ) Mr L Amuba (House Master), Mr P D James (Aff. House Master), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mr M Rabi (Asst. House Master), Mr Kh Premananda (Aff. House Master), Mr P Rajeshwor (Aff. House Master) & Mr Aristotle (Ward Asst)



# TAGORE HOUSE



**Sitting:** (Left to Right) Mr K Rishikanta (Ward Asst), Mr S Tiken (Aff. House Master), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mr Ph Joyshankar (House Master), Mrs L Bhabini (Asst House Master), Mr Tapan Kanti Nath (Aff. House Master) & Mr M Jiten (Aff. House Master)



## TIKENDRAJIT HOUSE – CLASS VII



**Sitting:** (Left to Right) Mrs Y Priya (Ward Asst), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mrs Sarjoo L (House Master), Mr A Sochen (Aff. House Master), Mr Basanta (Aff. House Master) & Cdt Leechinghenba (House Captain)



## TIKENDRAJIT HOUSE – CLASS VI



**Sitting:** (Left to Right) Cdt Leechinghenba (House Captain), Mr Basanta (Aff. House Master), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Mr A Sochen (Aff. House Master), Mrs Ksh Brojeshwori (House Master) & Ms Sunita (Ward Asst)



## SCHOOL RD CONTINGENT



**Sitting:** (Left to Right ) Mr Suresh (Lab Asst-Physics), Sub Satkhokai Chongloi (NCC Instructor), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Hav Megha (NCC Instructor) & Mr M Jiten (TGT, Manipuri)

## SCHOOL BAND (CLASS VIII)

**Sitting:** (Left to Right ) Mr Suresh (Lab Asst-Physics), Sub Satkhokai Chongloi (NCC Instructor), Mr A Rommel (Senior Master), Wg Cdr Sreeprakash J (Vice Principal), Gp Capt HCS Chauhan (Principal), Lt Cdr Inder Jit Yadav (Administrative Officer), Hav Megha (NCC Instructor) & Mr M Jiten (TGT, Manipuri)





## ○ VISITS: 2019-2020



Shri Th Radheshyam Singh, Hon'ble Minister of Edn and Labour on 22 Jul 19



Shri Th Biswajit Singh, Hon'ble Minister of PWD, DIPR, AR, Comm & Ind on 13 Dec 19



Maj Gen V Sreehari, SC, GOC, 57 Mtn Div & Chairman LBA on 09 Apr 19, 03 Jul 19 & 19 Dec 19



Dr Th Munindro Singh, Director of Planning, Govt of Manipur on 26 Jul 19



Brig RS Sethi, Gp Commanding Officer, 14 Bn NCC, Imphal on 01 & 10 Nov 19



Shri MK Singh, Commandant, Group Centre, Langjing, Imphal on 22 Nov 19



Col Madian, Gp HQs 14 Bn NCC, Imphal on 26 Oct 19



Col Neeles Anand Pagulwar, SC, SM CO 165 TA, 57 Mtn Div on 16 Dec 19



Brig L Ibotombi Singh, YSM (Retd), visited the school on 18 Dec 19



Ksh Bhakta Kumar, former Mr India & ex-Warrant Officer of IAF on 20 Dec 19



Air Vice-Marshal LS Vaidyanathan, (Retd) former Principal of SSI on 06 Feb 20



Maj Gen (Dr) Ranjit Singh, AVSM, VSM (Retd), former Headmaster of SSI on 13 Feb 20



## ○ TRANSFER AND RETIREMENTS



Principal giving away the School Memento to Hav Ranbir Singh, PTI on being posted out on 26 Aug 19



Principal giving away the School Memento to Wg Cdr Dharmendra Shankhwar, the outgoing Adm Officer on being posted out on 30 Jan 20



Principal giving away the School Memento to Mr Kumar Pradhan, General Employee on being retired on 31 Jan 20



Mr L Megha Singh,  
General Employee  
retired on 31 Dec 19



Sub LM Dawngliana,  
NCC Instructor posted  
out on 23 Jan 20



Farewell given to Class XII cadets at the  
Manekshaw Auditorium on 12 Feb 20



Principal giving away the School Memento to  
Mr S Somokanta Singh, Office Supdt  
on being retired on 29 Feb 20



Principal giving away the School Memento to  
Mr Sarat Khan, General Employee on being retired  
on 29 Feb 20



# SAINIK SCHOOL IMPHAL

## INDEP NCC COY



**Mr L Manoranjan Roy, TGT (Gen Sc)**  
of this school stood First and was awarded  
the coveted 'DG Baton' in the PRCN-175,  
DC-38 Course for ANO (NCC) held from  
10 Feb 2020 to 03 May 2020 at OTA,  
Kamtee (Maharashtra).

*A total of 293 gentlemen cadets took part  
during the said course.*



## CO-CURRICULAR ACTIVITIES: 2019-20



**Cdt Alex, Cdt Pibarel and Cdt Bolin during the Inter-House English Debate Competition (Jr)**



**Cdt Lalthazuala, Cdt Naoba and Cdt Leechinghenba during the Inter-House English Debate Competition (Sr)**



**Cdt Alex, Cdt Preran and Cdt Gloria during the Inter-House English Declamation Competition (Jr)**



**Cdt Ritchie, Cdt Leechinghenba and Cdt Platinum during the Inter-House English Declamation Competition (Sr)**



**Cdt Jugesh, Cdt Pibarel and Cdt Alex reciting their English poems during the Inter-House English Poem Recitation Competition (Jr)**



**Cdt Jugesh, Cdt Justin and Cdt Sana during the Inter-House English Ex-Tempore Competition (Jr)**



## CO-CURRICULAR ACTIVITIES: 2019-20



**Cdt Lalthazuala, Cdt Naoba and Cdt Michael during the Inter-House English Ex-Tempore Competition (Sr)**



**Cdt Job, Cdt Nicolas, Cdt Alkabir and Cdt Biswaraj reciting their Manipuri poems during the Inter-House Manipuri Poem Recitation Competition (Jr)**



**Cdt Abhisek, Cdt Nikolash and Cdt Abush reciting their Hindi poems during the Inter-House Hindi Poem Recitation Competition (Jr)**



**Cdt Nicolas, Cdt Rohit and Cdt Nikholash during the Inter-House Manipuri Declaration Competition (Jr)**



**Cdt Paikhomba, Cdt Meghnath and Cdt Bhavananda during the Inter-House Manipuri Declaration Competition (Sr)**



**Cdt Bhavananda, Cdt Linthoi and Cdt Preran during the Inter-House Hindi Debate Competition (Jr)**



## East Zone Sainik Schools Sports & Cultural Festival Championship: 22-26 Jul 2019



**Cadets giving salute to the Chief Guest during the Opening Ceremony of the Meet**



**Oath Taking Ceremony by the participating teams during the Opening Ceremony**



**Shri Th Radheshyam Singh, Hon'ble Minister of Edn and Emp & Labour, Govt of Manipur delivering his speech during the Opening Ceremony**



**Football and Basketball matches during the Meet**



**Cadets delivering their speeches during the English and Hindi Debate Competition**



**Quiz Competition during the Meet**



**Dance by cadets from SS East Siang during the Meet**



**Hockey and Volleyball matches during the Meet**



**SS Imphal Team receiving the Overall Champion Trophy from Dr Th Munindro Singh, Director of Planning, Govt of Manipur**



## EXTRA-CURRICULAR ACTIVITIES: 2019-20



**Inter-House Badminton Championship in progress at the Manekshaw Auditorium**



**Inter-House Basketball Championship (Sr) in progress**



**Col Madian, Dy Cdr, NCC Gp HQs, NCC Imphal flagging off the Inter-House Cross Country Race**



**Inter-House Table Tennis Championship in progress at the Manekshaw Auditorium**



**Inter-House Football Championship (Sr) in progress at the School Football Ground**



**Inter-House Volleyball Championship (Sr) in progress**



## ANNUAL TRAINING CAMP, NCC SD: 01-10 NOV 2019



**Brig RS Sethi, Gp Cdr NCC Imphal addressing the cadets during the Opening Ceremony of the Annual Training Camp**



**Cadets having a game of Kabaddi during the Camp**



**Cadets learning the handling of weapons during the Camp**



**Wg Cdr D Shankwar, AO of the school interacting with the cadets about Indian Armed Forces during the Camp**



**Cadets having a game of Kho-Kho during the Camp**



**Cadets doing Yoga along with Gp Capt HCS Chauhan, Principal**



**Personnels from Manipur Fire Service giving training for Fire disaster during the Camp**



**Cadets learning the handling of Water Canons during the Camp**



**Brig RS Sethi, Gp Cdr NCC Imphal giving away prizes during the Closing Ceremony of the Annual Training Camp**



## 45<sup>TH</sup> ANNUAL ATHLETIC MEET 2019-20: 13-16 DEC 2019



**CO of CISF at Imphal International Airport along with Class XII cadets at Tuliha, where the school was initially started with the Torch for the Athletic Meet**



**Shri Th Biswajit Singh, Hon'ble Minister of PWD, IDPR, Administrative Reforms, Commerce & Industries, Govt of Manipur addressing the gathering during the Opening Ceremony of Annual Athletic Meet**



**Cadets carrying out Bunker Bursting Drill during the Opening Ceremony**



**Three-legged race for class VI cadets in progress during the Annual Athletic Meet**



**Cdt Jemsan and Cdt Bandish receiving the Best Athlete Trophy for Junior and Senior respectively from Col Neeles Anand Pagulwar, SC, SM CO 165 TA, 57 Mtn Div on 16 Dec 19**



**Netaji House-Overall Champion receiving the Athletic Trophy from Col Neeles Anand Pagulwar, SC, SM, Chief Guest on Closing Ceremony**



## PARTICIPATION IN EVENTS OUTSIDE SCHOOL & PROUD ACHIEVERS: 2019-20



The School Contingent (Class X) giving salute to Her Excellency Smt Najma Heptullah, Governor of Manipur during the 70<sup>th</sup> Republic Day Celebration at Imphal



Shri Y Joykumar Singh, Deputy Chief Minister of Manipur handing over the Trophy & Certificate to the School Contingent which bagged 1<sup>st</sup> position in the State Level Republic Day Parade 2020



Cdt Linthoi of Class X stood 1<sup>st</sup> position in the District Level Sc Seminar orgd by Dept of Edn(S), Govt of Manipur



Cdt Alex of Class IX stood 1<sup>st</sup> position in District Level Sc, Maths & Environment Exhibition orgd by Dept of Edn(S), Govt of Manipur



The School Band giving salute to Her Excellency Smt Najma Heptullah, Governor of Manipur during the Republic Day Celebration at Imphal



The School won the Team Champion in the State Level Debate Competition orgd by Lions Club Imphal at Sangaiprou, Imphal on 24 Oct 19



Cdt Nikolash of Class VIII stood 2<sup>nd</sup> position in Peace Poster Contest orgd by Lions Club Imphal



The School U-17 Football Team- Champion in All India Sainik Schools Inter Zonal-Football Championship 2019-20 held at SS Amaravathinagar, Tamil Nadu from 05-09 Aug 19



Cdt Adisan of Class XI won the first prize in the State Level Athletic Championship 2019 orgd by Dept of Youth Affairs & Sports, Govt of Manipur on 02 Oct 19



Cdt Kaba (IX), Cdt Alkabir (IX), Cdt Basanta (IX) and Cdt Denish (VII) got selected for 1 year Scholarship under 'Deen Dayal Sparsh Yojna Award 2019' orgd by Dept of Post, Govt of India



## VARIOUS EVENTS: 2019-20



**Class VI cadets and their parents at the culmination of the Blessing Ceremony at the Cadets' Mess on 02 Apr 19**



**Maj Gen V Sreehari, SC, GOC 57 Mtn Div & Chairman LBA, inspecting the various development works in the campus on 09 Apr 19**



**School cadets at National Defence Academy, Pune during their visit to Pune from 24-28 May 19**



**Observation of 5th International Yoga Day at the school on 21 Jun 19**



**School Cadets and staff during the 75<sup>th</sup> anniversary of Battle of Imphal at Maibam Lotpa Ching, Bishnupur District on 22 Jun 19**



**73rd LBA Meeting in progress with Maj Gen V Sreehari, SC, GOC HQ 57 Mtn Div and Chairman, LBA in the Chair on 03 Jul 19**



**Shri Th Radheshyam Singh, Hon'ble Minister of Edn and Employment & Labour, Govt of Manipur inaugurating the newly constructed Radheshyam Gallery on 22 Jul 19**



**Cadets of Class XI enacting the drama 'Bir Tikendrajit' at the Manekshaw Auditorium on 13 Aug 19**



**Independence Day Celebration at the school on 15 Aug 19**



## VARIOUS EVENTS: 2019-20



**The School Football Team (U-14 & U-17) that participated in the Inter-Zonal Football Championship at SS Amaravathinagar on their arrival at the school on 11 Aug 19**



**Medical Officers and staff from Medical Directorate, Imphal East, Govt of Manipur examining the cadets during the one day Medical Camp on 26 Aug 19**



**Sitar Maestro Partha Bose and tabla legend Pandit Kishan Maharaj performing at the Manekshaw Auditorium on 11 Sep 19**



**Cadets performing CPR during the demonstration by the members of Indian Red Cross Society in the school on 18 Sep 19**



**Taking of Pledge for cleanliness on the occasion of Gandhi Jayanti on 02 Oct 2019**



**Diwali Celebration at the School on 27 Oct 19**



**Marching by cadets on the occasion of Unity Day on 31 Oct 19**



**The School Football Team with the Football Team of Sainik School Balachadi after a friendly match at the School on 03 Nov 19**



**Appointment Cadets being administered oath by the School Principal during the Investiture Ceremony on 04 Nov 19**



## VARIOUS EVENTS: 2019-20



**Cadets of Shivaji House during the Inter-House Drill Competition on 22 Nov 19**



**Officers, staff and class XII cadets during the get-together party at the Radheshyam Gallery on 29 Nov 2019**



**Cycle Rally organised as part of the 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi on 08 Dec 19**



**Cadets browsing the books during the Book Fair orgd at the School from 11-12 Dec 19**



**School Football Team posing for the lens with NDA Team along with the School Principal on 11 Dec 2019**



**'Birthday Celebration' of cadets at the Cadets' Mess on 12 Dec 19**



**'Dining in' of Lt Cdr Inderjit Yadav, newly joined Administrative Officer on 13 Jan 20**



**Republic Day Celebration at the School on 26 Jan 20**



**Cadets of Class VI during their outing at Silheipung Park, Imphal East on 02 Feb 20**



## 48<sup>th</sup> RAISING DAY CELEBRATION: 07 OCT 2019



'Cake Cutting Ceremony' on the occasion of 48<sup>th</sup> Raising Day Celebration



Mr Nobinchand, Ex-Senior Master speaking on the occasion



School Alumni presenting a grass cutting machine to the School on the occasion

## SWACHHATA PAKHWADA: 2019-20



Shramdhan



Essay Writing Competition



Learning 'Hand Wash'



Screening of Swachhata video



Plogging



Swachhata Pledge



## ANNUAL DAY CELEBRATION : 19 DEC 2019

(Chief Guest: Maj Gen V Sreehari, SC, GOC, HQ 57 Mtn Div & Chairman LBA)



The Chief Guest giving away the Cock-House Trophy to Raman House



A drama on 'Evils of Social Media' being enacted by the cadets



The Chief Guest delivering his speech during the Celebration

## ANNUAL SCIENCE & ARTS EXHIBITION: 18-19 DEC 2019

(Chief Guest: Brigadier L Ibotombi Singh, YSM (Retd))



The Chief Guest inaugurating the Annual Science and Arts Exhibition in presence of the Principal



The Chief Guest examining the models displayed during the Exhibition



Maj Gen V Sreehari, SC, GOC, HQ 57 Mtn Div & Chairman LBA at the Computer Exhibition



## SAINIK FOUNDATION SCHOOL: 2019-20



**Students with paintings and crafts made by themselves**



**Gp Capt HCS Chauhan, Principal inaugurating the Annual Fun Fair**



**Girl students performing during the Annual Fun Fair**



**Students performing Hip-Hop dance during the Annual Fun Fair**



**Wg Cdr Sreeprakash J, Vice Principal giving away prizes to winners of various extra and co-curricular activities**



**Wg Cdr Sreeprakash J, Vice Principal with the Academic Toppers**



## FIT INDIA MOVEMENT: 2019-20



Start of 'A Health Run'



Debate competition



Physical Training



Poem Writing Competition



Sports Quiz



Yoga Class

## CELEBRATION OF 150<sup>TH</sup> BIRTH ANNIVERSARY OF MAHATMA GANDHI: 2019-20



Speech on the life of Mahatma Gandhi



Book Review on Mahatma Gandhi



A Play on Mahatma Gandhi



Photo Exhibition on Mahatma Gandhi



Essay Writing Competition on Mahatma Gandhi



Group Discussion on Mahatma Gandhi



## ART CORNER



Mr A Ashok Kumar Singh, TGT in Fine Arts



Mr A Ashok Kumar Singh, TGT in Fine Arts



Cdt Dinpurush (Adm No. 3698), Class X-A



Cdt L Huntraj (Adm No. 4066), Class VII-C



Cdt T Lamjingpurel (Adm No. 4148), Class VI-A



Cdt K Monarch (Adm No. 4004), Class VII-C



Cdt Chetan Kumar (Adm No. 3765), Class IX-C



Cdt Rohit Kh (Adm No. 3821), Class IX-C



Cdt Shreyash (Adm No. D-272), Class VI-A



*Wishing the School all the success  
With Best Compliments from*

**ESTD : 1964**

## **PREMSUKH GYANCHAND PATNI**

89, PAONA BAZAR, IMPHAL - 795 001 (MANIPUR)

### **DEALS IN**

PAPER, STATIONERY, SCHOOL EXERCISE BOOKS, REGISTERS,  
WEDDING & INVITATION CARDS, COMPUTERS, TONERS, CARTRIDGES ETC.  
GOVT AND ASSAM RIFLES APPROVED SUPPLIERS.

**Mobile No. 9856104951**

*Wishing the School all the success  
With Best Compliments from*

## ***M/s Mal Enterprises***

KWAKEITHEL NGANAPI THONG MAPAL, IMPHAL WEST  
P.O. IMPHAL - 795 001 (MANIPUR)

### **SUPPLIER OF**

**• MISC MAINT ITEMS • FRESH RATION (NON VEG)**

# **M/S NAMBUL**

Thangmeibang Lourung Purel Leikai  
Imphal West - 795001  
(Manipur)

*Deals in Building materials / Electrical Items etc.*

# **M/S UNIQUE ENTERPRISES**

Kwakeithel Nganapi Thong Mapal  
Imphal West - 795001

*Wet Canteen*



# **M/S SANA ENTERPRISES**

Tera Sapam Leirak, Imphal West - 795001

***Govt Supplier & Contractor***

***Deals in : • Electrical (Lighting, Industrial & IEI) • Painting • Constructions  
• Wall Laminates • Glass & Aluminum works • Cement Jalli & baluster  
• Wood works • Networking & cabling • Sound proofing etc***

# **M/S SS CHICKEN CENTRE**

Khurai, Imphal East (Manipur)

***Non Veg Supplier***

# *M/s Shiva Trading*

Khurai Chingangbam Leikai  
Imphal East (Manipur)

*Deals : Fresh (Veg) and Dry Ration supplier*

# *M/s Sunrise Chamber*

Paona Bazar, Imphal West - 795001  
Manipur

*Deals : Clothing Supplier*



## Know your state: KEIBUL LAMJAO NATIONAL PARK



*Image courtesy: manipurinfo.com, nice.ncbs.res.in*

The Keibul Lamjao National Park located in Manipur is 40 km<sup>2</sup> in area, the only floating park in the world, and an integral part of Loktak Lake. The national park is characterized by many floating decomposed plant materials locally called phumdis. To preserve the natural refuge of the endangered Manipur Eld's deer or Brow-Antlered Deer, or Sangai also called the dancing deer, listed as an endangered species by IUCN, the park which was initially declared to be a sanctuary in 1966, was subsequently declared to be a national park in 1977 through a gazette notification.